

# *The Da'luk*



Annual Meeting 10am  
April 7th, 2018  
Polls will be open to vote from 9 am to 4 pm  
1000 Wiyot Dr., Loleta, CA 95551

The Annual General Council meeting is coming up on April 7, 2018. Polls will be open (in the Tribal library) from 9 a.m. and close at 4 p.m. for the election of Tribal Council vice-Chair position and any items on the agenda. If you are unable to attend the Wiyot Tribal Election scheduled for April 7, 2018, you can vote by absentee ballot. In order to receive an Absentee Ballot a form requesting the absentee ballot must be RECEIVED in the Tribal Office not fewer than 14 days before the election (March 24, 2018). Please do not wait until the deadline to submit the request, get your request in early so there is enough time for you to receive the ballot by mail and return it by Election Day. If you voted by absentee ballot last time and submitted a *permanent* Absentee Ballot your absentee ballot will automatically be mailed. If you are unsure if you requested a permanent Absentee Ballot you can contact the office at (707) 733-5055 to verify you are on the permanent Absentee Ballot list.



## Announcing the Candidate for the 2018 Election April 7, 2018

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### *Vice Chairperson 2018-2022*

- *Brian Mead*
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1/17/2018

Greetings Tribal Members,

My Name is Brian Mead and I’m running for the Vice Chairman seat. I have served on Tribal Council for the last 13 years. During the time that I have served on Council, I have sat on the Parent Committee, Economic Development and made sure Men’s Camp kept running smooth and making sure Elders were taken care of. I have volunteered for many events and holiday parties and always willing to lend a helping hand. I have traveled to Washington DC and lobbied my voice for our people on Tribal issues and made sure that I represented my people to the fullest.

I grew up on the old Reservation and went to the local schools and I have lived here my entire life. I have 4 children that are very involved with all the activities within the Tribe. During the time that I have served I have seen and made sure that the culture aspect has been followed through especially with the children. We have had several Eel hook classes and then taking the children down to eel. I have also had several classes on hunting, fishing and clamming then coming home to show them the way it's prepared.

As Vice Chair I will continue to fight for our Culture and to make sure programs are followed through.

Thank you for your support.

**Sincerely,**

**Brian Mead**

# **Lhatsik Houmoulul "House of Tradition"**

Submitted By: Ted Hernandez

## **Ha'wa'lou everyone**

This department has been focused on getting new grants for this upcoming year. We have applied for two new grants that will help expand our Cultural department. Our goal with these grants if awarded is to help expand our department with better equipment to keep our collection safe from any damage. These grants will also help take our collection to the surrounding schools to give presentation to students.

The department is working with Tsek Houdaqh to create projects for the spring and summer breaks. Some of these activities may be going out and doing traditional gathering and others will be making regalia or planting a traditional garden. We would like to get the children more involved with traditional knowledge if you would like to help with these projects please contact the two departments any assistance would be greatly welcome.

The cannabis rush has been keeping this department very busy with all the daily permits coming in for approval. We have been going out to the field and doing surveys and monitor work for some of these projects. We are working with the Blue Lake and Bear River THPOs on some of these projects. We have also been looking over timber Harvest plans as well as other projects in Humboldt county that lie with in the Wiyot boundaries. This department and the Natural Resource department have working together in the removal of the dam on our Eel river by attending meetings or by writing letters to the working group for the removal.

These department are still working on setting up the Cultural Committees and Parent Committees if you are interested in sitting on the committees please contact Ted Hernandez, Hazel James, and Donna Wilson at the tribal office. We can put down your name and set up these committees. To discuss the cultural importance and the needs of the community. The cultural department will continue to post the old stories and photos that we have in our collection in each month newsletter. So, if you have family stories and or photos that you would like to share we would be happy to put in our newsletter.



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The mission of the Wiyot Heritage Center is to promote the understanding, revitalization, and celebration of Wiyot culture. Recognizing culture as a dynamic process and the Wiyot as a living people, the Center's goals are to treasure the past, enrich the present, and meet the challenges of the future.

