

THE DA'LUK

Wiyot Still Standing in Solidarity with Standing Rock

On Tuesday, November 15th over 200 people joined in a nation wide day of action in solidarity with those at Standing Rock, and demand the Federal government and the Army Corps reject this pipeline.

They peacefully gathered to sing, dance, and pray. Theodore Hernandez of the Wiyot Tribe lead us in prayer.

Indigenous leaders are calling on us to take to the streets and disrupt "business-as-usual" one week after the election to demand that President Obama's Army Corps of Engineers and the incoming administration stop the Dakota Access Pipeline -- and all those after it.

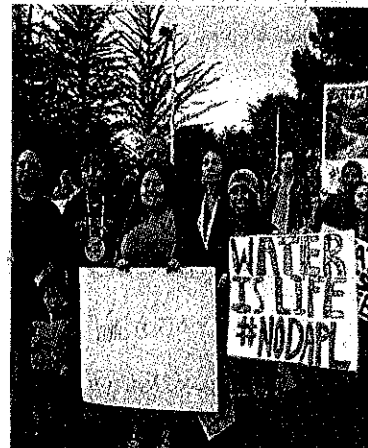
Recently Tribal member Mike Paguia traveled to North Dakota to stand with Standing Rock, "Mike said that it was a different site to see and it was an experience of a lifetime and something he will never forget."



Madison Flynn (Councilmember) Guy Dowd



Mike Paguia (Oceti Sakowin)



Left to Right Mike, Levi, Melvin, Pilar, Ted, Madison and Kathy

Gock Wuck "Knowledge"

Saving energy and reducing costs with LED streetlights

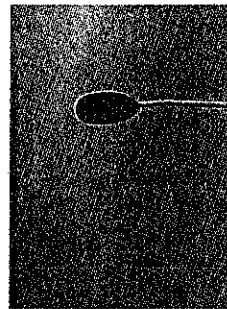
The Wiyot Tribe is committed to providing you with safe, reliable, affordable service. That's why we replaced the existing high-pressure-sodium-vapor (HPSV) bulbs with efficient, long-lasting light-emitting diode (LED) streetlights on Table Bluff Reservation. LED fixtures use 50-75% less energy than HPSV bulbs. The Tribe signed up for a Street-

light replacement program through PG&E to pay for this transition. The LED fixtures use less energy than HPSV bulbs. Replacing HPSV bulbs with LED fixtures of the same wattage can help reduce monthly energy costs significantly. Also, using less energy per light reduces greenhouse gas emissions. LED technology maintains most of its light output up to

four times longer than HPSV bulbs. Because we replaced all PG&E owned streetlights at the same time, the new LED lights should last up to 20 years without replacement. LEDs provide more natural-looking, evenly distributed light. This improved lighting can help both drivers and pedestrians and saves money.



Installing new LED lights



New LED lights



Vernon & Declan Crumett

Eel Hook Class



Come and learn how to make an Eel hook or Basket over Christmas break. Class will be held on December 19 @ 9am at the Tribal Center. At the end of the class you will be able to take your hook or basket home. For more information please call Vincent at the Tribal Office 707-733-5055 .



Gock Wuck "Knowledge"

16th Annual UIHS American Indian Winter Arts & Crafts

Saturday, December 3, 2016

10AM - 5PM

UIHS Potawot Health Village

Please join us at the UIHS Potawot Health Village located at 1600 Weeot Way off Janes Road in Arcata, Ca. in celebration of the season and in support of local American Indian artists.



Promoting Community Healing through Arts & Cultural Gatherings. For more information, please call the UIHS Traditional Resources Program at 707-825-5070.

The flyer for the Loleta Holiday Craft Fair is framed by a decorative border of twigs and leaves. At the top, several circular ornaments with spiral patterns are hanging from a string. The text is centered and reads: "Loleta 2016 Holiday Craft Fair", "Saturday, December 10th & Sunday, December 11th", "9:00am - 4:00pm", "@ Loleta Fireman's Pavillion", and "New Vendors Welcome". In the bottom left corner, there is a small square image of a spiral ornament. In the bottom right corner, there is a rectangular box containing contact information: "Contact: Lee Ann Moore", "(707) 273-7425", and "leannmoore@loleta.org".

