

# Wiyot News

Volume 5, 08

May 2008

Edited by Linda C. Woodin

Wiyot Tribe

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## Many Thanks to Cheryl Seidner

During the twelve years that Cheryl A. Seidner served as Tribal chairwoman, you could frequently find her "burning the midnight oil" in her office, or attending functions on behalf of the Tribe. She has represented the Tribe to other governments at the city, county, state and national level. She served as Executive Secretary for Indian Action Council of N. Western Ca., Secretary for N. Indian Ca. Education Project, Chairwoman for N. Ca. Indian Development Council, Board Member for KEET TV, Sacramento Area Vice President of NCAI, Board Member for Humboldt County Historical Society, a guest lecturer at various colleges and AWANA Director.

Cheryl received the traditional gift of a Pendleton blanket at the Council Meeting held on April 14th, 2008. The blanket was presented to Cheryl by Councilman Alan Miller.

Cheryl is also being acknowledged for her contributions to Humboldt State University and the community on May 17, 2008, when she will receive an honorary Doctorate of Humane Letters from HSU and the California State university System. On June 30, 2008, Cheryl will retire, after completing 28 years of service to the students of HSU in the Educational Opportunity Program.

Cheryl says that she is looking forward to the next phases of her life. She wants to spend more time with family,

tend to her business which is Tik Wolana Welth beads and things and explore new ventures.

Please join us in offering good wishes for the future and thanks for the many years of self-less service on behalf of the Tribe.



At the Annual Meeting, held on April 5th, 2008, tribal Council Member Gail Green was elected to fill the position of Tribal Chair. Gail will be seated as Chairperson at the regular meeting on May 12th, 2008. Her term of office is four years.

Born and raised on the Reservation, Gail has been active in Tribal matters for a number of years. She

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### \*May 11

Mothers Day



### \*May 12

Business Council

### \*May 26

Memorial Day





## Of Interest...

(continued from page 1)

was previously employed by the Tribe in the Fiscal Department. She was also the staff member to the Enrollment Committee. Gail also headed up the construction project for the new houses on the Reservation, as well as the design of the Bay View Extension roadway.

Gail has worked for the Loleta School District, and served as a Loleta School Board Member. She also worked as a bookkeeper for Miranda's Rescue in Fortuna.

Gail is looking forward to the growth of existing Tribal programs and new programs to meet the needs of citizens.



### New Native American Miss Washington

Elyse Umemoto, 23 is a proud Yakama Tribal member. Umemoto is the first Miss Washington of Native American decent.

In Las Vegas on January 26th at the 2008 Miss American pageant, she was awarded the even higher distinction of Miss America second runner up. Umemoto says she would not have made it that far if it wasn't for her background on the Yakama Reservation.

"I have so much history and there is such a legacy from my

native heritage...and I attribute so much of who I am, and the fact that I think social causes are so important to my family and my upbringing on the reservation," says Umemoto.

The Wapato native has been attending Pacific Lutheran University in Tacoma. The \$20,000 Miss America scholarship award and an additional \$10,000 for placing in a learning channel competition called "Miss America reality check", will help her with her plans to go on to law school upon graduation. Wherever she goes and whatever she does, she is steadfast to the principles of embracing diversity and empowering women.

"The concepts of embracing diversity and empowering women are so important because I think they're so universal. Those are elements of society that everybody can benefit from," said Umemoto,

### Tax Rebates Checks to arrive soon

If you haven't already received your tax rebate check, it will be coming soon.

Thanks to the President's Economic Stimulus plan, those who paid 2007 income taxes will get rebates of \$600 to \$1200.

Rebates phase out for individuals with more than \$75,000 in adjusted gross income and for couples with more than \$150,000.

Those qualifying for a rebate are eligible for another \$300 per child.

In 2001, the last time rebate checks were sent, consumers spent about two-thirds of their rebates, according to the National Bureau of Economic Research. The rebates played a big part in ending the eight-month-long 2001 recession by November of that year.

This time around, the bureau predicts that consumers will spend half of their checks within the first year. If that happens, the stimulus law would be a substantial boost to the overall economy even though it's less than in 2001.

Lawmakers hope consumers will take their rebates and buy big ticket items such as flat screen televisions or large appliances.

A big surge in spending could give the economy a boost, economists say. But one survey by the International Council of Shopping Centers and USB Securities found that 43 percent of consumers would use the money for debts and 26 percent would save it.

### National Nurses Day May 6

Today, there are many nursing specialties in a broad range of disciplines, including oncology, labor and delivery, critical care, cardiac care, hospice and psychiatry.

Nurses are in high demand everywhere in North America and experts say that demand will



## ...Of Interest

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continue to grow in years to come.

According to the American Nurses Association, men and women who consider nursing as a career will rotate through various hospital departments during their training. The variety of experience helps them to find the right fit or to decide on training in a certain specialty.

So, if your looking for a wonderful field to explore for a career that is rewarding in so many ways, or thinking of going back to school to change your life direction nursing may be the right fit for you.



### 37th Annual Stanford Powwow

This powwow is May 9-11, 2008 at Stanford, California is the largest student-run powwow in the U.S. All drums welcome...camping available...free dancer registration. Call 650-723-4078 or visit website [stanfordpowwow2008@gmail.com](mailto:stanfordpowwow2008@gmail.com)  
For more information

### Memorial Day May 26, 2008

Do you know someone personally who made the ultimate sacrifice? Maybe it was in the "great war" or in Korea. Maybe it was in Iraq or Afghanistan. Or your remembrance could be based on the fact that, over time, thousands of young men and women have died defending our way of life.

