



# Wiyot News

Volume 8, 09

August 2009

Edited by Linda C. Woodin

Wiyot Tribe

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[www.wiyot.us](http://www.wiyot.us) [www.wiyot.com](http://www.wiyot.com)

## Native Healing Camping Retreat Proposal

One thing we have noticed is that contemporary medicine doesn't seem to work. Many people are seeking other ways of healing, both spiritually and physically. Native medicine has served people well for centuries. We believe we all need to reconnect with what was part of everyday life for those who came before us. We are looking at providing a spiritual retreat for groups of not more than 20 per session.

In this retreat you will learn about reconnecting with your spiritual side, traditional methods of healing, eating healthy, and use of some medicinal plants. Participants will camp at the reservation for three days.

The mornings will start with prayer/meditation, and the day will be filled with nature walks, drumming and song, and an opportunity to explore the spiritual/physical connection and possible ways to improve or maintain health. Meals will consist of earth foods ( organic/natural foods), and breakfast, lunch and dinner will be provided.

Costs have not been firmly set at this time, but every effort is being made to make this retreat available to the largest possible number of participants. This business will bring revenue to the Tribe at a minimal cost.

Does this interest you? Do you believe you could benefit from a retreat

such as this? Do you have suggestions for other topics for the retreat?

To offer comments, or to let us know that you would like to participate in a retreat, email your comments to [linda@wiyot.us](mailto:linda@wiyot.us), drop us a note or come to the next Tribal Council Meeting. Meetings are held on the 2nd and 4th Monday of every month.

(This proposal was submitted by  
Ted and Rose Hernandez)



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### Mark your Calendar

- \*August 3  
Parent Committee 10 am
- RSTF Minors Account
- Meeting 5pm
- \*August 5  
Enrollment Committee  
9am
- \*August 10  
Business Council Meeting  
6:30p
- \*August 24  
Business Council Meeting  
6:30 pm



## Of Interest.....

### Shanah and Henry James Benefit Drawing Winners

The drawing was held on July 15, 2009 and the following people were winners:

Alex Escudero of Eureka-Abalone necklace  
Lorraine Keisner of Fortuna-Beaded necklace  
Don M.- Beaded necklace  
James Thurman of Loleta-beaded lanyard/necklace  
Bill Close of Rio Dell-beaded abalone bracelet  
Cynthia Bons of Trinidad-2 jars of special Jam  
Melanie Cook of Eureka-pine needle basket  
Brett Hurner-etched wine glasses (pair)  
Tony James of Loleta-pair of earrings  
Evelyn Horn of Rio Dell-pair of earrings  
Darlene Buckley of Loleta-Pair of earrings  
Arlene Smit of Loleta-pair of earrings  
Janice McGinnis of Loleta pair of earrings  
Diane Frye-pair of earrings

**Thank you for all your support in helping these folks get back on their feet. It is all about people helping people.**



### More Graduates Congratulations!!

**Violet Farmer is the Great grand-daughter of the late Carol Ann Evenson.**

**Violet was her pre-school class valedictorian. What a special honor!!**

**Jacob Evenson, (below) is the grandson of the late Carol Ann Evenson and graduated from 8th grade this year.**





## ...Of Interest

### Tribal Office needs your Help

Please help us get in touch with the following people:

**Charlene Cody**

**Amanda Moon**

**Tracy Johnson**

We have either no address or the mail is being returned. If anyone has information on how to reach these folks, please call the Tribal Office at 707-733-5055

### Men's Camp

Men's Camp has wood for sale. Full cords or half cords are available.

For more information, please call Ted Hernandez, cell # 599-0888 or Alan Miller, cell # 496-8834.



### Council Contact Numbers

**Gail Green**

Tribal Chairperson

Cell 845-0440

**Ted Hernandez**

Vice Chair

Cell 599-0888

**Brian Mead**

Secretary

Cell 407-6662

**Leona Wilkinson**

Treasurer

497-9304

**Joycelyn Teague**

Council Member

Cell 599-6852

**Sharon Thurman**

Council Member Cell 502-6189

**Alan Miller**

Council Member

Cell 496-8834

### Bingo



### Reminders

**Language Committee**

Meetings please attend!