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# Lhatsik Houmoulu'l "House of Tradition"

Submitted By: Ted Hernandez

There was a large sea monster who used to come up and eat all of the good-looking people around Humboldt Bay. One time all the good-looking people hid in a natural hole and lay with the homely ones over them. He-Who-Had-A-Point came from way down South and challenged the Serpent's medicine. He said "I'm pretty mean, and I hear you are a good fellow." He-Who-Had-A-Point had blue stones under his arm and put them in the fire. He also had a hidden hollow alder stalk which he put in his mouth when the serpent wasn't looking. When the rocks got hot, he said he could eat them. He did, and when he pulled out the rocks they came out stalk and burnt grass. Then he said for the Serpent to try it. He did and then began rolling around in pain. Finally, he burst from the steam and was destroyed.



Picture is from Cultural youth activities coloring book by Lynnika Butler

The mission of the Wiyot Heritage Center is to promote the understanding, revitalization, and celebration of Wiyot culture. Recognizing culture as a dynamic process and the Wiyot as a living people, the Center's goals are to treasure the past, enrich the present, and meet the challenges of the future.

## Military Blankets made for Humboldt County Residents



Tedd Collins & Bonnie Oleson (L)  
Not pictured is Louise Sollers

Twice a month over at Fortuna Fabric & Crafts in Fortuna a group of folks come together and make blankets for families that are or have served in the Military that live in Humboldt County. One of our own Tribal members Melva Duclo has spent many hours volunteering in making blankets and along with the group has handed them out to families. Thank you for thinking of our Military Families.



## Valentine's Day Fundraiser Tsek Houdagh



Orders are due February 12<sup>th</sup>

Pick-ups are the 14<sup>th</sup> between 11am-3pm

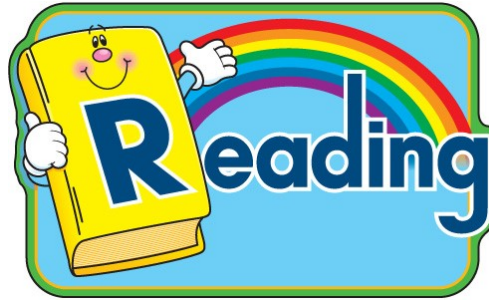
### Large heart shaped Rice Krispy treats

Original.....\$5.00.....  
Fruity pebbles.....\$5.00.....  
Chocolate.....\$5.00.....  
Dipped in chocolate.....\$1.00.....  
Personalized w/name.....\$1.00.....  
Name \_\_\_\_\_ Total amount due \_\_\_\_\_



# Tsek Houdaqh 'where the children are'

Submitted By: Donna Wilson



## TSEK HOUDAQH February 2018

| SUNDAY | MONDAY                                 | TUESDAY  | WEDNESDAY                             | THURSDAY               | FRIDAY                                       | SUNDAY |
|--------|--|--|---------------------------------------|------------------------|--|--------|
|        |  |  |                                       | 1.<br>VIDEO MAKING     | 2.<br>MOVIE FRIDAY<br>AKA FREE TIME          | 3.     |
| 4.     | 5.<br>ART/BOARD<br>GAMES               | 6.<br>COFFEE FILTER<br>ART PROJECT                   | 7.<br>EPA PROJECT                     | 8.<br>VIDEO MAKING     | 9.<br>MOVIE NIGHT<br>FUNDRAISER<br>5PM-7PM ☺ | 10.    |
| 11.    | 12.<br>KIDS IN THE<br>KITCHEN!!!!      | 13.<br>MAKE A<br>VALENTINE FOR<br>SOMEONE<br>SPECIAL | 14.<br>BEADING DAY                    | 15.<br>VIDEO MAKING    | 16.<br>CLOSED<br>LINCOLN<br>HOLIDAY          | 17.    |
| 18.    | 19.<br>CLOSED<br>WASHINGTON<br>HOLIDAY | 20.<br>OPEN<br>8AM-4PM                               | 21.<br>OPEN<br>8AM-4PM<br>EPA PROJECT | 22.<br>OPEN<br>8AM-4PM | 23.<br>OPEN<br>8AM-4PM                       | 24.    |
| 25.    | 26.<br>ART/BOARD<br>GAMES              | 27.<br>START AN<br>INDOOR<br>GARDEN                  | 28.<br>BEADING DAY                    |                        |  |        |

\*FIRST HOUR HOMEWORK HOUR ☺

If you have any questions please call the Tsek Houdaqh Program Manager Donna 707-733-5055





Be here February 6th *Angel Jensen, Nutritionist* for UIHS will be doing a presentation on *Diabetes Management*, during lunch.