Whatever the circumstance, Memorial Day is a time to pay our national debt of honor. It can only be done by individuals. When honoring America's war dead, we preserve the memory of their sacrifice now and for future generations.

There are many way to honor and remember. Pausing for a few moments of silence to think of them is one way that is available to all. Passing on stories that recall the lives and service of those we knew is another.

Attending commemorative services is one of the most visible ways

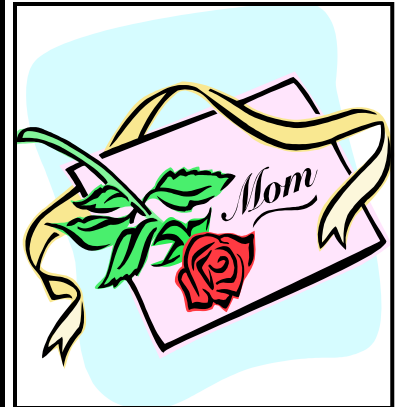


to pay tribute. Placing flags at grave sites,

marching in parades and wearing Buddy Poppies are other examples.

Today, Memorial Day is as relevant as it ever was as we honor those who have died in Iraq and Afghanistan.

### Mothers Day May 11, 2008



### Exercise takes the edge off of chronic pain

Doctors at the Mayo clinic say that when you are in pain, exercise is probably the last thing on your mind. But it could be more important than you think.

Regular exercise is a versatile weapon in the fight against chronic pain. It may seem difficult to start, but your body will thank you.

**\*increases** endorphins a natural pain reliever **\*builds** strength **\*increases** flexibility **\*increases** energy level **\*helps** maintain healthy weight and adds to better sleep **\*enhances** your mood and sense of well-being **\*and protects** the heart



## Cultural from the Ground up...

### News and Updates

**By Helene Rouvier, Cultural Director**

I recently spent a snowy week in Vancouver, B.C. at the Society for American Archaeology annual meeting, and was able to attend several discussions on First Nations archaeology and protection of cultural resources. I was also able to purchase some new books for the tribal library, please check them out:

*Raven's Cry* by Christie Harris

*The Raven Steals the Light* by Bill Reid and Robert Bringhurst

*A Story as Sharp as a Knife: The Classical Haida Mythtellers and Their Worlds* by Robert Bringhurst

*Spirits of the Water: Native Art Collected on Expeditions to Alaska and British Columbia, 1774-1910* edited by Steven C. Brown

*Copying People 1860-1940: Photographing British Columbia First Nations* by Daniel Francis

*Where People Feast: An Indigenous People's Cookbook* by Dolly and Annie Watts

*The First Americans: The Pleistocene Colonization of the New World* edited by Nina G. Jablonski

The Cultural Committee is looking at designs for the Eco Hostel by the Adorni Center. The planning group would like to include several areas for Wiyot culture and history.

Please feel free to come and talk to me about what you would like to see. So far we are looking at an interpretive center, a garden area, a prototype Wiyot structure (such as a dance area, sweat house, stick barbeque, etc), and a boat construction site. I need your ideas to take to the architect.

You are invited! Cultural committee meetings are scheduled at 5:30 p.m. before the first council meeting of the month. All are welcome and encouraged to participate.

New shelving for secure storage of the Heritage Center collection has been ordered and will be installed this spring. Thanks to George and Oscar for reinforcing the floor to handle the weight of both shelving and heavy stone artifacts. There will be a *Gathering of Honored Elders* at the California State Indian Museum on June 7<sup>th</sup>. The flyer will be posted at the community center and information will also be sent to tribal elders. The event will include lunch, Native dancers, vendors, and an official presentation by the governor's office.

Wiyot Tribal Council has also approved voluntary participation in the *Genographic Project* directed by the National Geographic Society and University of Pennsylvania.

This project uses individual DNA to trace ancestry, population movements, and history worldwide. More information will be forthcoming – please read the materials and feel free to contact the sponsors with any questions. Again, participation is entirely voluntary. The department is working with social services director Michelle Vassal on providing regalia making classes during summer kids programs. Scheduled for Monday activities are dresses for the Coming of Age Ceremony, men's headdresses, and ceremonial necklaces. Girls who will be 12 to 16 years old in a couple of years, and are interested in the Coming of Age ceremony, should contact me or Michelle at 733-5055. We also urge anyone with information and ideas for these family ceremonies to contact us.

A position for Director of the Language Project is posted on the Wiyot website and elsewhere. Please check out the job duties and requirements and also forward to any qualified and interested candidates. This person will need to hit the ground running with the skills needed – this is not a training position. Joycelyn will still remain as the council liaison and student/teacher.