**Language classes**

(5:00 in Library):

1<sup>st</sup> & 3<sup>rd</sup> Mondays Every Thursday

### Notice

I would like to hear from anyone who is interested in an off-reservation language class (in Eureka or Arcata).

Classes would probably be on a weekday evening.

Please contact me with your preferred day/time!

[lynnika@wiyot.us](mailto:lynnika@wiyot.us)

### We'd Like to Hear from You

Live away from Wiyot country and want to share something about yourself or where you live? We'd love to hear from you.

The Community Center and Tribal Office is located at 1000 Wiyot Dr., Loleta, CA 95551. You can email Linda if you would like to submit something for the newsletter at [linda@wiyot.us](mailto:linda@wiyot.us) or call (707)733-5055.

Wiyot Language Bingo has resumed! Join us every Tuesday at Elders' Lunch at Table Bluff Reservation.

Win prizes, learn some simple words, and find out what's happening with the Language Program!

(For the occasional times when Lynnika is away, notices will be posted in advance at the tribal office. )

# ...Language

## Eel & Sucker

Adapted from Teeter & Nichols 1993, pp. 18-19

This month, I thought it would be nice to reprint a traditional Wiyot story told by Della Prince. This story tells about how the Eel lost everything he owned gambling, right down to his ribs and his teeth! (He got the teeth back, but not the ribs.) I have divided the story into one-sentence chunks: each sentence has a link to the original Wiyot audio, and I have included an English translation too...but you will have to do a little bit of work to complete it! Key words and phrases are in the gray box, and you can use them to figure out what goes in the blanks in the English version. Note that the opening and closing phrases (*gitga gawu lúghurru'l* and *bou'm goura'w*) are very common: you will see them in many of the Wiyot stories and texts.

Happy reading!

### Key Vocabulary

I'm going to tell you about it.....	gitga gawu lúghurru'l
eel .....	gou'daw
sucker.....	chdághajk
ribs.....	wutvouk
his ribs.....	hou <u>wutvouk</u> urru'l
teeth.....	wupt
his teeth.....	<u>wupdu'l</u>
that's the end (literally, 'the grease is full'!)	bou'm goura'w

1. **<sup>a</sup>Gou'daw, <sup>b</sup>gitga gawu lúghurru'l**, houdóupshiqu'r.  
<sup>b</sup> \_\_\_\_\_ <sup>a</sup> \_\_\_\_\_'s gambling.
2. Bijilí', bashíri'.  
*His fondness for gambling.*
3. Hililh, gitga, gapshi'r gitga.  
*He said, "I'm going to gamble."*
4. Hi gitga daqoun **chdághajk**, gitga daqoun, bashíwou'wilh daqoun.  
*Then they're going to, (with) \_\_\_\_\_, they're going to gamble with each other.*
5. Juwa da gapshi'r, lhegawu gé'luvou', gawu gé'luvou', gougawu doulh, wourr vulh húlu'n.  
*They start to gamble then; finally he starts to lose, he starts to lose, he puts up everything.*
6. **Houwútvouk**urru'l, gawudou doulh.  
*He puts up \_\_\_\_\_.*



## Language...

(continued from page 7)

7. Wourr vulh hulumé'luvilh, dadóu daq.  
*Everything that he has in his body.*
8. Ji vulh huroudoulh.  
*He puts it all up.*
9. Ji vulh huluvege'luvóu', wourr vulh hiruwadóulh vulh, halúnuvilh.  
*He loses everything, all he put up, his valuables.*
10. Ji vulh wanouq gulak dánimuqu'l, **wupdú'l**.  
*All that is not taken from him are \_\_\_\_\_.*
11. Juwá walh vulh, gitga **wupdú'l**, gitga hi yílilh, gitga juwa walh vulh gou dóu, gitga.  
*Those too, \_\_\_\_\_, he says, "I'm going to put those up too."*
12. **Wupdú'l**, higou doulh.  
*He puts up \_\_\_\_\_.*
13. Ji walh vulh higou ge'luvóu'.  
*He loses those too.*
14. Yak sisvóunaga'lhilh, galu wulou' **wupdú'l**.  
*His gums are bare, he has no \_\_\_\_\_.*
15. Juwa daqoun hi yílilh, gitga gou lútsuvou', **wupdú'l**, gá rruqhawilh gitga vulh, shvi yalih gitga galu wulou' **wupdú'l**.  
*Then they say, "He should be given back \_\_\_\_\_"; he feels bad about it, he goes around for nothing, \_\_\_\_\_ are nowhere to be seen.*
16. Juwa **wupdú'l** yagou lútsuvou', juwa vulh hou danúghurruk, **wupdú'l**, da vulh dálaqlh.  
*Then \_\_\_\_\_ are given back; that's why after that he has \_\_\_\_\_.*
17. Galu wulóu' yulh, **houwútvoukurrú'l**, gouts gudughúnu rruq, hou míwi', **bou'm gourá'w**.  
*But he has no \_\_\_\_\_; it makes for very nice eating. \_\_\_\_\_!*