Loleta
2016 Holiday Craft Fair
Saturday, December 10th
& Sunday, December 11th
9:00am - 4:00pm
@ Loleta Fireman's Pavillion
New Vendors Welcome

Contact: Lee Ann Moore
(707) 273-7425
leannmoore@loleta.org

Loleta Holiday Craft Fair

The Loleta Holiday Craft Fair is looking for vendors. The event has moved to the Loleta Fireman's Pavilion so there will be additional space for new vendors. The event has also grown from a 1 day event to a two day event due to popular demand. If you are interested in a Table please contact Lee Ann Moore at (707) 273-7425

Lhatsik Houmoulu'l "House of Tradition"

New Law Works to Protect Tribal Resources

California has taken an important step in working to protect tribal cultural resources. The new law, known as AB 52, requires the lead agency of a project requiring state environmental review to consult with tribes. Any potential impact on tribal resources must be considered as part of the review.

This law is a strong, positive step in terms of recognizing tribal expertise in regards to each tribe's own culture. It also allows for an improvement in the relationship between tribes and agencies. Finally, it provides a legal mechanism for tribes to challenge projects that are damaging to their culture.

However, the law is not perfect. While tribes must be consulted, and their expertise recognized, it is not clear that tribal expertise has weight against other possible sources of expertise, such as outside consultants and academics scholars. Furthermore, while tribes can recommend mitigation, there is no requirement that the lead agen-

cy follow that recommendation. In other words, while agencies have to demonstrate that they have spoken to tribes, there is no legal requirement for the agencies to listen to tribes. That said, it does leave open the possibility of a legal challenge by tribes or other interested parties.

It is also unclear what constitutes a tribal cultural resource. In particular, while the law is very clear about protection of archaeological and historical sites, natural sites are not so clear. While the law mentions protection of natural settings, it is not clear that there is any special protection or them. This is especially true for things like fish runs, seasonal cycles, and plant harvest – which form an important part of the cultural landscape.

Over time, we can expect that these things will start to be defined. The regulations are likely to be updated, and court challenges will be heard that affect how the law is enforced. In the meantime, the Cultural De-

partment is working with federal, state, and local agencies to make sure that Wiyot Cultural resources are protected.



34th Annual Intertribal Gathering & Elders Dinner



Jorge Lopez, Jr. (Left) William Frank IV (Right)

Two of our Tribal member's Jorge Lopez Jr. and William Frank IV were invited to share their songs and dance during the 34th Annual Elder's Gathering held at Redwood Acres Fairgrounds, Eureka, CA. This year they had Aztec dancers, Tolowa, and the Kibby Family sharing their traditions. They had a Honoring ceremony which included 2 of our Elders Cheryl Seidner and Leona Wilkinson for their services they have provided over the years.

Shawir Darrudaluduk "we belong to the Wilderness"

Wiyot Tribe Indoor Air Quality Needs Assessment

By Patty Torres, Natural Resources Assistant Grants Manager

Throughout 2016, the Wiyot Tribe Natural Resources Department (WNRD) worked on assessing Indoor Air Quality (IAQ) needs in the Wiyot community. With funds from the United States Environmental Protection Agency (US EPA), the WNRD distributed community surveys, educational material, and held IAQ-related events. The purpose of our activities was to determine what, if any, issues the community have with their indoor air and how the WNRD could provide assistance. This effort concluded with a final document summarizing what we learned during the year. The completed IAQ Needs Assessment can be found on the Wiyot Tribe website, at www.wiyot.us. You may also pick up a hard-copy at the Tribal office, or have one mailed to you at your request. The website also has a new IAQ section under

the Natural Resources Department page. On the site, you can find helpful links with more resources.

