



# Wiyot News

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Edited by Linda C. Woodin

Wiyot Tribe

1000 Wiyot Drive, Loleta CA 95551 (707) 733-5055

[www.wiyot.us](http://www.wiyot.us)



## Happy 100th Birthday to Nelson Rossig



### (An interview with Nelson-Rossig in 2007 by Helene Rouvier)

The Tribe purchased forty acres on Cock Robin Island last year. The purchase gives the tribe a legal interest in the management of the Eel River; it also provides a place to hold the proposed salmon and eel ceremony planned for next spring. Wiyot elder Nelson Rossig grew up fishing and camping on the Eel River, and continues to be involved in activities affecting the river. Nelson has a wealth of information on the Eel River's history and on the Wiyot people who used its resources. The following excerpts are from an interview with Nelson in May of 2007. Nelson also went out to Cock Robin Island with staff last month, and was able to map where old Indian cabins were located.

We talked first about the new boat ramp planned by the Cock Robin Island Bridge: "No I'm not working on anything...I just kind of, more or less sometimes oversee something, or stick my nose into places they don't belong and like that's the boat ramp down by Cock Robin Bridge. They are building a new boat ramp there...so that's just one thing now that's occurring down the Eel River that Table Bluff Rancheria should be on top of. They bought the piece of property down there so they'll...have more authority to ask

questions and do things down there. Well, I'd like to see them ask questions and do things due to the fact that they have property down there now."

Nelson was on the Fish and Game Advisory Committee, and in that role was instrumental in the design and construction of the old boat ramp built by the National Guard. Now he is involved in the new proposed cement boat ramp. This will be the main access to the Tribe's property on Cock Robin Island unless problems with land access are resolved. Nelson has some advice on land access to the Tribe's property: "Being on the Fish and Game Advisory Committee, I was also on the Grand Jury, so I was pretty active in my younger days. I know some of the laws and I think you can create an access to that (tribe's land) if you wish vehicular access to the place there's no problem. You could go across the bridge, keep going on the road, that's a county road clear to the other side, in fact the county road crosses the old river bar there and you can drive clear to Ferndale – that's county road all the way across. Now you listen carefully – from the south side of

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### Mark Your Calendar

- \*\*December 1  
Nelson Rossig's 100th Birthday Party
- \*\*December 8th Business Council
- \*\*December 20th  
TBR X-Mas with Santa
- \*\*December 22  
Business Council
- \*\*December 25th  
Christmas (office closed)
- \*\*December 31 New Year's Eve
- \*\*Jan 1 New Years Day



## Of Interest...

### DTV Coupon Program Expands

Residents of nursing homes and facilities for intermediate care and assisted living are now eligible to receive one \$40 government coupon toward the purchase of a TV converter box.

After Feb. 17, when all TV transmissions will be digital, the converter boxes will be necessary for anyone with an analog TV that relies on an outdoor antenna or indoor rabbit ears to receive TV signals. Nursing home residents, their representative or a family member must fill out special application available online at

[www.DTV2009.gov](http://www.DTV2009.gov).



Post office box holders are also eligible under the new ruling. They can apply for up to two coupons online or call 1-888-388-2009 toll free. They must also provide their home address.

(More information see page 13 of this newsletter)

**THE DIGITAL TV TRANSITION**  
What You Need To Know About DTV

Visit [DTV.gov](http://DTV.gov)

YOU HAVE 3 CHOICES

- 1 Connect your older TV to a digital-to-analog converter box; or
- 2 Buy a digital television (a TV with a built-in digital tuner); or
- 3 Subscribe to a service such as cable or satellite TV.

For more information about the digital transition call 1-888-CALL-FCC (1-888-225-5322) (voice) or 1-888-TELL-FCC (1-888-835-5322) (TTY) or go to [WWW.DTV.GOV](http://WWW.DTV.GOV)

**"Are You Prepared For the Digital TV Transition Coming on February 17, 2009?"**

- FCC Chairman Kevin J. Martin

**COUPONS FOR CONVERTER BOXES**

Each U.S. household can get two \$40 coupons to help pay for two digital-to-analog converter boxes.

Consumers can apply for coupons online at [www.DTV2009.gov](http://www.DTV2009.gov) mail the application below to PO Box 2000, Portland, OR 97208-2000; fax the application below to 1-877-DTV-4ME2; or call 1-888-DTV-2009 (1-888-388-2009), TTY 1-877-530-263 (English TTY), or 1-866-495-1161 (Spanish TTY).

**ALL APPLICATIONS MUST BE SUBMITTED BY MARCH 31, 2009.**

**COUPON APPLICATION** All information must be filled out. Please type or print clearly. This Application is to apply for a \$40 Coupon which can be used towards the purchase of a TV converter box.

**1. Your Name and Address.**

NAME	First	Middle	Last
HOME ADDRESS	Street Address		
	City	State	Zip

If the US Post Office does not deliver mail to your Home Address, provide as much information as you can above regarding your Home Address and provide your Mailing Address below.

**MAILING ADDRESS**

If different than above	Street Address - or - P.O. Box #	Apt#
	City	State

**2. TV Service:** Check the statement below that best describes your household.

All or some of the TVs in my house are connected to one or more pay services, such as cable or satellite.