(The original audio of this story (without breaks) is available at [http://www.mip.berkeley.edu/cgi-bin/blc\\_cont\\_disp.pl?LA\\_23+10028](http://www.mip.berkeley.edu/cgi-bin/blc_cont_disp.pl?LA_23+10028); choose recording no. 44 and the text starts at approx. 10:30.)



## ...Environment Around Us

### The Wiyot Tribe's Community Garden Update

The community garden has been well on its way to providing great, nutritious fruits and vegetables to the residents on the reservation. So far early harvests, including fast-growing species such as lettuce, zucchini, sugar snap peas, chard, kale, and broccoli have been harvested and handed out to tribal residents and will be used for community events such as the elder's lunch. The department plans to continue harvests into the early fall months before the winter frost occurs. Upcoming arrivals to look out for include: squash, cucumbers, pumpkins (in time for Halloween), tomatoes, cabbage, Brussels sprouts, onions (red and white), bush and pole beans, radish, cauliflower, and carrots.

Volunteers are always welcome to come and help out or if you are interested, just stop on by and we will be happy to give you a tour. If you have any questions, suggestions, and/or would like to pick up some information, call or visit the Environmental department.

(Submitted by Tim Nelson)



### The Recycling Debate

by Tim Nelson

For many of us, recycling is normal and a part of our daily routine. We were taught that by recycling materials, we can remanufacture a similar bottle, can, glass, etc. Metals like aluminum can be crushed, glass can be broken and melted, and paper can be pulped and reshaped to form another functional container/box for our everyday use. The processes involved may be easier said than done and the long lasting debate has been whether or not the costs of the process outweigh the benefits for society. Everything from jobs, energy, pollution discharge, and inevitably money are involved. The great debate: Is recycling economically efficient?

Economic analysis of recycling include decreased air pollution and greenhouse gases from incineration, reduced hazardous waste leaching from landfills, reduced energy consumption, and reduced waste



and resource consumption, which leads to a reduction in environmentally damaging mining and timber activity. Proponents for recycling will argue that recycling saves energy, reduces pollutant discharges caused by production of new material, reduces landfill accumulation, lowers incidences of hazardous waste spills, and creates jobs. Opponents to recycling argue that the amount of money saved depends on how the recycling facility functions and the size of a community

## Environment Around Us...

(continued from page 6)

in relation to landfill fees. Also, they argue that timber companies plant more trees post-harvest than the amount that existed pre-harvest, thus saving trees. Lastly, opponents will argue that the amount of energy being saved depends on the material that is being recycled.



Though

opponents of recycling provide some interesting counters to the benefits of recycling, much data can be found to support the idea that recycling is very economically efficient. In terms of energy savings, recycling an aluminum has a 95% energy savings, glass (5-30%), paper (40%), cardboard (24%), plastics (70%), and steel (60%). In terms of air pollution savings, recycling an aluminum can has a 95% air pollution savings, glass (20%), and paper (73%). In terms of landfill accumulation and emissions leading to global warming, the Environmental Protection Agency stated that in 2005 the U.S. efforts of recycling reduced CO<sub>2</sub> emissions by 49 metric tons while the United Kingdom's recycling efforts successfully reduce CO<sub>2</sub> emissions by 10-15 metric tons/year! Due to the removal of hazardous substances from our landfills, pollution of groundwater near landfill sites has been reduced dramatically.