## ...Cultural from the Ground Up

### A Conversation with Lillie Tompkins Johnston

Last November I had the privilege to speak with Lillie Tompkins Johnston, tribal citizen and expert local basket maker. Lillie learned the art of basketry from Yurok elder Vera Ryerson, becoming adept at the entire process from gathering the basket making materials to weaving in the traditional way. Later in life, Lillie learned weaving with pine needles while living in Oregon, a technique and materials which was easier on her hands. Since that time she has taught this technique to anyone who wanted to learn, both men and women, native and non-native alike. And eventually Lillie was able to teach this process to her former mentor Vera “that was an interesting trade-off, that was pretty neat.” Lillie mentioned that she was “happy to come out and teach anyone who would be interested in learning” including kids. We are looking forward to her coming out to Table Bluff eventually for classes. Lillie also has a passion for her family history in the local area. Her great grandfather Nicholas Tompkins came to California from New York in 1850, sailing around the horn and leaving scant information on his family history from the East Coast. In 1853 he acquired 160 acres of government land at Table Bluff. Nicholas married Nancy Gabisy in 1855. (“Gabisy” is one of at least three different spellings of her name, indicating that it may have been anglicized from Sulótalak). Nancy was sixteen years old at the time and a full blooded Wiyot born at the mouth of the Eel River in 1838. “They said at that time there were so few women out here and it took so long for any to come, and they didn’t like it when they got here. And someone told me that he was trying to decide between two ladies, and he was trying to pick which one he wanted to marry and all I know is that Nancy was the Indian and I don’t know what the other woman was.” However, Nicholas was generally ostracized for marrying an Indian, and as a result his name is rarely included in the history of Humboldt pioneers and settlers; however Tompkins Hill bears his name and memory.

There is also little record of Nancy’s ancestry or life. It is known that she served General Grant during the brief period in 1854 when he was stationed at Fort Humboldt. She had the traditional “III” chin tattoo—and refused to be photographed for fear that the tattoo would embarrass her boys. She and Nicholas raised a family of nine children (eight boys and one girl), seven who lived to adulthood. There also seems to have been some relationship to Della Prince who lived on Hookton Road. The family often visited Della and granddaughter Joycelyn remembers her Dad saying that they were related to the Tompkins family. But the connection remains elusive. “I would give anything if in the old books I could find a connection to Nancy and her descendants. There’s just no record. How would one go about it? Unless it’s connected back through the James’s, the Princes...” Nancy died in 1913 and is buried, along with several other family members, at the home place on Tompkins Hill.

Lillie is one of 10 children, the only one born on the home place on Tompkins Hill, a house built in 1855 for Nicholas and Nancy. “Mother used to say she would look out the back window and the cemetery was right here, below this tree – there’s the old cemetery. Well there’s one there now that has a fence around it, but to me it doesn’t quite look like the right spot. But the house is gone and you can’t tell, and the trees are all gone but one. But there is a tree right by the old gravesite.” At one time, there was a road planned that would have damaged the cemetery, “they wanted to put a road through the old place, and they said if there were five burials there they couldn’t do it. Well we knew that there were seven or nine, and they never did put the road through. But I’m going to take another drive up, because last time I was there, there was a fence around where the graveyard was.”



## Cultural From the Ground Up...

(continued from page 5)



**Nickolas & Nancy Tompkins Home, Tompkins Hill, Table Bluff, Loleta, Ca. Nine children were born here. Also born at the home place was Hermann Tompkins son of William E. and granddaughter Lillie Tompkins Johnston. Last known living survivor born at Tompkins home place.**

Childhood memories are filled with family and rural experience. "We always lived out in the country, we were a large family... And of course we always went clamming, crabbing, fishing, hunting, and all that sort of thing just for a livelihood. I really look back on those days and think they were wonderful compared to now. We just had so much fun back then, you know the family was together, and a nice big family." The Tompkins also raised rabbits and chickens (more rabbits for meat than chickens), and had a big garden – potatoes, carrots, turnips, and everything we could have year round. Lillie's mother canned and sewed the family's clothes, "...she lived to be 99 years and 7 months. What a lot of hardship she had. Just a tremendous amount of hard work."

Lillie's father worked in the woods, and later became a mechanic. They went clam digging frequently in Hookton Slough and at King Salmon. He also took Lillie hunting. "I killed my first deer when I was 12 years old, and he made me gut it, do the whole thing... I used to take a 22 and go get a deer. Way back then you could, nobody ever complained or said anything you know, it was just a way of life compared to now. It was great growing up. We were so poor, but it was great."

The kids would regularly visit their Uncle Charlie who lived on the hill. "He took us down to the barn and showed us how to pick stinging nettles from the bottom, and then he would take us fishing, hunting, and berrying... a great old guy, never married, bachelor but he was super neat. We got to this place under a big hill that came down right by his house, and he would save cardboard boxes, and we would take them up to

## Cultural from the Ground Up...

(continued from page 6)

the top of the hill, and then ride them down to the bottom, because the grass was always dry. Oh that was great fun.”

Life was also difficult and challenging. “We had no plumbing, we had no running water, we had a well out back, then finally Dad brought a well and a pump into the house...I remember when he brought home a wringer that would attach to the wash tub... ‘Cause we always had blisters. You know all the boys, and all their jeans. I can remember the blisters; of course I was the oldest so I had a lot of the duty. And I remember standing on apple crates to cook pancakes on top of the stove, and slicing potatoes long ways, and just laying them on top of the stove to brown. That was practically every day.”