Mold, tobacco smoke, pet dander, and fumes from chemicals found in common household cleaners are all common culprits of poor IAQ. During our year of investigation, we found that these main pollutants, paired with poor ventilation in homes, create a suboptimal environment for many Tribal members. Fortunately, there are several easy fixes that can alleviate these problems.

If you have concerns about your IAQ, especially if you or someone in your family have allergies or asthma, don't hesitate to call Patty Torres from the WNRD at (707) 733-5055 for more information.

Health the People = Health of the Environment

The Health and Human Services department teamed up with the Natural Resources department to plan Native plants this week at Table Bluff Reservation. The plants which were all used as food, medicine or culture were purchased through a grant from the Center for Disease control. The Tribe will promote the use of the existing fire lane as a walking path and gathering location. In 2015, as part of the Health of the Environment=Health of the People Phase I the Wiyot Tribe Health and Human Service Department conducted a community assessment. The community assessment discovered that 73% of respondents were overweight/Obese. 30% of respondents stated they had been diagnosed with high blood pressure 38% of respondents stated they had been diagnosed with

diabetes. 28% stated they had been diagnosed with sleep apnea. Additionally, 74 % of respondents stated they did not eat traditional foods because it simply was not available. Another 51% of respondents stated that they did not know how to prepare traditional foods. 43% of respondents didn't know where or how to find traditional foods. 35% stated they did not have access to where traditional foods were located. The community assessment clearly demonstrated that obesity is a major health issue in the Wiyot community. Likewise, obesity related illness such as high blood pressure, diabetes, and sleep apnea were also high. In order to reduce obesity and related illnesses in the community the Wiyot Tribe hopes to increase access to traditional Wiyot food and medicine

and culturally significant plants and promote physical activity through walking and gathering traditional plants.



Tim Nelson (right) Eddie Kock (Middle) Stephen Kullman

News and Notes Gou'will da lalouluwuk

"Taking care of People"

Wiyot Thanksgiving Community

This year we moved the Community Thanksgiving dinner to lunch and it was a great turn out. We were thankful to those and came shared their stories among each other. Thank you to Josefina Cortez, Pilar James , Hazel James and



Pomeroy & Sandy Duncan (Pictured above)



Catalina Lopez & Melinda Ramirez



Holiday Food Boxes

Beginning December 1, 2016 Salvation Army 707-442-6475 and Northern California Indian Development Council will be taking calls for Holiday food boxes. NCIDC you will need to call them directly to be put on their list for a food box Dawn Woodman 707-445-8451. For more information please call Health & Human Service Assistant Alberta at the Tribal Office 707-733-5055. Please don't forget to bring an Id and income verification to your appointment.



Community Holiday Dinners

Helen Devore Waukazoo Great Hall of Friendship House
56 Julian Avenue, San Francisco, CA 94103

THANKSGIVING DINNER

Wednesday . November 23, 2016 . 3 pm—6 pm

CHRISTMAS DINNER

Friday . December 23, 2016 . 3 pm—6 pm

TOY DRIVE — Each year, Friendship House collects gifts from the community for children who might otherwise go without. Make the season brighter for a child & donate a **new & unwrapped** toy for a boy or girl ages infant to 9!

ELDER GIFTS — Friendship House has began a tradition of creating gift bags for the elders in our community! Gift bags are limited, and we are asking that elders ages 65 and over who are planning on attending this year's Christmas event register ahead of time. Please remember that elder couples are limited to one gift as a couple, and not one gift each. We would like to share gifts with as many households as we can.

REGISTRATION FOR GIFTS—To pre-register for either children gifts or elder gifts, please call (415) 865-0964 by Friday, December 16th. Must be present to receive gifts.

Toy donations & registration close on December 16, 2016.

Hosted by: Friendship House Association of American Indians, Inc.