All in all, the debate between the economic efficiency of recycling will continue as scientific data becomes more available. So far, data shows that recycling proves to be worth the effort for an economy in many different aspects whether they are economical, health, or environmental issues. Do your part and please recycle! For more information on recycling, please call or visit the Environmental department.





## News and Notes from Social Services...

### Wiyot Parent Committee

The Wiyot Parent Committee will meet on August 3rd, at 10 am. The committee will be discussing Loleta School and preparing for the school year.



### Elder's lunch served daily

The Wiyot Elder nutrition program serves free lunch Monday through Friday to anyone over the age of 50. Drop in and enjoy a hot meal with friends on any weekday. Learn the Wiyot language, win prizes, and enjoy lunch. Elders interested in receiving frozen meals during that week please contact Michelle at (707) 733-5055.

### Scholarship Season is here

If you are interested in attending college next fall now is the time to get started on Scholarship applications. The following are a few scholarships that may help to get you started:

### Wiyot Higher Education Scholarship

### Wiyot Girl Scout Troop

The Wiyot tribe recently started a new girl scout troop #70060. Most girls join a local troop or group for fun and friendship, but they also find out about building character and self-esteem and serving their communities—the core qualities of Girl Scouting. In Girl Scouts, girls find a safe place to grow and share new experiences, learn to relate to others, develop values, and contribute to society. This troop is now seeking new members. Girls scouts will be meeting on Tuesdays



### Summer Youth Workers

The department of Social Services has offered Summer Youth work opportunities through a Supplemental Youth Services program administered through Northern California Indian Development Council since 2007. This program offers summer employment opportunities for eligible 16-21 year olds.

Shane Weekly-Boys & Girls Club assistant

Michelle Hernandez- Food program assistant

This summer work program is designed to provide career exploration, training and skills to interested young people.

Wiyot Tribal members attending a 2 or 4 year college or university full or part time in 2009/10 Deadline August 1, 2009 Contact Michelle Vassel, [michelle@wiyat.us](mailto:michelle@wiyat.us), (707) 733-5055.

### BIA Higher Education Grant

Wiyot Tribal members attending a 2 or 4 year college or university full or part time in 2009/10. Deadline: Prior to the start of classes

Contact Michelle Vassel, [michelle@wiyat.us](mailto:michelle@wiyat.us), (707) 733-5055.

Contact your college, university, high school counselor, or Michelle at the Tribal office for more information on how to find and apply for scholarships to attend college.



## ...News and Notes from Social Services

### Traffic Safety

on

### Table Bluff Reservation

Some may have noticed the new signage on and around Table Bluff Reservation. These signs were purchased by the Tribe to remind drivers that the **speed limit on the Reservation is 15 miles per hour and that children are at play.**



**CAUTION  
GO SLOW  
CHILDREN AT  
PLAY**



Open Monday-Friday

9 am to 3pm

Summertime Hours

Except Holidays

### **FUN, GAMES, FIELD TRIPS, SCIENCE AND EDUCATION**

The Boys and Girls Club of the Redwoods is hiring a Program Manager to work at the Wiyot Club site at Table Bluff Reservation. Interested applicants can submit resume's to: ATTN: Liz Smith, Boys & Girls Club of the Redwoods, 3117 Prospect Avenue, Eureka, CA 95583, or email resume to: [lsmith@bgcredwoods.org](mailto:lsmith@bgcredwoods.org)

**For more information about this position contact :**

**Liz Smith (707) 441-1030.**



Celebrate  
National Smile Week  
August 3-9, 2008!

### Speaking of Safety

*Older kids encourage siblings to buckle up*

While children are safest when riding with an adult, a new study by State Farm Insurance and the Children's Hospital of Philadelphia shows that their risk of being injured when a teenager is driving is reduced by 40 percent when the driver is an older brother or sister.

Kids are more likely to buckle up when an older sibling is driving, say study authors. But it can't hurt to remind the driver to have little passengers fasten their seat belts.