Lillie remembers what it was like going to local schools. “I guess we had a lot of fights, because they thought we were those poor Indians ...it was terrible in some places...in Weott we had a lot of fights with the kids because...we had to walk through the woods to get back to our place, and they would lie in wait for us, and then beat us up. And my mother said ‘don’t come crying to me, are there any limbs around there?’ So the next time they came I had a limb, and used it and they never bothered us again. What was she thinking? That we had to fight our own battles.”

### More information from the Language Meeting with Linguist Bill Weigel

b	bh	Not like anything in English: try pronouncing a <b>v</b> (like in <u>v</u> ine), but with your upper and lower lips almost touching. If you know Spanish, it's kind of like the <b>v</b> in <i>Havana</i> . At the beginning of a word this sometime sounds kind of like the "m" in <b><u>m</u>other</b> .	<i>oar</i> : <b>bhan</b>
d	dh	Not quite like anything in English. Sort of like the sound in <b>bottle</b> or <b>rudder</b> . Also kind of like the single r (not the "rolled" double-r) in Spanish words like <i>Maria</i> .	<i>arm</i> : <b>bhudh</b>
g	gh	Definitely not a sound in English. You have to hear it!	<i>it is red</i> : <b>sogho'w</b>
ch	tsh	About like the ts sound in <b><u>t</u>sunami</b> , <b><u>N</u>azi</b> but "aspirated" (I'll explain)	<i>mussels</i> : <b>tshodh</b>
c	ts	About like the ts sound in <b><u>c</u>ats</b> , <b><u>p</u>retzel</b>	<i>killdeer</i> : <b>tsa'rigk</b>

(continued on page 17)



## ...Environment Around Us

### Roadside Wildlife-Table Bluff Reservation to Loleta (Route 1 of 3)

If you have ever looked out your window and wondered what kind of bird was flying over head or what mammal scurried across the road, this quick field guide may help answer your questions. Of course, we strongly encourage safe driving and please do not become distracted while operating your vehicle. This guide is aimed to help explain the quick glimpses of wildlife that most drivers notice during their day-to-day driving schedules. The primary route takes us from the entrance of Table Bluff Reservation, to Copenhagen Road, then down Eel River Dr. but sometimes the road less traveled, Table Bluff Road to Eel River Dr., offers great opportunities to witness somewhat secluded wildlife.

#### The Top 10

1. *White-tailed kite*: Mainly white bird with black-shoulders (previously named Black-shouldered kite); Habitat includes open fields or agricultural land where small mammals are abundant; Hunts by hovering (flapping rapidly) in one spot to stabilize eye control then diving quickly to capture prey

2. *Red-shouldered hawk*: Named for the species' **distinguishing red shoulders and chest**; Prefers telephone wires to poles; Habitat includes open fields or agricultural lands where small mammals are abundant; Diet also includes reptiles and amphibians; Hunts from a perch, quickly diving on prey

3. *Red-tailed hawk*: Named for the species' **distinguishing red tail**; Juveniles can be confusing but a stand-out characteristic is the white speckled V-shaped pattern on its back; Habitat includes open fields or agricultural lands where small mammals are abundant; Hunts from a perch, quickly diving on prey or by kiting (using wind to hover)

4. *Northern Harrier*: Smaller raptor with an owl like face; Juveniles are redder on chest, adult females are primarily brown with a speckled chest, and adult males are blue-gray with a white chest; Distinguishing characteristic for the species is a **white-rump patch** while in flight; Also known as the marsh hawk for the species' habitat preference; Hunts primarily by hovering low then pouncing on prey (small birds and mammals)

5. *Great Egret*: Long white wading bird with a yellow beak and black feet;

Prefers open water or marshy areas where fish and amphibians are abundant; Hunts by stealth, remaining completely still then quickly striking prey

6. *Great Blue Heron*: Long wading bird named for the distinguishing blue color; Prefers open water or marshy areas where fish and amphibians are abundant; Hunts by stealth, remaining completely still then quickly striking prey

7. *Song Sparrow*: This small, stocky bird is the most widespread sparrow species; Mainly brown in color with fine streaks on the chest and a white throat stripe, this species is named after its beautiful and unforgettable song; Prefers low, open, weedy, or brushy habitat; Diet consist of seeds (winter) and insects (summer)

8. *American Robin*: Species has a very distinctive **rusty color on breast**; Usually found in small to medium sized groups on lawns or meadows; Prefers grasslands but is found in forests to tundra; Diet mainly consists of worms and insects

9. *European Starling*: Small bird with distinctive spotting all over body; Usually occurs in large flocks, has colorful purplish head, green sheen, and yellow bill during breeding season (Dec-Aug); Prefers a wide variety of habitats as this species is the most intrusive invasive avian species in North America; Diet consists of worms and insects.