*Sponsored by: Lytton Rancheria, Native American Health Center
West David & Bergard Foundation, Haas Foundation, The Family and Friends of Jane Jones, &
The C.J. & Mattie Lowery Fund of the Common Counsel Foundation*

For more information on the Community Holiday Dinners contact Pa-Pai X. Thomas
at (415) 865-0964 or papait@friendshiphousesf.org

These are alcohol & drug-free events!

News and Notes Gou'will da lalouluwuk

"Taking care of People"

BLUE LAKE RANCHERIA

P.O. Box 428
Blue Lake, CA 95525

Office: (707) 668-5101
Fax: (707) 668-4272

www.bluelakerancheria-usn.gov



Dear Elders;

It's that time of year! Holidays galore mean a change in scheduling. Listed below are various events and dates to remember.

Meal delivery will be suspended for three weeks this year from the week of December 19th through the week of January 3rd. Your first meal delivery of the New Year will be the week of January 10.

If you have any questions please give me a call.

November 21st -22nd Double Meal Delivery – 2 meals w/ 10 Milks

December 1st Blue Lake Rancheria Elders Luncheon 11pm – 2 pm
RSVP to (707)668-5101

December 6th -7th Double Meal Delivery for Christmas Holiday

December 19th -Jan. 3rd No Meal Delivery

January 10th-11th Meal Delivery begins for New Year 2015



We look forward to seeing you at our annual holiday luncheon on Thursday, December 1. Give us a call to RSVP and let us know how many guests you are bringing.

Sincerely

Deb Winkle
BLR Title VI Director



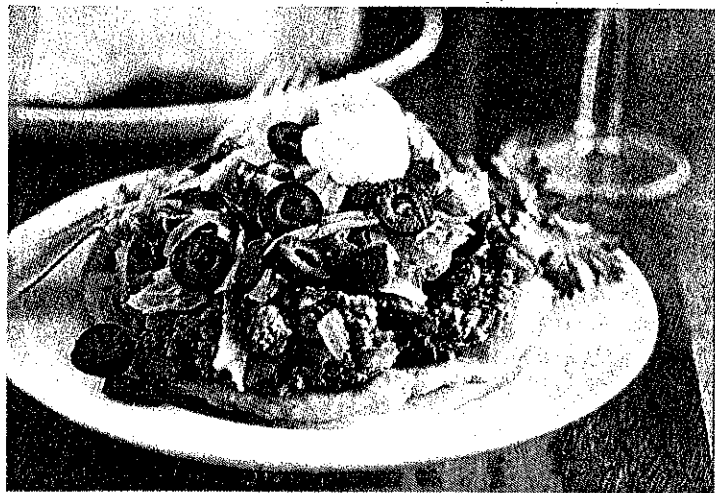
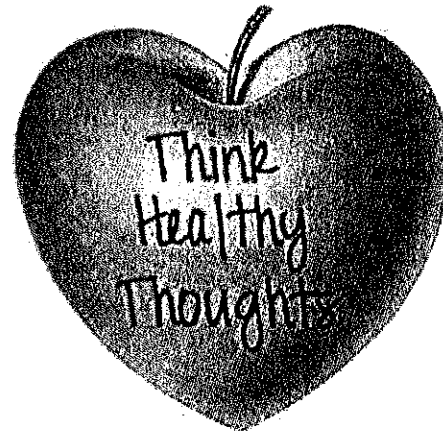
News and Notes Gou'will da lalouluwuk

"Taking care of People"

Stay Active & Independent for life (Sail)

A Strength, balance and fitness class. If you are interested please sign up at the December 5th Elder Luncheon at the Wiyot Community Center. We would then schedule a class.