# Happy Birthday

Shannon Abilla	Suzanne Agosta	Myracle Allen
Tyler Antal	Jordan Ascar	Douglas Atkins
Jason Atkins	Hope Atwell	Ronald Beauchamp
Alexandra Bettis	Alicia Brooks	Darlene Buckley
Christian Chastain	Brittany Cox	Tammy Crellin
Alfredo Cruz	Michelle Cruz	Orion Davis
Selena Davis	Derek Donahue	Kaitlin Fowler
Taylor Friend	Ezekiel Garcia	Gabriel Gonzales
Joanne Grim	Leslie Hale	Che-Shup Hatter
Sarah Henry	Henry James Jr.	Brooke Johnson
Joaquin Johnson	Kevin Johnson	Michael Johnson
Willow Johnson	Joseph Jones	Stephanie Klingsporn
Chadae McDonald	Manuel Moon Sr.	Alyssa Pierce
Debora Rasco	Robert Raymer	Ariella Rodriguez
Lindsey Rodriguez	Joyce Santos	Kenneth Scriven
Phillip Seidner	Deborah Simpson	Travis Sovereign
Nanette Spear-Schade	Axel Stout	James Tipton
Alan Woodhurst	Anthony Woodhurst	
Tina Woodhurst-Edwards	Martha Youngblood	



## Newsletter Options

In light of being resourceful and conserving our precious natural resources, and utilizing technology to our advantage, you have a choice of the way you receive your newsletter. You can receive it through your email or even better.....**visit the newly constructed website...** [www.wiyot.com](http://www.wiyot.com). You can download/print it for your reading enjoyment or just **read it on line!**... which is better yet saving the trees and **using technology**. Any feedback... Email me, [linda@wiyat.us](mailto:linda@wiyat.us)

## Native American Recipe Request

If you have a special Native American recipe that you'd like to share with others, and have published in our Youth Group Fundraiser cookbook, please email to [linda@wiyat.us](mailto:linda@wiyat.us) or mail to Wiyot Tribe c/o linda, 1000 Wiyot, Dr., Loleta, CA 95551 and we'll publish it for others to experience.



Special Note\*\*\*Last month, July, Alana DiMarzo's name in the Birthday list was misspelled...

## Fuel-efficient scooters save gas

Sales of motor scooters are taking off. Gasoline prices of about \$4 are playing a big role in the trend. Today's scooters are a cross between a motorcycle and a moped. An Environmental Protection Agency study, using mileage figures from Vespa, Honda and Ford, shows how much scooters cost to operate on a 50-mile round-trip commute to work if gas were \$3.79 a gallon. Vespa scooter, 72 mpg, \$2.65 a day. Honda Accord four-cylinder, 31 mpg, \$6.10 a day. Ford Expedition SUV, 18 mpg, \$10.50 a day. Not everyone lives 25 miles away from the job, and not everyone wants to ride a scooter every day. Still the figures are food for thought.



# August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Wiyot Parent  
Committee  
10am

Enrollment  
Committee  
Mtg 9am

9



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Business  
Council 6:30p

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Business  
Council 6:30p

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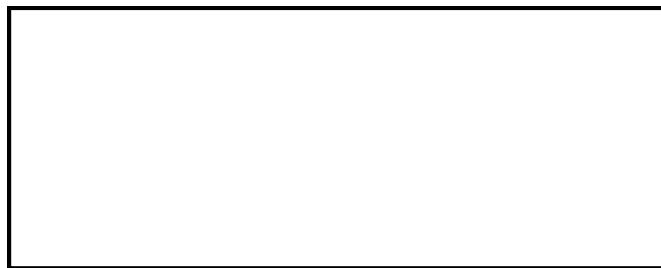
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**Wiyot Tribe**

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Loleta, CA 95551  
Phone: 707-733-5055  
Fax: 707-733-5601  
Email: [wiyat@wiyat.us](mailto:wiyat@wiyat.us)



PRSR STD  
US POSTAGE PAID  
LOLETA, CA 95551  
PERMIT NO. 2

**Change of Address Request Form**

**This is to confirm that my new mailing address is as follows:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

**EMAIL** \_\_\_\_\_

Telephone# \_\_\_\_\_ Tribal # \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

**Spouse and/or children who will be affected: (list legal name and date of birth)**

Signature \_\_\_\_\_

\_\_\_\_\_