None of the TVs in my house are connected to one or more pay services, such as cable or satellite.

**3. Coupons Requested:** How many coupons do you want?  ONE - OR -  TWO

**4. Signature:** By signing below, you declare that the above is true and correct.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Help us go "GREEN"**

In our continuing effort to conserve natural resources and utilize technology to our advantage, we would like to EMAIL your copy of the WIYOT NEWS...hot off the press....no waiting for the mail to come....If your concern is your email address security, let me assure you it would be used only for the purpose of getting the newsletter to you....So lets get together and GO GREEN !!!

Call our office at 707-733-5055 for Linda and give her your EMAIL address or you can fill out the back page of the newsletter and send it to us.



## ...Of Interest

### Cultural Department News and Review

The Bucksport historical exhibit was unveiled October 30<sup>th</sup> at the Bayshore Mall Food Court. The interpretive panels were a collaborative project between the Wiyot Tribe and Fort Humboldt, and with valuable help from Wiyot elders Irene Carlson and Nelson Rossig. Please stop by and take some time to view the photos and text.

The department is still pursuing repatriation claims. It is slow going, and persistence is needed. Not only is the legislation vague, but museums have little funding or training to follow through. I appreciate the help and support you are giving me, and we are continuing to receive items through individual community members.

The archivist hired through our National Archives and Records Administration grant will be here the week of December 8<sup>th</sup>. I encourage you to consider what you may have that could be added to the tribal archives, and contact me before she starts assessing our materials. We definitely want to include all types of materials (audio, video, letters, records, photographs) when we plan our policies, equipment, and facility. In a perfect world the scattered departments could all be part of one larger

building with security and archival storage conditions. The economic downturn has definitely hit Humboldt County, with the most obvious result a dramatic decrease in development projects and timber harvesting. Agencies are also strapped for staff funding and consultant fees. This translates into a need for more tribal involvement and oversight. Fortunately, the THPO funding seems to be safe for the time being.

The good news is that the Obama administration is poised to make some positive changes for tribes, and for protection of cultural and environmental resources. I hope that we will all stay informed and involved. Voice your priorities on both a local and national level. Check out this message to native peoples at <http://www.youtube.com/watch?v=OWocEgu3bPk>

Have a relaxing and joyful holiday season. Peace and prosperity to all.

Helene

### 3rd Annual Christmas Craft Bou- tique

December 13th, 2008

10am to 4pm  
Table Bluff Reserva-  
tion

Community Center

### Venders Welcome

Tables provided—  
small donation of  
items selling for auc-  
tion at a later date

For more information  
please Contact Linda  
at Tribal Office  
707-733-5055

### Garage Sale

Loleta Chamber of Commerce is having a Garage Sale April 18, 2009 and for \$3.00 you can have your address put on the MAP that will be passed out. That means you won't have to move your items to a different location; people will come to your address. For more information call 498-0450 and sign up!!!



## Cultural from the Ground up...

(continued from front page)

Cock Robin Bridge to the high water mark you have public access...That means the high water mark of the river during the winter time. So you can create a road on the south side leading right to your property... You might have to take some equipment in there to build the road, but I used to drive up there years ago, drive up even with my two wheel drive to where your property is now, and go fishing up there on the lower end of what we call the Fillmore Pool."

As a kid, Nelson fished and camped on the river; during our visit to Cock Robin Island, he pointed out where he caught his first salmon when 8 or 9 years old. He also pointed out some of the old sites: "There was a pool, called the Mosely Hole down on the western end of Cock Robin Island, that's the Mosely spot near the western end of Cock Robin Island, and the pool there was called the Mosely Hole. I fished there a lot of times...there was another Indian down there called Jim Bartow...He was a rich Indian, he had two cabins, he had one house in the old Table Bluff Reservation, and then he had another one down on the north side of Eel River about straight across from the Mosely Pool. And that slough that runs across...are you familiar with Cannibal Island Road?...you have to cross the bridge before you get down to Crab Park. When you cross that bridge an old filled in slough, that slough that you go over...that's called Bartow Slough. At one time, that slough before it filled in, you could row through there, that was a short cut to go from the Eel River to go to the end to Table Bluff Slough to the rancheria, the old rancheria."

Jerry James also had a cabin across from Cock Robin Island. "A lot of Indians even then had summer cabins somewhere and they had their winter home. Like Jerry, he had a cabin there just on the east side of the end of Cock Robin Bridge." Nelson spent much of his childhood with Jerry, who he called Uncle Jerry, and Jerry's wife Birdie. Although Jerry lived in Bucksport (which he had traded for a piece of land that became a shipyard in Fairhaven), he also had cabins on the South Spit and on the Eel River:

"Jerry had this cabin down there, it was really I think a two room cabin and he had the net rack in front of it, at the bank of the river, a net rack to dry his gill net. See that was in the late twenties, when they used to gill net down there. It was the law that you could commercially gill net on the Eel River when I was a kid you see. I remember going down there, staying over the weekend."