UIHS will be doing free Blood Pressure & glucose checks 2nd Wednesday of every month!



## Injury Prevention

**BE SAFE!** Make sure your family's protected by preventable injury's

The Wiyot Tribe still has smoke detectors, bicycle helmets and car seats available to tribal families. Please call Tammie at Tribal office (707) 733-5055 for details.

## It's Tax Time !

California Indian Legal Services has begun offering free tax assistance services and is pleased to announce its partnership with the national **Volunteer Income**

**Tax Assistance** (VITA) program. 1-800-347-2402

United Way, (707) 443-8637 (Humboldt/ Del Norte Counties).



## Native Wills Project

Ha'wa'lou ;

In the Spring 2018 there will be an be a semiannual (2X/year – Spring and Fall) event, **Native wills project** free will-writing clinic for **Tribal Elders 55+**. Attorney (Neal Latt) will be at UIHS March 24th from 9 a.m. to 5 p.m. The Wiyot Tribe has a 4 hour slot from 9am to 12pm set aside for our Elders on a first come first serve basis.

For more information please call Tammie at Tribal Office at 707-



## Attention Elders!!

We have started different activities

under the Title VI Program. Please come join us for lunch & Movie Monday's, Bingo on Wednesday's, Games on Thursday's and Crafts on Friday's.

Suggestions are welcome if there's a special game or activity you'd like to have.

**Pleas call in advance if you'd like transportation!**



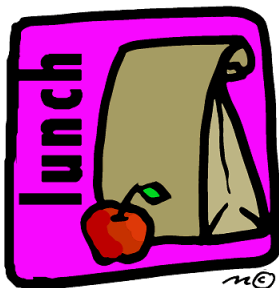
# Gou'wil Da Lalouluwuk *'Taking Care of People'*

Submitted By: Tammie Bettis

## FEBRUARY 2018 ELDERS LUNCH MENU



| Sun | Mon  | Tue                                    | Wed  | Thu   | Fri   | Sat |
|-----|--|--|--|---|---|-----|
|     |  |  |  | 1<br>Beef Stroganoff<br>Green Beans           | 2<br>Chicken Patty on a<br>bun, Jell-O & Fruit      | 3   |
| 4   | 5<br>Corn Chowder<br>Garlic Bread<br>Salad         | 6<br>Fish Tacos,<br>Cole Slaw          | 7<br>Pork Tenderloin, Potatoes, Carrots, Melon                 | 8<br>Chicken & Dumplings<br>Rolls             | 9<br>Pulled Pork BBQ Sandwiches, & Mandarin Oranges | 10  |
| 11  | 12<br>Pot Roast, Carrots, Potatoes<br>French Bread | 13<br>Chicken Enchilada's<br>Cole Slaw | 14<br>Lasagna, Green Salad, Strawberry Short Cake              | 15<br>Meatloaf, Mashed Potatoes & Gravy, Corn | 16<br>Turkey Wraps, Tater-tots                      | 17  |
| 18  | 19<br>Closed                                       | 20<br>Indian Taco's, Peaches           | 21<br>Chicken Alfredo, Green Salad, Pineapple upside-down cake | 22<br>Spaghetti, French Bread, Corn           | 23<br>Hamburgers, Fries                             | 24  |
| 25  | 26<br>Beef Stir-Fry<br>Rice<br>Egg Rolls           | 27<br>Taco Salad<br>Fry Bread          | 28<br>Chicken Pot-pie<br>Twice Baked Potato<br>Chocolate Cake  |   |   |     |



If you would like a to go lunch OR need a ride call the Tribal office 707-733-5055 before 11:30am, all to go lunches need to be picked up by the individual ordering we can not delivery meals. Thank you!