We can also provide this fitness class in your home, more of a one-on-one session. For more information please call Health and Human Service Director Mryna 707-733-5055

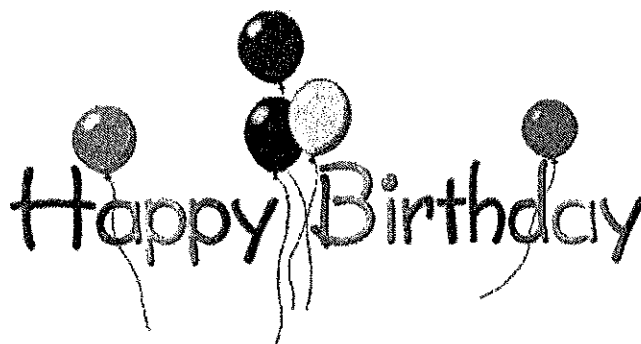


Wiyot Indian Taco Fundraiser

Please come down and support Tsek Houdaqh and Elders Luncheon, we will be at the Annual Loleta Craft Fair December 10 & 11 9am-4pm Firemen's Pavilion. We will also have coffee and other refreshments available. If you have any question to volunteer or donations, please call Josefina Tsek Houdaqh Youth Program Manager, Michelle Tribal Administrator or Fawn Administrative Assistant 707-733-5055.



Congratulations to Ross Lane & Lacey Readon on
the birth of their Baby boy Colton Lane born
March 23, 2016



Jerry James
Robert Rossig
Vernon Rossig
Ross Lane
Henry Cooper
Nachel Tyson
Bruce Atwell
Charles Tompkins
Lillie Johnston
Heather Johnson
Douglas James
Lois Parrish
Breanna Caughey
Isabella James
Jennifer Woodhurst
Ronald Tompkins
Emily Hale
Jon Kathman

Edna Borges
Dakota James
Jesse Johnson
Tyler Miller
Ramon Rodriguez
Phillip Bartow
Marie Jacinto
Jesse Davis
Jason Davis
Verna Epps
Jason Klingsporn
Lori Clark
Linda Oaten-Stewart
Larry Woodhurst
Roxanne Dracopoulos

Noah Shelledy
Dianne Nielsen
Callie Gustafson
Owen Jones
Amya Jones
Stephanie Smith
Alvaro Stephenson-Calderon
Jayden Purdum
Franklin Evenson III
Wanita Rodriguez



Da Rou Gawok "Everyone working Together"



Wiyot Tribal Council

Ted HernandezTribal Chairman (2016-2020)
Brain Mead.....Vice Chairman (2014-2018)
Leona WilkinsonSecretary (2017-2021)
Vincent DiMarzo.....Treasury (2015-2019)
Cheryl Seidner.....Council Member (2017-2021)
Alan Miller.....Council Member (2015-2019)
Madison Flynn.....Council Member (2016-2020)

Da Rou Gawok "Everyone working Together"

Michelle Vassel.....Tribal Administrator
Fawn Lopez..... Administrator Assistant
Sarah LopezReceptionist / Assistant Enrollment Coordinator
Tammie Bettis.....Receptionist

Gou'will da lalouluwuk "Taking care of People"

Myrna Rivera.....Health & Human Service Director
Alberta Wilson.....Health & Human Service Assistant
Dr. Rita Wafler.....Licensed MFT

Tsek Houdagh "Where the Children are"

Josefina Cortez.....Youth Program Manager

Hiwechk "Money"

Marie Essig.....Fiscal Director
Ashley Peterson.....Accounting Manager

Lhatsik Houmoulu'l "House of Tradition"

Thomas Torma.....Cultural Director
Ted Hernandez.....Assistant Cultural Director

Shawir Darrudaluduk "we belong to the Wilderness"

Stephen Kullman.....Natural Resource Director
Patti Torres.....Natural Assistant Grant Manager
Tim Nelson.....Natural Resource Technician
Eddie Koch.....Natural Resource Technician
George Buckley.....Water Operator

Seeking Input for Constitution Revisions

During the Annual meeting held on April 1 2016, a Constitution Committee was formed to amend the Wiyot Tribe's Constitution. The Committee is seeking input from Tribal Members. The Committee is working on an election ordinance and seeking to change the annual meetings to ballots with the addition of absentee ballots. The Committee hopes to have these changes ready to vote at the April General Council Meeting. If you have input for the committee please send your ideas in writing to: Attn: Constitution Committee, Wiyot Tribe, 1000 Wiyot Dr., Loleta, CA 95551. Copies of the current constitution are available upon request. The next convention meeting will be held on December 14 2016, at 9 am please feel free to call the Tribal Office and ask for Fawn (707) 733-5055. The Committee will be submitting articles to the Newsletter to update the membership on the proposals as they are developed.