Nelson remembers other early fishermen on the Eel: "Joe Dickerson...I don't even have to mention Joe, he was a great fisherman down there too, fly fisherman, maybe he was kind of an outlaw, I don't know, maybe he gill netted with a shirrtail gill net once in a while, just like Bill Seidner, I know he gill netted with a shirrtail gill net." Nelson also describes some other early fishing tools: "The old artifacts...split redwood sticks about this big (note: pencil sized thick), a torch...that's the way the Indians used to make light at night for the eels on the riffles, a torch. I used to make them when I was a kid and my uncle Jerry, I called him Uncle Jerry, actually I think (he) was a blood uncle...I would like to make one torch for the museum...I don't think anybody down there knows how to make a torch, and I don't think anybody down there would know how to make an eel hook...that's made out of deer horn or something...Jerry had a surf net to catch surf fish, night fish, that was made from Indian made twine...the whole surf net. I don't know what ever became of that net...not only that they made spear, toggle spear (of deer horn) for the salmon. I don't know if they have any or not. I had one, it was Jerry's...toggle spear with the sinew for the rope. I think that disappeared with the break in (note: of Jerry's house in Bucksport)."

What boats did the Indians use? "Boats? You know that's been a puzzle, I've asked questions and I've never got an answer about the Indians down there with their canoes or boats. All I remember when I was a kid is when I started going down there all the Indians has white man boats, made from lumber. After all the



## ...Cultural from the Ground Up

(continued from page 4)

Indians didn't have lumber in those (earlier) days. All they had were dugout canoes. But I can't picture or know of anybody even when I was a kid talking about their dugout canoe or anything. Even when I was a kid there were no more, they were gone I guess, there was white man you see." Later, on our visit to Cock Robin Island, Nelson mentioned that when Jerry first became a commercial fisherman, he used his dugout, with oars and sails, to go out through the bar and fish; Nelson also remembered that his older brother's dugout was stolen from the Eureka pier and never found.

So what of the future? Nelson encourages tribal involvement in the community. "You shouldn't be just a satellite in that rancheria, you should get out and see what the other people are doing outside of the rancheria, then you'll be more or less involved. But you can't be involved if you just pay attention to this little group right here...I think more people on that rancheria should get out and be more involved with the supervisors and what have you – this is called politics. Then you get into politics and do these things, you see the right people, and say the right thing, and you get more done.

**HAPPY 100TH BIRTHDAY  
NELSON ROSSIG**



### From the Ground Up

By Helene Rouvier

Martha Herrick arrived in Humboldt County in 1859 – the wife of a Christian missionary. She apparently took an interest in the local Indians, including Wiyot Chief Kiwelata and the Wiyot living around Table Bluff. Her written accounts were published in turn of the century journals and referenced by later historians and linguists. Her unpublished letters are archived in the National Anthropological Archives of the Smithsonian Institution. A selection of her papers were recently received by Ann Roberts of the Ferndale Museum and graciously shared with the Wiyot Tribe. While some information may be not completely accurate, Mrs. Herrick's memories offer a first hand view of Wiyot life in the 1800s. The following are some intriguing excerpts.

#### Dwellings

The building material of the Indians was red-wood. Selecting a fallen tree, a "wind-fall," that was "eaty" (would not split rift-ways) they proceeded to cut it into logs from six to eight feet in length. This was done by applying red hot stones to the tree trunk until a portion was charred, and could be chopped away by their stone axes, and heated stones again applied. With elkhorn and bone wedges driven by stone mauls, they split from the logs first a slab, then boards about three inches in thickness, and the width of the tree, usually from four to six feet...The houses never varied in their interior arrangement. In the center of the room was left a space, eight or ten inches higher than its surrounding walk. Upon this they built their fires, and did their cooking. The smoke was left to find its own way out of the opening in the roof. Old Billy made this comment upon the white man's waste of fuel: "White man make big fire, stay 'way off. Injun make little fire, stay close up." As the summer crept up the valley, there came to them the longing to be out of the heavy smoky atmosphere of their dark winter houses. So, in some sheltered place near the winter home, they built houses of brush. Drawing upon the ground a circle ten or twelve feet in diameter, they place thereon the butts of young willow or other trees, twenty or more feet in height the leaning tops meeting above, without a center pole.



## Cultural From the Ground Up...

(continued from page 5)

Brush was deftly woven round and round the saplings, the ends tucked through to the outside, leaving the inside smooth. The result was a tent...

Each village contained two public houses: the sweat house, and the Serookas' house (woman's house), and in the principal villages of each tribe, was a dance house, the largest that the Indians built.

When they wished to hide themselves in times of war or danger, they built cabins of bark or moss, with cunningly concealed entrances. So perfectly did these places of refuge harmonize with their surroundings, that you might pass within twenty feet of one, and never detect its presence. You stepped from a rock, upon what seemed a projection or continuation of the same, when the lichenized surface would yield softly to your weight, sliding you came suddenly into a cave that told an eloquent tale of a time, in years long gone, when discretion had seemed the better part of valor.

### Clothing

The dress of the women consisted of two garments reaching from the waist to below the knee. The front was made of buckskin strings, woven crosswise with grasses and grassroots, and was very artistic... The back of the dress, which was a separate piece was an apron of buckskin with a fringe across the turned-over top, and across the bottom...