## **Ha'wa'lou From the Ga'muluk Hagu'n**

Happy New Year, the Ga'muluk Hagu'n plans on being busy in February. During December Ga'muluk Hagu'n conducted several interviews for Public Works Assistant Technician(s). We are proud to introduce Alan Leonard Miller, and Jesse Sherman. We would like to welcome these hard-working men to the Wiyot Tribes Ga'muluk Hagu'n, as they are family. Their work and effort since they were hired has been tremendous. I have no doubt these gentlemen will add to the progress and well-being of our people.

I would like to briefly address the Men's Camp Wood Yard program. First of all, my sincerest apologies for the delay in getting firewood to our elders and residents. We were extremely behind in obtaining firewood logs for processing. However, we are still providing firewood services to our elders and tribal members on and off the reservation. We are now in the process of purchasing logs for processing. Our goal is to be fully stocked and ready to sell firewood in the coming months. I would like to add that if you are an elder or disabled, Men's Camp is providing all Tribal members wood at a discounted rate, Tribal Elders as well as Disabled Tribal Members are eligible to receive one (1) cord of firewood free of charge/delivery once a year (January to December). If you would like firewood please call the office and request it 707-733-5055 ext. 108. Please note that our is still wet and unseasoned.

The Ga'muluk Hagu'n staff has been cleaning elder's chimneys, obtaining quotes, completing work orders, installing chain link fence, delivering firewood to tribal members, as well as their daily duties, mowing elders and disabled residents lawns.

We are in the final paperwork process in initiating the construction of the four new HUD homes. Tribal Council approved the purchase of the brand-new FEMA Emergency Response Recovery Vehicle/Unit as well as the replacement of the furnace in the Community Center. Staff members will be receiving instruction and training for FEMA related programs so we will be ready to help and assist in most kinds of emergencies. Also, just a reminder: If you witness or notice ANY kind of suspicious or criminal activity or behavior, DO NOT hesitate to call 911 and file a report or request law enforcement assistance or support.

Ga'muluk Hagu'n team presently consists of Stewart Atwell, Andy Ashley, Alan Miller and Jesse Sherman. Ga'muluk Hagu'n would like to thank you for the opportunity to serve our wonderful community here on Table Bluff.

**"Our purpose of this Department is to ensure that our Tribal lands and facilities are maintained and kept up to a high standard."**

## Potter Valley Project Relicensing Update

The Wiyot Tribe's Natural Resources Department (WNRD) wrote in the June newsletter that the relicensing process for the Potter Valley Project (PVP) had begun in April. The process is very long and arduous but first steps of the relicensing process involve the development of a Pre-application Document (PAD) by the Licensee (Pacific Gas & Electric [PG&E]) that details proposed study requests to resources that may be impacted by the project. Similarly, a Scoping Document (SD-1) is created by the Federal Energy Regulatory Commission (FERC) to further explain the project's potential impact in regards to biotic and abiotic resources for a specified geographical scope. For this project, the majority of resources potentially being impacted only have a geographical scope down to the confluence of the Middle Fork of the Eel River. The Tribe has voiced opposition to the PVP for reasons that include water quantity/quality issues, impacts to downstream habitats (e.g., depleted pools for green sturgeon), and impediments to upstream fish migration (especially Pacific lamprey and salmonids). Similarly, we feel that the geographical scope of the project's impacts should include all habitats downstream of Scott dam until the mouth of the Eel River. The Tribe's initial comments and suggested study requests in response to PG&E's proposed study requests can be found on FERC's website under the title "Comment of Wiyot Tribe re Potter Valley Hydro Project under P-77." [http://elibrary.ferc.gov/idmws/file\\_list.asp?accession\\_num=20170804-5218](http://elibrary.ferc.gov/idmws/file_list.asp?accession_num=20170804-5218).

The Tribe requested PG&E to conduct studies looking at passage, invasive species, and water quality, specifically water temperature. The Tribe included the following three study requests in response to PG&E's PAD:

### **Effects of the Project on Fish Passage at Cape Horn and Scott Dams and Associated Reservoirs, Van Arsdale and Lake Pillsbury**

The Tribe requested studies assessing passage for Pacific lamprey and salmonids at both Cape Horn and Scott dams, create a long-term fish ladder with lam-

prey specifications at Cape Horn dam, create a fish ladder at Scott dam, and assess habitat upstream of Scott dam.