## Environment Around Us...

(continued from pg.8)

**10. American Goldfinch:** Small migrant bird that has a **very distinctive yellow color** during breeding season (Mar-Oct); Adult breeding males are mainly yellow with black wings and a black forehead while adult breeding females have a drab yellow appearance without the black forehead patch; Adult nonbreeding individuals are a similar drab brown color but the males are marked by a slightly yellowish appearance; Flight call sounds like "potato chip"; Diet consists of weed seeds and tree buds

### Mammals

Black-tailed deer (*Odocoileus hemionus*)

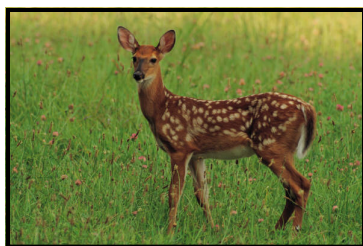
Long-tailed weasel (*Mustela frenata*)

Striped skunk (*Mephitis mephitis*)

Raccoon (*Procyon lotor*)

Virginia Opposum (*Didelphis virginiana*)

Gray fox (*Urocyon cinereoargenteus*)



### Other notable species

#### Birds

Barn swallow

Tree swallow

Snowy egret

American kestrel

Brewer's blackbird

American crow

Common raven

Western meadowlark

Mallard

Turkey vulture

Steller's jay

House sparrow

Black phoebe

White-crowned sparrow



Article by  
Tim Nelson



### Helpful Gardening Guide

#### Planting Schedule

With May approaching and spring finally upon us, it is about time to begin planting some delicious produce. May is the month to directly seed beans, edamame, snap beans: pole or bean, sweet/grain corn, sorghum, and millet. If sowing seeds, use flats with 3-5" of potting soil, use a finger to make holes to desired seed depth, place seed(s) in, cover with a thin layer of soil, pat gently and **keep moist** but allow to dry a little between watering. Remember, it is still not too late to plant early spring seedlings such as bok choy, artichoke, zucchini, squash (winter/summer), cucumber, and melons, parsley, celery, and sunflowers, cilantro, dill, fennel, lettuce, broccoli, cabbage, cauliflower, kale, Brussels sprouts, spinach, chard, beets, peas, onions, green onions, leeks, potatoes, tomatoes, peppers, and tomatillos. For more information regarding planting schedules and techniques, please call or visit the Environmental Department.

**Composting – The Pile**  
(Part 2 of 3 series)



## Environment Around Us...

(continued from page 9)

Whether you have leaves from a tree, grass clippings from your lawn, and/or kitchen scraps from dinner, these valuable nutrients can aid in the growth of a home/community garden or to simply decrease the amount of one's weekly trash since 30% of all household waste can be composted. By doing your part to compost on a regular basis, you ensure that nutrients are returned to the soil rather than trucked to a landfill while improving the soil



fertility, structure, aeration, and moisture retention. It is easy to do and this article is designed to help you begin, maintain, and use

valuable compost.

A well balanced compost pile only requires the ingredients that Mother Nature supplies. These include *nitrogen-rich green material* (i.e. kitchen scraps, tea bags-NO STAPLES-, coffee grounds, grass clippings, etc.) which is needed to heat the pile and *carbon-rich brown material* (i.e. twigs no larger than a pencil, leaves, straw, dried grass) needed to feed the pile. As previously stated in part I, air and water must be balanced as well because a pile that is too wet or dry will not decompose adequately. To avoid problems, DO NOT ADD meat, bones, dairy products

You may add lime, manure, soil, and blood meal to your compost pile while maintaining the proper wetness/dryness in order to speed up decomposition.

Now that we know the proper ingredients of an adequate compost pile, we must now build our working pile. Like layers on a cake, we want to build a balanced pile that will have the right amount of "wet" and "dry" material. Begin by laying down a layer of brown material no larger than 4-8 inches deep. Next, add a similar sized layer of green material on top and alternate until you have a pile no larger than 3 feet high X 3 feet wide. Maintain the pile by adding dry material when wet or by lightly watering the pile when dry. Once your pile is completed and a balanced environment is achieved, simply "turn" the pile (top layer is now the bottom, bottom is top) every two weeks. Continuous additions of material such as kitchen scraps is acceptable but must be maintained by digging the food into the pile or covering with brown material. Compost will eventually occur in a timeline of ~6 months if left alone but if turned every two weeks, a timeline of two weeks to four months is more likely.



To learn more about composting, how you can begin, to pick up some very useful brochures, or to simply ask questions, call or visit the Environmental Department or visit these helpful web sites below:

[www.epa.gov/compost](http://www.epa.gov/compost)

[www.howtocompost.org](http://www.howtocompost.org)

[www.compostguide.com](http://www.compostguide.com)

[www.vegweb.com/composting/how-to.shtml](http://www.vegweb.com/composting/how-to.shtml)

### SAVE YOUR FRY OIL!

Don't give our wastewater operator a big headache—

Rather than dump that used cooking oil down the drain bring it to the Tribal Office and deposit it in the drum provided. The Tribe collects wasted vegetable oil now and that is recycled into biodiesel fuel.

However, the oil must be clean: absolutely no food solids or congealed grease can enter the collection barrel. If you need assistance, ask for Linda.





## News and Notes from Social Services...

### Boys & Girls Club of Wiyot Country Grand Opening



The Wiyot Tribe in partnership with the Boys & Girls Club of the Redwoods celebrated the grand opening of the Boys & Girls Club of Wiyot Country at Table Bluff Reservation on Wednesday March 26<sup>th</sup>. Though Boys & Girls Clubs are common on Reservations elsewhere in the country, serving 140,000 Native American Youth in over 200 clubs in 86 American Indian, Native Hawaiian and Alaskan Native Communities this new Club is one of only two Native American Boys & Girls Clubs in California. Boys & Girls Clubs of Indian Country provide a positive place to inspire and enable young people to realize their full potential as productive, re-

sponsible and caring citizens by celebrating their culture and community, enjoying healthy fun with their peers, and to learn new skills and self-confidence under the guidance of responsible adults.