In place of the woven grass hat, the Indian girls sometimes wore a soft fawn-skin head dress, fringed at the lower end, and edged about the face with a tiny band of fur: It was surmounted by a knot of feathers from the yellow-hammer. So cunningly were the quill ends wound with deer sinew thread, and loosely strung, that they stood up in a ponpon (sic) that rose and fell with each turn of the head...

They had another dress which they wore when fishing, made of red-wood bark, beaten until nothing remains but the long fibre, which is sewed into a band and reaches to the feet. When they walk, it floats around them like red silk. It does not absorb water, but stands out like a parachute, effectually hiding the lithe brown limbs of its wearer...

The finest robe made by the Indians is of rabbit skin cut into strips about an inch wide. In drying, a strip rolls together until it resembles a chenille cord. A space six feet square is marked upon the ground, and upon it are laid the cords, side by side. When the space is closely covered, a bone needle with sinew string is run through the cords cross wise, at intervals of an inch. When completed the fur is alike on both sides, and the mystery of its construction is an open challenge.

### Food

The staple for bread was fern roots. The ferns grew fifteen feet high, with roots in proportion. The bark having been scraped from the roots, which had a sweet flavor, they were sun-dried, and pulverized in a stone mortar. The flour thus obtained was freed from fibres by sifting through a grass sieve, after which it was packed in storage baskets, for winter use... There was the pi-sock root, with a sweet bulb bearing but one leaf, which resembled in size and shape the ear of a mule; the Indian onion, as the white men called it, grew with a top like a young onion, but the root, resembling an onion in appearance, tasted like an artichoke; wild celery, that tasted like our celery, and the young sprouts of salmon berry. The latter grew in damp ground, and when peeled were pale green, transparent, and tasted like the inside stalk of cabbage, only slightly acid.

Hazel nuts, pepper nuts, and chincapins were found in great quantity. From the time the river banks blushed with wild strawberries, until the Oregon grape hung purple on the uplands, berries held their sway.



## Cultural from the Ground Up...Language

(continued from page 6)

Raspberries, blackberries, blueberries, thimbleberries, whortleberries, and high-bush cranberries. Elderberries, black, red, and yellow, grew on elder trees, some of which were full fifty feet high, and two feet in diameter. Salmon berries, resembling the raspberry, but larger, and of a salmon color; shelled berries, growing like poke berries, were as large as hazel nuts, very sweet, with a thick black skin, and a favorite berry with the Indians. The shawava, a berry peculiar to that region, was not good until cooked, which was accomplished by dropping upon them large live coals, and shaking the cooking basket until the coals were dead, and the berries sweet and juicy.

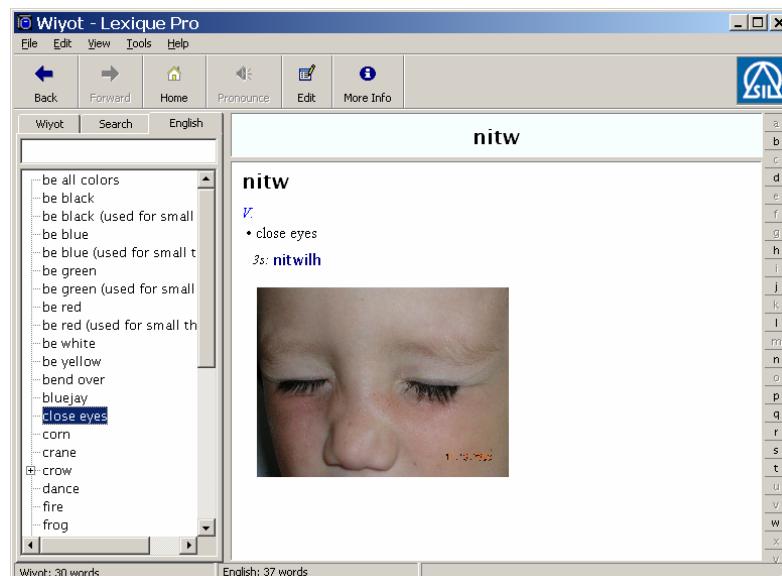
### Loleta

Although Mrs. Herrick reportedly has a close friendship with some Wiyot, a different picture is presented by linguist Karl Teeter. "Mrs. Herrick was a person who the Indians felt condescended to them, and they bore little love in return." In 1893, Mrs. Herrick reportedly asked an old Indian to tell her the Wiyot word for the place now known as Loleta. "The actual Wiyot Indian word is *katawolhot*, but he was not in the mood to give out this information, and answered instead, *hosh wiwitak* "Come on, let's go to bed!" (We paraphrase an unprintable word)...The story is well authenticated by first hand observers."

### Interactive Wiyot Dictionary

One of the projects that I have been working on is an interactive digital dictionary for the Wiyot language. Right now, the dictionary contains the color verbs I discussed in last month's newsletter; names of some animals and plants; and a few verbs for simple activities like 'jump', 'sit', and 'whistle'. The dictionary can be searched in Wiyot or English, includes pictures and video clips, and will soon contain audio clips so that you can hear the pronunciation of a word; new items will be added once every week or two. You can try out the dictionary on any of the three Windows computers at the Center (look for the 'Lexique Pro-Wiyot' icon), or I will be happy to email you a copy! (Installation is very simple and you don't need special software.)