### **Distribution and Abundance of Sacramento Pikeminnow (*Ptychocheilus grandis*) in the Eel River and Impacts to Anadromous Fish Populations as a Result of the Potter Valley Project**

The Tribe proposed PG&E develop a life cycle model for Sacramento pikeminnow, assess populations, and develop strategies to control populations.

### **Effects of Increased Water Temperatures on Various Life Stages of Green Sturgeon**

The Tribe proposed studies looking at water temperature effects on eggs, juvenile green sturgeon, and bio-energetic demands for adults.

Additionally, the Tribe voiced complete opposition to the project and is requesting the Licensee to address studies that involve the decommissioning of both dams on the Eel Rivers. These comments were collected in September by the Licensee who is obligated to review every comment (over 400 comments were submitted) and provide "Revised Study Plans" for impacted resources.

A Proposed Study Plan was generated by PG&E and aspects of Studies #1 and #2 (above) were included (with some exclusions) but Study #3 was completely eliminated. The following excerpt from the Revised Study Plan is the justification from PG&E for the elimination of this study:



Scott Dam part of Potter Valley Project

# Shawir Darrudaluduk “We Belong to the Wilderness”

Submitted By: Tim Nelson

*“No Project Nexus: Green sturgeon have not been observed in the Study Area in 40 years of intensive monitoring. If present, this species would be expected to have been observed in the annual fish population monitoring PG&E conducts between Scott Dam and the Middle Fork Eel River. Based on this, this species is highly unlikely to occur in the Study Area. Potential water temperature effects of the Potter Valley Project are not anticipated to extend beyond the Middle Fork Eel River. Eel River water temperatures reach equilibrium with meteorological and other environmental conditions (e.g., topographic shading, tributary or groundwater inflows) between Cape Horn Dam and the Middle Fork Eel River.”*

The Tribe disagreed with PG&E’s assumption that Eel River water quality (e.g., temperature) and quantity below the Middle Fork confluence is not influenced by the Project. FERC’s created an additional document titled “Scoping Document (SD) 2” which specified the scope of the Environmental Impact Statement (EIS) for the Project, as headwaters of the Eel and Russian rivers downstream to the Pacific Ocean for proper direct, indirect and cumulative effects analyses. Project flows can have a significant effect on passage conditions in the lower river (downstream of Van Duzen River), especially given the wide and shallow nature of the lower river and recent mid-summer intermittent flows near the City of Fortuna, as there are several riffles in the lower Eel River that control the upstream movement of anadromous species.

Joining other Tribe’s such as the Round Valley Tribe, agencies such as National Oceanic and Atmospheric Administration (NOAA), Cali-

fornia Department of Fish and Wildlife (CDFW), United States Fish and Wildlife (USFWS), and other environmental organizations such as California Trout (CalTrout) and Friends of the Eel River (FOER), the Tribe submitted comments regarding PG&E’s Proposed Study Plan with the hopes that FERC officials will require the Licensee to undertake the aspects of Studies #1 and #2 that were excluded and, especially, Study #3. An excerpt from our comments for justification for the requirement of a green sturgeon study can be found below:

*“Results from the Tribe’s green sturgeon study indicate that a spawning run of green sturgeon still occurs in the Eel River basin annually (Stillwater & WNRD 2017). This conclusion is based on observations of adults in the river in each year of the study, ripe gonads in fish tagged in the spring, presence of post-spawning during summer tagging, actively migrating adults in the spring, and adult green sturgeon over-summering as far as 140 km upriver—all of which are consistent with a spawning run. While the size of the spawning run in Eel River basin and the degree of spawning success remain unknown, the Eel River can be added to the official list of spawning rivers used by green sturgeon, along with the Klamath, Rogue, and Sacramento rivers. This finding is significant and encouraging given the small number of documented spawning rivers and populations for green sturgeon, and given the fact that the species was considered extirpated from the Eel River basin (Moyle 2002, NMFS 2010).”*

The Tribe’s complete comments in response to PG&E’s Proposed Study Plan can be found on FERC’s website under the title

“Wiyot Tribe’s Comments on PG&E’s PSP” [http://elibrary.ferc.gov/idmws/file\\_list.asp?accession\\_num=20171214-5035](http://elibrary.ferc.gov/idmws/file_list.asp?accession_num=20171214-5035).