The ceremony began with a short presentation by Chief Professional Officer Jeff Jacobs, followed by the presentation of a plaque recognizing the club as a new unit by Alan Anspach the Regional Director of Boys & Girls Club of America to the Wiyot tribe social service director Michelle Vassel. Many prominent



community members attended the event including the President and CEO of Redwood Capital Bank John Dalby and Head of Commercial Loans, Jennifer Budwig, the Loleta Chamber of Commerce President, Alana Garey, Humboldt County Library personnel, representatives from United Way, Two Feathers Native American Family Services Social Worker, Colleen Thornton, Center for Indian Community Development Assistant Director, Zo Devine, California Tribal TANF partnership Site Manager-Humboldt, Linda Gillette, Wiyot tribal council and staff, and Boys & Girls Club directors from throughout the county. More than 100 children attended the

event each of which received a Boys & Girls Club of Wiyot Country tee-shirt.





## News and Notes from Social Services...

### Northern California Native Elder Programs Gathering



March 28 Tribal Elder program directors from all over northern California met to discuss elder services to Native American elders. The group surveyed currently operating Native American Elder Programs and hopes to identify unmet needs and improve available services. This historic meeting was the first of its kind, but will continue to meet on a quarterly basis. If you know of any unmet needs or are looking for elder services please contact Michelle Vassel (707) 733-5055. (see pg.17 for names in picture)

### Elders Nutrition Program

The Elders Nutrition Program includes a daily Elder social meal. The Program began the first of April. Anyone over the age of 50 is welcome to attend. The program was created out of a partnership with Blue Lake Rancheria and the meals are cooked

served hot at Table Bluff Reservation Monday through Friday from 12 pm to 1 pm. The tribe is offering rides to elders interested in attending. The shuttle picks up in Arcata/Mckinleyville on Mondays, the Greater Eureka Area on Tuesdays, Fortuna/Hydesville on Thursdays, and Fortuna/Rio Dell/Scotia on Fridays. Please note seating is limited and will be first come first serve. To request a pick up please contact Trena Miller at (707) 733-5055. Tuesdays are Bingo days! United Indian Health Services have been bringing their exercise group out the 3<sup>rd</sup> Tuesday and Thursday of the month, and providing blood glucose and blood pressure testing 2 Tuesdays a month.

### Wiyot Parent Committee

The Wiyot Parent Committee will meet on May 12, 2008 at 2:00 pm. Discussions will include the Boys and Girls Club of Wiyot Country summer schedule and programming. All parents of Wiyot or Table Bluff Reservation resident children are invited to attend.



### Toddler Time

Are you a parent of a young child? Would you like to introduce your child to other children in his/her age group? Would you like to help prepare your child for preschool and kindergarten by beginning to identify numbers and letters? Young children aged 0-5 and their parents are invited to drop into the Table Bluff Reservation library Tuesdays at 1:30 for Toddler Time. Toddler Time activities have been constructed to increase letter and number recognition, and enhance reading appreciation as well as prepare toddlers for entry into preschool. If you have any questions about Toddler Time, please contact Michelle or Jason at (707) 733-5055.

### Positive Indian Parenting

The Wiyot Tribe, Bear River Band of Rohnerville Rancheria, and California Tribal TANF are collaborating to provide Positive Indian Parenting Classes to local residents. The classes will begin in March and run through the month of April. The classes will be held



## ...News and Notes from Social Services

(continued from page 12)

each Wednesday at the Table Bluff Reservation Community Center from 12 pm to 2 pm.

**May 7 May 14 May 21**

The Positive Indian Parenting model draws on the cultural strengths of Native American child rearing. The material in this curriculum has been developed through extensive consultation with tribal elders, Native social welfare professionals and parents. The classes are being

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school hours, however childcare for children under school age will be provided and infants are welcome to attend with their parents. There will be eight two hour sessions containing information relating to traditional parenting, lessons of the

storyteller, lessons of the baby basket, harmony in child rearing, traditional behavior management, lessons of Mother Nature, traditional parenting, choices in parenting. If you are interested in attending the classes, need transportation, or would like more information contact Michelle or Jason at Table Bluff (707) 733-5055 or Karen or Julie at Bear River.

### The Wiyot Tribe Honor Roll

Mauricio Johnson 4.0

Jorge Johnson 3.2

Danielle Smalling 3.6

Elizabeth Hernandez 3.8

Kirsten Heinemann 4.0

**The Wiyot Tribe would like to recognize the following students for making improvements in their grades:**

**Alan Miller**

In recognition of improvements in listening and speaking strategies, word analysis, fluency, vocabulary, literary response and analysis, science, investigation & experimentation, number sense-addition, subtraction, multiplication and division, mathematical reasoning, art,

classroom effort and participation, history/social science, completes class work on time, follows playground rules and directions, independent reading, working independently, using time appropriately, sharing and playing cooperatively, following classroom rules listens attentively, and respecting the rights and property of others.

**Damon Johnson**

In recognition of improvements in writing strategies, writing applications, written and oral language, completing homework on time neatly and accurately, and independent reading.

**Mauricio Johnson**

In recognition of improvements in writing strategies, language, listening and speaking, physical science, life science, earth science, investigation and experimentation, number sense, algebra and functions, measurement and geometry, statistics, data analysis, and probability, mathematical reasoning, solve problems and justify, classroom effort and participation, PE, Completing class work on time, independent reading, following playground rules and directions.