Here is a look at the current dictionary (starring some of the kids from the Boys and Girls Club):



I hope to make this dictionary an ongoing collaboration with the community, which means that I want to hear from you if you would like to:

request particular words or phrases that you want to learn to say in Wiyot

contribute your own photos or images for dictionary entries  
record your voice for the 'pronunciation' feature of one or more words in the dictionary

Please contact me with your language questions at [lyn-nika@wiyat.us](mailto:lyn-nika@wiyat.us). Hu'! (Thank you.) (see pg. 16 for word puzzle)



# Environment Around Us...

## Helpful tips on weatherization and energy conservation

By Tim Nelson

With winter quickly approaching, the demand on gas and electricity will inevitably rise due to colder weather and shorter daylight hours. Plans to increase gas and electricity have already been established, leaving the consumer with higher utility bills. Luckily, there are specific steps and products one can follow and purchase in order to buffer these increasing fees. Putting the time, money, and effort in before hand may potentially save you hundreds of dollars in the long run.

Weatherizing your dwelling requires insulation, weatherstripping, caulking, etc. in order to conserve heat. Two main factors usually involved in the direct heat loss from your home include: inadequate insulation and existing air and moisture leaks primarily around doors and windows. The top 5 primary places where outside air infiltrates your home include: 31% floors, ceilings, walls, 15% ducts, 14% fireplace, 13% plumbing penetrations, and 11% doors. Inadequate insulation allows heat to escape from your house via your roof and floor during colder months and allows more heat (via direct sunlight) to enter your home during the hotter months. Existing air and moisture leaks are problem as well as the average air loss in a typical American

home is equivalent to leaving one window completely open! Moisture control is also an important aspect of maintaining an energy-efficient home. If humid air leaks into cool spaces, moisture can condense on the cool surfaces and cause damage.

There are ways to determine where your house may potentially be losing heat thus, raising your utility bill. An energy audit can be conducted either by a professional, your utility provider (usually free of charge), or by yourself. If the cost of a professional is too high and you are having trouble reaching your utility provider, here is a helpful link to guide you through your energy audit:

<http://www.doityourself.com/stay/weatherizeaudit>

After your audit, the next steps involve repairing any damages, air gaps, installing insulation, etc. As a reminder, fiberglass is often found in weatherization materials and can pose a serious health risk. Please take proper safety precautions to avoid possible injury. Below are links to help guide you in the installation of weatherization materials:

[http://www.powerhousetv.com/stellent2/groups/public/documents/pub/phtv\\_se\\_we\\_index.hcsp](http://www.powerhousetv.com/stellent2/groups/public/documents/pub/phtv_se_we_index.hcsp)

<http://www.dom.com/customer/efficiency/res/ten.jsp>  
[http://www.bpa.gov/energy/nl/energy\\_Tips/weatherization/](http://www.bpa.gov/energy/nl/energy_Tips/weatherization/)

Did you know that the major utility provider, Pacific Gas & Electric offers free weatherization for families that qualify? Through the Energy Partners Program, a qualified customer of PG&E may be eligible for attic insulation, door replacement and weatherstripping, caulking, and minor home repairs. Also, place as refrigerators, air conditioners, and evaporative coolers. For more information and/or to fill out the qualification form, visit:

<http://www.pge.com/energypartners/>  
For more information on weatherization tips and ways to reduce your energy costs, call or visit the Wiyot Tribe's Environmental department.

### The Wiyot Tribe's Community Garden Update

The community garden has provided great, nutritious fruits and vegetables to the residents on the reservation. Unfortunately, winter is upon us and thus it is time to prepare the soil by tilling the ground, planting a cover crop, and overwintering species such as strawberries and garlic. This year the garden has provided harvests including lettuce, cabbage, zucchini, squash,



## ... News and Notes from Social Services

(Garden news update Continued)

bok choy, chard, kale, potatoes, carrots, radish, and broccoli, Brussels sprouts, pumpkins for Halloween and Thanksgiving, Walla Walla onions, cucumbers, and a variety of herbs. These harvests have been harvested (~300 lbs) and used for community events such as Wiyot Day, elder's dinner, and tribal council meetings or given to residents. The department would like to thank all the youth volunteers that helped to make this growing season a success!

Volunteers are always welcome to come and help out or if you are interested, just stop on by and we will be happy to give you a tour. If you have any questions, suggestions, and/or would like to pick up some information, call or visit the Environmental department.