The Tribe has been actively engaged on all fronts including being a member of the Eel River Forum, engaging with the other Eel River Tribes, attending all relicensing meetings as well as meetings involving all the major stakeholders on the Eel and Russian rivers hosted by Congressman Jared Huffman. The meetings seek to attain solutions by all stakeholders no matter if the desired solution is fish, water, energy, and/or habitat restoration focused. The Tribe will continue to work to prevent the relicensing of Scott Dam and is seeking the overall removal of both Scott and Cape Horn dams to allow upstream spawning access in order to safeguard the fish species that the Tribe has always relied upon.

We will continue to keep you posted throughout this process but if you have any questions, comments, suggestions, etc., the WNRD would love to hear from you. Please email Tim Nelson at [tim@wiyot.us](mailto:tim@wiyot.us) or call the Tribal office at 707-733-5055.



# Gock Wuck "Knowledge"

Submitted BY: Fawn Lopez

ST. JOSEPH HOSPITAL • REDWOOD MEMORIAL HOSPITAL



Please join us for  
the St. Joseph Health - Humboldt County

## Health, Wellness & Resource Fair 2018

**Saturday, February 3, 2018**  
**10:00 am to 3:00 pm**  
**Bayshore Mall, Eureka**

Walk through  
the giant inflatable  
colon & heart!

### Free Testing Includes\*:

- Body Fat Testing • Blood Pressure • Lung Capacity Screening
- Fingerstick (cholesterol and glucose - no fasting required)

We will be distributing coupons for low-cost blood draws from 10:00 am until they run out.

Coupon blood draws will be scheduled at the Outpatient Lab on the General Hospital campus.

There will also be a wide variety of health and safety information from hospital departments as well as community organizations, agencies, and businesses, including CalFresh.

For more information, visit our website at [www.stjoehumboldt.org](http://www.stjoehumboldt.org), or call 442-5239.



\*Scheduled testing and services. All testing and services listed may not be available.

St. Joseph Health   
Redwood Memorial • St. Joseph



## Where We'll Be The Neuter Scooter



The Neuter Scooter  
Mobile Cat Spay  
& Neuter Clinic  
[www.neuterscooter.com](http://www.neuterscooter.com)



The Neuter Scooter will be holding a dog & cat clinic on Sunday February 11, 2018 at Bear River for more information check them out on their website [www.neuterscooter.com](http://www.neuterscooter.com)



The S.F. Skins Host The Round Dance  
Where we celebrate healing and resiliency from the violence and trauma in our communities.

Date: Saturday, February 24th, 2018  
Location: 1 North State Drive, SF, CA 94132  
(Annex 1, San Francisco State University, CA)  
Time: 5:30pm to 7pm Feed, 7pm-12am is Round Dance



United Indian Health Services Native Tobacco Project teamed up with the California Tobacco Control and Emory Rollins School of Public Health to provide brief over the phone counseling, consisting of three calls, as well as educational materials, to help families with smokers create a smoke-free home rule. This program is different from smoking cessation or quit smoking classes, in that its main focus is creating a smoke-free home, rather than focusing on quitting, although we are happy to help you with that, as well.

Secondhand smoke can have significant negative health effects on children, non-smokers, pets, and the home environment. **Creating a Smoke-Free Home Rule**—not allowing anyone to smoke in the home at any time or anywhere—reduces the dangers of secondhand smoke for everyone living in and visiting the home.

Thirdhand smoke is a relatively new term for a problem that has been silently affecting people worldwide for more than a century. This term refers to the residual contamination from tobacco smoke that lingers in houses and cars long after a person is done smoking. It sticks to clothes, curtains, carpets, walls, and all exposed surfaces. The offensive smell that smoking leaves behind isn't harmless, it is an indicator that tobacco toxins are present in the area. Tobacco smoke is composed of many carcinogens and heavy metals, like arsenic, lead, and cyanide. Sticky, highly toxic particulates, like nicotine, can cling to walls and ceilings. Gasses can be absorbed into carpets, draperies, and other upholsteries. A 2002 study found that these toxic brews can then remit back into the air and recombine to form harmful compounds that remain at high levels long after smoking has stopped occurring.