Da Rou Gawok "Everyone working Together"

November Council Updates:

- *Humboldt County Association of Governments is holding a public hearing to access Community Needs assessment for public transportation.
- *Council approved a request by Humboldt State University Matt Steele to conduct a Sea level rise risk assessment for his Master's thesis.
- *Council authorized resolution#16-20 authorizing Wiyot Natural Resource Department staff to submit a Pacific Marine and Estuarine Fish Habitat.
- *Council authorized the Cultural Department Director to attend the California Tribal Historic Preservation Officer Summit.
- *Council approved returning to the 50% minor trust and 50% to minors for the November disbursement.
- *Council approved a request for a donation of \$50 to the Fortuna Union High School Glee Choir.
- *Council approved travel for one Tribal staff to attend the Indian Community Development Block Grant Implementation Training.
- *Council Memorandum of Understanding between the League of Women Voters of Humboldt County and the Wiyot Tribe.
- *Council approved a contract to repair the Southwest Corner of the Tribal Community Center.
- *Council approved an upgrade to the Tribal website.
- *Council approved the purchase of no trespassing signs on Indian Island.
- *Council approved the appointments of the following delegates Linda Lange to NCIDC, CRIHB, Cheryl A Seidner, Velva Angel as alternate, United Indian Health Velva Angel and Debra Markussen alternate.

Council approved submission phone votes

Resolution 19-21 National Health Board Tick Study Grant Proposal.

Authorization to submit application for Older American Act (OAA) Title VI Parts A & C. .

Resolution 16-23 Addressing the Service needs by expanding the age group considered "Older Indian."

Nominations for Tribal Council

Two positions are up for election in April of 2017, one Council Member and one Secretary. Nominations for vacant Tribal Council positions will be accepted at the Tribal office beginning January 1 and nominations end on January 15th, 2017. All nominations must be postmarked by or received in the Tribal office by close of business on January 15 in order to be valid. Nominations must be submitted in writing by one eligible voter and signed by the eligible tribal member nominee in accordance with Article IV of the Constitution. The nomination document must specify the following information: Submittal date of the nomination, name of the nominee, position to which the nominee wishes to be elected, name and signature of the person making the nomination,

signature of the person being nominated, background (relations, number of meetings attended, committees or boards). Nomination forms are available at the Tribal office. Official notifications of qualified nominees will be listed in the February Tribal Newsletter. Between the months of February and April, but before the elections meeting all nominees will submit at least one article to the Tribal Newsletter or participate in at least one Town Hall meeting to discuss issues they and their constituents find important to the Tribe.

December 2016

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3 UIHS Holiday Craft Fair 10am-3pm
4	5	6	7 Elders Lunch & Bingo 12pm	8	9	10 Loleta Holiday Craft Fair 9 am-4pm
11 Loleta Holi- day Craft Fair 9 am-4pm	12 Business Council Mtg 9am	13	14 Constitution Convention mtg 9am Elder lunch & Bingo 12pm	15	16	17 Tribal Christmas Party With Santa 12pm
18	19	20	21 Elders Lunch & Bingo 12pm	22	23 Tribal Office will close @ 12pm Christ- mas Hoilday	24 Christmas Eve
25 Merry Christmas	26 Tribal office Closed Christmas Holiday	27	28 Elders Lunch & Bingo 12pm	29	30	31 News Year Eve



Wiyot Tribe
1000 Wiyot Dr
Loleta, CA 95551

Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Telephone: () _____

Previous Names Used: _____

Children who will be effected (legal name and Date of Birth:

Signature: _____