By Tim Nelson

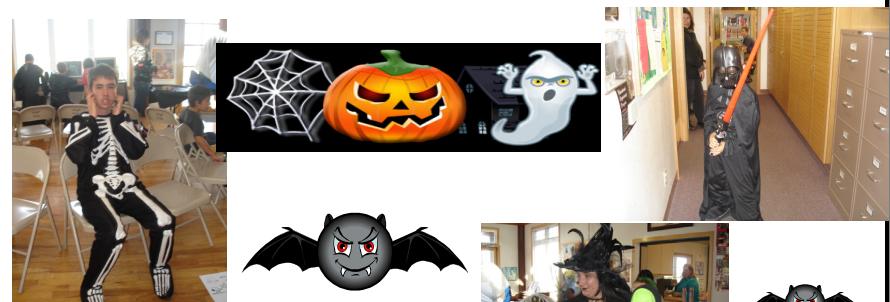
### GREAT FOOD AND SNACKS



### HALLOWEEN PARTY WAS A BLAST & FUN



### GHOLLS AND GOBLINS AND WITCHES AND FAIRIES AND ALL THINGS



### GREAT COSTUMES





## News and Notes from Social Services...

### Fundraiser

**Indian Taco Sale**  
**December 13th at the**  
**Christmas Craft Boutique**  
**Table Bluff Community**  
**Center 10am to 4pm**

**Come and shop for the**  
**holidays and have an**  
**Indian Taco**  
**(Funds raised from the Taco**  
**sale to be utilized in the**  
**Boys & Girls Club of**  
**Wiyot Country)**

### The Table Bluff Reservation

Finger foods, **Santa**, and stockings....Don't miss the annual Table Bluff Christmas Party Santa Claus Saturday December 20<sup>th</sup>. Santa will arrive promptly at 12 pm. Don't be late.



### Loleta Downtown

### Open-House with Santa!

**December 8<sup>th</sup> -**  
**6:30 PM**

**Santa** will arrive on the Fire Truck and will be handing-out goody

bags at the Loleta Community Service building. The Chamber will be hosting a "Grand-Opening" of our office at 282 Loleta Drive. Drop in to the new Chamber office and the Cheese Factory as well. The Community Church will be participating with goodies at the Church as well as Main Street singing. The Loleta school children will be decorating a Christmas tree, donated by Misty Mountain Tree Farms. Los Amigas ladies will be selling baked goods in the LCSD building. Other groups may be selling craft items, for more information call the Chamber at 707-498-0450.

### Changes to Medi-Cal

The Department of Health Care Services (DHCS) notified the counties of the changes that affected Medi-Cal beneficiaries with a SOC over \$500. Counties were reminded to complete Medicare Savings Programs (MSP) eligibility determinations for all Medicare eligible Medi-Cal applicants and beneficiaries with or without a SOC. Another alternative to suggest to beneficiaries is the 250 Percent Working Disabled Program (WDP) which provides full-scope Medi-Cal coverage to working disabled individuals for a monthly premium. See ACWDL 00-16 for detailed information on the program. On average, people in the 250 Percent WDP pay a \$20 monthly premium for full-scope Medi-Cal, which is far less than

their SOC.

On October 27, 2008, DHCS sent a short form letter to beneficiaries notifying them that DHCS was no longer going to pay their Medicare Part B premium. This letter inadvertently included beneficiaries who were already MSP eligible. In mid November, DHCS will be sending out a longer form letter, giving beneficiaries detailed information regarding Medicare Part B premiums, Social Security deduction of Part B premium,

MSP eligibility, SOC, and the 250 Percent WDP. This longer form letter will be sent to the same group of beneficiaries that the short form letter was sent to. Senior Legal Services provides free legal advice to people age 60 or better (regardless of income or assets) at the Humboldt Senior Resource Center nearly every Wednesday (Court and hearing dates may interfere with that schedule).

For your telephone or in-person appointment, call (707) 443-0747 and ask for a Senior Legal Services appointment. Inquire by calling (707) 445-0866, Ext. 305 or (800) 972-0002, Ext. 305. People age 59 or younger who have very limited income and resources may also obtain free Medi-Cal advice at the main office of Legal Services of Northern California. To set the initial telephone appointment, call (800) 972-0002 or (707) 445-0866.