## News and Notes from Social Services...

(continued from page 13)

on time, independent reading, following playground rules and directions.

### **Jorge Johnson**

In recognition of improvements in word analysis, fluency, vocabulary, reading comprehension, literary response and analysis, writing strategies, writing applications, written and oral language, listening and completing home work on time.

### **Heather Smalling**

In recognition of improvements in English and world history.

### **Danielle Smalling**

In recognition of improvements in American Government, and HROP Business.

### **Elizabeth Hernandez**

In recognition of improvements in Word Analysis, Listening and speaking strategies, number sense, solving problems, calculating problems, algebra and functions, rates and proportions, geometric patterns, statistics, data analysis & probability, using data samples of population, theoretical and experimental probabilities, mathematical reasoning, strategies skills, and concepts in finding solutions, and moving beyond a problem.

### **Matthew Hernandez**

In recognition of improvements in word analysis, fluency, vocabulary, reading comprehension, literary response, writing strategies, writing applications, listening and speaking

strategies, speaking applications, symbols, operations, and properties, simple functional relationships, mathematical reasoning, historical and community resources, music, classroom effort and participation, complaint class work and on time.

### **Marco Monrroy**

In recognition of improvements in social studies, dividing by a single number, and times tables up to 4.

### **Oscar Monrroy**

In recognition of improvements in tying shoes, time tables, and reading.

### **Pilar Lopez**

In recognition of improvements in word analysis, reading comprehension, literary response and analysis, writing strategies, writing applications, listening and speaking, speaking applications, life science, investigation & experimentation, number sense, algebra & functions, measurement & geometry, mathematical reasoning, and history & social science.

### **Catalina Lopez**

In recognition of improvements in number sense, understanding quantity and counting, math operations, time, measurement, patterning, interest in literacy, letters and word knowledge, emerging writing, concepts of print, phonological awareness, gross motor movement, and understanding healthy lifestyle.

### **Jose Rios**

In recognition of improvements in number sense, algebra & functions, geometry, concepts about print, phonemic awareness, decoding and word recognition, reading comprehension, literary response & analysis, spelling and music.

### **Tyler Miller**

In recognition of improvements in impulse control, comprehension, following increasingly complex instructions, engagement and persistence, number sense, classification, measurement, patterning, interest in literacy, personal care routines, personal safety, and understanding healthy lifestyle.

### **Jonathon Miller**

In recognition of improvements in identity of self, recognition of own skills and accomplishments, building cooperative relationships with adults, developing friendships, conflict negotiation, taking turns, shared use of space and materials, comprehends meaning, following increasingly complex instructions, expresses self through language, uses language in conversation, curiosity and initiative, engagement and persistence, memory and knowledge, cause and effect, socio-dramatic play, number sense, shapes, time, measurement, patterning, interest in literacy,



## ...News and Notes from Social Services

### Certificate of Achievements

Matthew Hernandez--- Math  
Marco Monrroy—Penmanship  
Alan Miller—Most Improved  
Oscar Monrroy--Cursive



Mauricio Johnson, Danielle Smalling, Elizabeth Hernandez, Alan Miller, Damon Johnson, Jorge Johnson,  
Mathew Hernandez, Marco Monrroy and Oscar Monrroy

**Congratulations to you all for doing a great job in school!!!**



# BOYS & GIRLS CLUB of WIYOT COUNTRY

Table Bluff Reservation Community Center

**MAY**

**2008**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>2</b> 4:00-5:00 Snack & Homework Power Hour
<b>5</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>6</b> <b>TODDLER TIME</b> 1:30 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>7</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour 5:00-6:00 Extended HW Hour	<b>8</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>9</b> 4:00-5:00 Snack & Homework Power Hour <b>TEEN NIGHT</b> 7:00 - 10:00
<b>12</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>13</b> <b>TODDLER TIME</b> 1:30 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>14</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour 5:00-6:00 Extended HW Hour	<b>15</b> 4:00-5:00 Snack & Homework Power Hour	<b>16</b> 4:00-5:00 Snack & Homework Power Hour
<b>19</b> 4:00-5:00 Snack & Homework Power Hour	<b>20</b> <b>TODDLER TIME</b> 1:30 4:00-5:00 Snack & Homework Power Hour	<b>21</b> 4:00-5:00 Snack & Homework Power Hour	<b>22</b> 4:00-5:00 Snack & Homework Power Hour	<b>23</b> 4:00-5:00 Snack & Homework Power Hour
<b>26</b> <b>MEMORIAL DAY</b> <b>OFFICE CLOSED</b>	<b>27</b> <b>TODDLER TIME</b> 1:30 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>28</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour 5:00-6:00 Extended HW Hour	<b>28</b> 3:30-4:00 1-on-1 Tutoring 4:00-5:00 Snack & Homework Power Hour	<b>29</b> 4:00-5:00 Snack & Homework Power Hour

Any questions  
Please contact Jason, Patrick, Trena, or Michelle  
733-5055



**BOYS & GIRLS CLUB**  
of WIYOT COUNTRY



(continued from page 7)

More information on the Wiyot Language that came from Linguist Bill Weigel March 8th, 2008.