# News and Notes from Social Services...

MENU SUBJECT TO CHANGE WITHOUT NOTICE

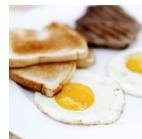
Last revision 11/17/2008

## Wiyot Elders Menu December 2008



Monday	Tuesday	Wednesday	Thursday	Friday
1 Vegetarian Lasagna Green Beans Fruit in fruit juice 1% Milk 100% Fruit Juice	2 Chili Con Carne Cornbread Fruit in fruit juice 1% Milk 100% Fruit Juice	3 Split Pea and Ham Whole Wheat Crackers Sandwich – Cooks Choice Fruit in fruit juice 1% Milk 100% Fruit Juice	4 Swiss Steak Mashed Potatoes Broccoli Fruit in fruit juice 1% Milk 100% Fruit Juice	5 Chicken and Noodles Mixed Vegetables Fruit in fruit juice 1% Milk 100% Fruit Juice
8 Chicken & Rice Soup Whole Wheat Crackers Sandwich – Cooks Choice Fruit in fruit juice 1% Milk 100% Fruit Juice	9 Enchilada Casserole Corn Fruit in fruit juice 1% Milk 100% Fruit Juice	10 Lemon Chicken 50/50 Rice Peas and Carrots Fruit in fruit juice 1% Milk 100% Fruit Juice	11 Beef Stew Fruit in fruit juice Biscuit 1% Milk 100% Fruit Juice	12 Pancakes Sausage Patty Hash Browns Fruit in fruit juice 1% Milk 100% Fruit Juice
15 Salisbury Steak w/ gravy 50/50 Rice Mixed Vegetables Fruit in fruit juice 1% Milk 100% Fruit Juice	16 Chicken Sandwich on Whole Wheat Bun Corn Fruit in fruit juice 1% Milk 100% Fruit Juice	17 Roast Beef with Gravy Mashed Potatoes Green Beans Fruit in fruit juice 1% Milk 100% Fruit Juice	18 Sweet and Sour Pork 50/50 Rice Peas and Carrots Fruit in fruit juice 1% Milk 100% Fruit Juice	19 White Beans Whole Wheat Crackers Sandwich – Cooks Choice Fruit in fruit juice 1% Milk 100% Fruit Juice
22 Beef Barley Soup Whole Wheat Crackers Sandwich-Cooks Choice Fruit in fruit juice 1% Milk 100% Fruit Juice	23 Spaghetti w/ meat sauce Green Beans Fruit in fruit juice 1% Milk 100% Fruit Juice	24 Chicken Fried Steak Mashed Potatoes & Gravy Corn Fruit in fruit juice 1% Milk 100% Fruit Juice	25	26 Closed
29 Roast Turkey & Gravy Cornbread Stuffing Peas and Carrots Fruit in Fruit Juice 1% Milk 100% Fruit Juice	30 Beef Stroganoff Green Beans Fruit in fruit juice 1% Milk 100% Fruit Juice	31 BBQ Pork Riblett 50/50 Rice Corn Fruit in fruit juice 1% Milk 100% Fruit Juice		

The Annual Table Bluff Reservation Christmas Party with Santa will be held from 12 pm to 2 pm on Saturday December 20<sup>th</sup> finger foods will be provided.



## Wiyot Parent Committee

**The Wiyot Parent Committee will meet on December 1 at 10 am**



## News and Notes from Social Services...

### CONVERTER BOX COUPON PROGRAM

February 17, 2009 the nation's full-power television stations will make the switch to digital broadcasting. According to a recent report by the Nielsen Company, more than nine million households are not ready for the upcoming transition to all-digital broadcasting and would be unable to receive any television programming at all if the transition occurred today.

The United States Department of Commerce has established the TV Converter Box Coupon Program to assist consumers that plan to continue to use their analog televisions, necessitating a converter box. The federally sponsored coupon program offers a three step process to obtain up to two \$40 coupons to help pay for the anticipated cost of the television converter box.



Applications for these coupons must be received by December 31, 2008. The estimated time from submitting an application to testing the new converter box in a consumer's home, is six weeks.

The CDE is cooperating with the U.S. Department of Commerce in distributing information promoting the availability of financial assistance for consumers

in preparing for this historic switch. Please use your distribution and communication channels to assist parents and households that could lose their television reception if they do not act prior to the transition on February 17, 2009. Information sheets that explain these steps are enclosed and available at



[www.DTV2009.gov](http://www.DTV2009.gov) (Outside Source).

### December is National Drunk and Drugged Driving Prevention Month

By Presidential Proclamation since 1981, each December is dedicated to preventing motor vehicle crashes caused by impaired driving. December has been chosen because it is the month of parties, family gatherings and other events where liquor is available.

About 40 percent of all traffic-related deaths in the United States are alcohol related, according to the National Highway Traffic Safety Administration. An alcohol-related motor vehicle crash kills someone every 31 minutes and injures someone every two

Minutes.

Total financial costs are astounding. They exceed \$24 billion each year. For individuals arrested for driving under the influence of alcohol and/or drugs, the financial consequences can be huge. In Pennsylvania, a first-time offense can cost a fine of up to \$5,000.

Other costs include vehicle towing and impounding, attorney fees, court fees, higher car insurance premiums and fees for safety classes. Estimates of the total cost by the office of motor vehicles in Arkansas come to \$22,740. The personal cost of a conviction are difficult to endure. Loss of a driver's license causes multiple problems and in some cases, loss of employment. It is a misdemeanor offense which stays on record for seven years and could impact work opportunities in the future. Even when a job isn't lost, time off may have to be taken for jail time, safe driving courses or public service.

Maybe you've heard all of this before, but stop to think of how being arrested would affect you and your family.





## Wiyot Boys & Girls Club Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00	Opening	Opening	Opening	Opening	Opening
3:15	Culture: It's in the Family!	Skill Tech Training	Kids in the Kitchen	Member of the Week	Triple Play Challenge
3:30					
3:45					
4:00	Snack	Snack	Snack	Snack	Snack
4:15	Culture: It's in the Family!	Power Hour	Triple Play	Money Matters	Triple Play
4:30					
4:45					
5:00	Power Hour	Art Club	Power Hour	Power Hour	Brain Food
5:15					
5:30					
5:45	Clean Up	Clean Up	Clean Up	Clean Up	Clean Up
6:00	Closing	Closing	Closing	Closing	Closing

**Boys & Girls Club of Wiyot Country** provides a positive place to inspire and enable young people to realize their full potential as productive, responsible and caring citizens by celebrating their culture and community, enjoying healthy fun with their peers, and to learn new skills and self-confidence under the guidance of responsible adults.

The club operates daily from 3 pm to 6 pm Monday through Friday when school is in session and serves a healthy snack at 4 pm.

**During winter break the club will operate from 9 am to 3 pm and serve breakfast and lunch. The Boys & Girls Club will be closed on December 25th and 26th.**

**There will be numerous fundraisers throughout the month of December. The club will be selling ornaments and handmade cookie mix jars, and will host a Indian Taco Sale at the annual Wiyot Craft Fair December 13th. Please drop in to support our club!**

Welcome to the World

Chason Zaden Sauers

Born on October 23rd

At 11:09am

21 inches long

7 lbs 5 oz.

Born to

Jamie King and Brandon Sauers





# Happy Birthday

Beatrice Allen  
 Richard Bartow  
 Alvaro Calderon-Stephenson  
 Henry Cooper  
 Roxanne Dracopoulos  
 Billie Greene  
 Michelle Hernandez  
 Douglas James  
 Heather Johnson  
 Orlando Johnson  
 Owen Jones  
 Ross Lane  
 Jayden Purdum  
 Robert Rossig  
 Stephanie Smityh  
 Ronald Tompkins

Bruce Atwell  
 Sarah Black  
 Breanna Caughey  
 Jason Davis  
 Verna Epps  
 Callie Gustafson  
 Marie Jacinto  
 Isabella James  
 Jesse Johnson  
 Lillie Tompkins Johnston  
 Jon Kthman  
 Liobardo Sherman Lopez  
 Ramon Rodriguez  
 Vernon Rossig  
 Linda Stewart-Oaten  
 Larry Woodhurst

Philip Bartow  
 Edna Mae Borges  
 Lori Clark  
 Jesse Davis  
 Linda Gonzales  
 Emily Hale  
 Dakota James  
 Jerry James  
 Jorge Sanchez Johnson  
 Amya Jones  
 Jason Klingsporn  
 Amanda Mager  
 Nelson Rossig  
 Noah Shelledy  
 Charles Tompkins



## Newsletter Options

In light of being resourceful and conserving our precious natural resources, **we would like to offer receiving the Wiyot Tribe Newsletter by E-MAIL.**

On the back of the newsletter you are reading now, there is a change of address form which has been updated to include an e-mail address.

If you'd like to help in saving a tree, and receive your newsletter by email, just fill out the form and be sure to include your email address and mail it back to us or E-MAIL your address to me....

**Linda@wiyat.us**

## Proclamation by Governor of California

On display in the Tribal Office lobby is the special Proclamation that Governor Schwarzenegger initiated October 8, 2008, declaring November as

### “Native American Heritage Month.”

He says, “today, our Golden State is home to over 300,000 Native Americans, comprising sixty-nine indigenous tribal groups. These men and women have not only continued their ancestors’ culture, but have also forged new accomplishments in government, business, science, the arts and more. They have also dedicated themselves to keeping past traditions alive by educating future generations of Californians on their rich history.”



## Wiyot Vocabulary Word Search: Movement Verbs

See if you can find the following Wiyot words in the box below:

<b>doto'w</b> = 'stand up'	<b>lu'law</b> = 'dance'
<b>nitw</b> = 'close eyes'	
<b>putsarag</b> = 'whistle'	
<b>qaqaragatsksh</b> = 'bend over'	
<b>rakh</b> = 'laugh'	<b>shur</b> = 'point'
<b>tadol</b> = 'jump'	<b>tam</b> = 'sit'

h	p	l	r	y	t	x	j	k	c	z	h	u
c	u	y	n	o	e	z	i	d	g	r	y	y
j	t	t	o	a	s	j	w	d	a	u	n	y
n	s	k	i	y	n	i	f	o	i	l	e	s
q	a	q	a	r	a	g	a	t	s	k	s	h
w	r	a	i	a	v	i	l	o	b	a	k	u
a	a	k	d	k	o	l	u	'	l	a	w	r
l	g	w	x	h	n	i	t	w	h	w	s	u



# DECEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <small>Wiyot Parent Committee 10 am</small> <small>Nelson Rossig 100th Birthday Party</small>	2	3	4	5	6
7	8	9	10	11	12	13
		<small>Business Council</small>				
14	15	16	17	18	19	20
						<small>TBR Christmas With Santa</small>
21	22	23	24	25	26	27
		<small>Business Council</small>		<small>Christmas</small>		
				<small>Tribal office closed</small>		
28	29	30	31 <small>New Years Eve</small>	Jan 1		
				<small>New Years Day</small>		
				<small>Tribal office Closed</small>		

# Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

**EMAIL** \_\_\_\_\_

Telephone# \_\_\_\_\_ Tribal # \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

Spouse



and/or children who will be affected: (list legal name and date of birth)

Signature \_\_\_\_\_



## **Wiyot Tribe**

1000 Wiyot Dr.  
Loleta, CA 95551  
Phone: 707-733-5055  
Fax: 707-733-5601  
Email: [wiyat@wiyat.us](mailto:wiyat@wiyat.us)



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