c	ts	About like the ts sound in <u>cats</u> , <u>pretzel</u>	<i>killdeer</i> : <b>tsa'rigk</b>
čh	ch	Like in <u>ch</u> urch, <u>che</u> ek	<i>bottle</i> : <b>churoch</b>
č	j	Somewhere between <u>j</u> udge and <u>leisure</u>	<i>meat</i> : <b>jejoj</b>
s	s	Like in <u>s</u> in, <u>Mississ</u> ippi	
š	sh	Like in <u>sh</u> ook, <u>sure</u>	<i>in the middle</i> : <b>shobpel</b>
h	h	This sound occurs only at the beginning of a word, and sound about like the <u>h</u> in <u>h</u> ammer, <u>h</u> im, but sometimes a little "rougher" sounding	<i>basket</i> : <b>hidtwalh</b>
h	'	This sound can occur anyplace <i>except</i> at the beginning of a word, and sounds something like the catch in the breath in " <u>uh</u> -oh" or casual, fast pronunciation of <u>button</u> . It is called a <i>glottal stop</i> .	<i>man</i> : <b>gkuwi'</b>
l	l	About like in <u>l</u> ook, <u>L</u> ondon	<i>sand</i> : <b>ladtgkagk</b>
ł	lh	There's nothing like this in English. With your mouth in position to make an "l", just blow! Or, it's kind of like pronouncing the "sh" sound in <u>sh</u> ook, but with your tongue in the position that you would use to pronounce an "l"	<i>snag</i> : <b>dhoplh</b>
y	y	About like English <u>y</u> ellow, <u>y</u> ou (never like sky)	<i>ell basket</i> : <b>yow</b>
w	w	About like English <u>w</u> e, <u>w</u> atch	<i>well</i> : <b>walulh</b>
r	r	About like English r in <u>r</u> un, <u>far</u>	<i>river onion</i> : <b>rogklh</b>
m	m	About like English <u>m</u> other, <u>sp</u> am	<i>elderberrie</i> : <b>thi'mo</b>
n	n	About like English <u>n</u> eck, <u>pan</u> but with the tongue a little farther forward in the mouth	<i>oar</i> : <b>bhan</b>

Note that several letters are not used in Wiyot: f, v, x, z.

**Pictured on page 12 left to right are:** Tom Collins Area on Aging, Joy Casey, UIHS Elder Program, Charlene Storr, Beverly Switzler, Smith River Elder Program, Joycelyn Teague, Wiyot Tribe Elder Program, Michelle Vassel, Social Services Director for the Wiyot Tribe and Anita Huff, Blue Lake Rancheria Elders Program





# Happy Birthday



Joshua Abernathy  
Ronald Beauchamp  
Vincent DiMarzo  
Elsie George  
Kelly Henry  
Erla Jadro  
Sonia Johnson  
Thomas Koontz  
Patti Meraz  
Judith Owen  
Robert Raymer  
Brendyn Sheets  
Sharon Thurman  
Hannah Woodhurst

Alexis Nadine Anderson  
Cody Black  
Lee Ann Duclo  
Carolyn Goins  
Joyce Hernandez  
Shanah James  
Melissa Jones  
Natalie Kovacovich  
Natisha Mitchell  
Richard Pawlus  
Gia Rodriguez  
Hallister Stephenson  
Bruce Tompkins

Launnie Bainbridge  
Amelia Carpenter  
Alzada Duncan  
Jessica Greenburg  
Ardith Huber  
Eric Johnson  
June Kenison  
Diane Letner  
Michael Nunes  
Frederick Pierce  
Mariah Rodriguez  
Rachelle Sutherland  
Brett Woodhurst

## Newsletter Options

In light of being resourceful and conserving our precious natural resources, we would like to open receiving the Wiyot Tribe Newsletter by EMAIL.

On the back of the newsletter you are reading now, there is a change of address form which has been updated to include an email address.

If you'd like to help in saving a tree, just fill out the form and be sure to include your email address and mail it back to us or EMAIL your address to me....

**Linda@wiyot.us**



## The Tribal Message

**Board** known as

**WIYOT NEWS** has a fresh new look. Jan and Linda put their creative talents to work and did a little painting and designing for a place to post community notices, bulletins and special events. Keep your eyes peeled for anything new and exciting to be posted here.





# MAY 2008

**Sun Mon Tue Wed Thu Fri Sat**

1 2 3

4 5 6 7 8 9 10


Toddler Time 1:30

Positive Indian  
Parenting  
12-2PM

Teen Night  
7-10 pm

11 12 13 14 15 16 17

Mothers Day

 Business Council  
Wiyot Parent  
Committee 2PM

Toddler Time 1:30

Positive Indian  
Parenting  
12-2PM

18 19 20 21 22 23 24

Toddler Time 1:30

Positive Indian  
Parenting  
12-2PM

25 26 27 28 29 30 31

**Memorial  
Day**  
Office Closed

Toddler Time 1:30

# Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

**EMAIL** \_\_\_\_\_

Telephone# \_\_\_\_\_ Tribal # \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

Spouse  and/or children who will be affected: (list legal name and date of birth)

Signature \_\_\_\_\_



## Wiyot Tribe

1000 Wiyot Dr.

Loleta, CA 95551

Phone: 707-733-5055

Fax: 707-733-5601

Email: [wiyot@wiyot.us](mailto:wiyot@wiyot.us)



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