In an effort to reduce second and thirdhand smoke exposure in the home, the ***Smoke-Free Homes: Some Things are Better Outside*** program was developed and tested through funding from the National Cancer Institute's State and Community Tobacco Control Research Initiative and the Centers for Disease Control and Prevention. The Emory Prevention Research Center collaborated with university, United Way 2-1-1, and tobacco control partners to develop and test the program, which aims to help families create smoke-free home rules.

If you smoke inside, or someone you live with smokes inside your home, you could be eligible to participate in this program and receive \$30 in gift cards. Gift cards for Safeway, Dutch Bros., iTunes, Subway or Pem-Mey are provided as an incentive to eligible participants who sign up for the program. Please contact Elizabeth Jackson or Stone Wallace, at (707) 825-5070, for more information.



## FEBRUARY 2018

| Sun                                       | Mon  | Tue                                       | Wed  | Thu | Fri  | Sat  |
|---|--|---|--|-----|--|--|
|   |  |   |  | 1   | 2<br>Elders Craft<br>1pm TBR<br>Recycling  | 3 St. Joseph Health<br>Fair 10am Bayshore<br>Mall Eureka                                       |
| 4<br><br>TBR Fellowship<br>9:30-11:30 am  | 5<br>The Schulz Museum Little Ones<br>toddler time 10am-12pm<br>Santa Rosa                 | 6<br>Elder Nutrition<br>Presentation 12pm | 7<br>Elder's Lunch /<br>Bingo 12-1pm   | 8   | 9<br>2ND Annual<br>Basketball Tournament Bear River<br><br>Elders Craft<br>1pm TBR | 10<br>A River's Last<br>Chance: Documentary Film Eel River<br>Lost Coast Brewery<br>5pm-Eureka |
| 11<br><br>TBR Fellowship<br>9:30-11:30 am | 12<br>The Schulz Museum Little Ones<br>toddler time 10am-12pm<br>Santa Rosa                | 13  | 14<br>Valentina's Day<br>Fundraiser P/U<br>11am-3pm<br>Elder's Lunch /<br>Bingo 12-1pm | 15  | 16<br>Elders Craft<br>1pm TBR<br><br>Recycling                                     | 17<br>1st Annual Tish<br>Non Spring Craft<br>Fair Bear River<br>10am-3pm                       |
| 18<br><br>TBR Fellowship<br>9:30-11:30 am | 19<br>The Schulz Museum Little Ones<br>toddler time 10am-12pm<br>Santa Rosa                | 20  | 21<br>Elder's Lunch /<br>Bingo 12-1pm  | 22  | 23<br>Elders Craft<br>1pm TBR  | 24<br>Round Dance<br>San Francisco 7pm-12am<br>Feed 5:30pm-7pm                                 |
| 25<br><br>TBR Fellowship<br>9:30-11:30 am | 26<br>The Schulz Museum Little Ones<br>toddler time 10am-12pm<br>Santa Rosa<br><br>BCM 4PM | 27  | 28<br>Elder's Lunch /<br>Bingo 12-1pm  |     |  |  |



# Gock Wuck "Knowledge"

Submitted By: Fawn Lopez

**2<sup>ND</sup> ANNUAL BEAR RIVER  
BASKETBALL CLASSIC  
TOURNAMENT**

 **BEAR RIVER**  
CASINO RESORT

**FEBRUARY 9-11, 2018**  
BEAR RIVER RECREATION CENTER

**ALL NATIVE MEN'S PLUS 1: 16 TEAMS MAX**

**MEN'S PRIZES**  
1<sup>st</sup> Place: \$2,000 Cash + Jackets  
2<sup>nd</sup> Place: \$1,000 Cash + Sweatshirts  
3<sup>rd</sup> Place: \$500 Cash + T-Shirts

IN PARTNERSHIP WITH  
UNITE THE NATIONS  
  
SBA

**TOURNAMENT AWARDS**  
1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup>  
10 Awards Total  
9 All Stars • 1 MVP

**SIGN UP BY FEBRUARY 3, 2018 | \$350 ENTRY PER TEAM**

HOST HOTEL: Bear River Casino Resort | Book early and use code "Bear River Classic" for room discounts.

Contact: John McGinnis at 707-407-6616 or email at [johnmcginnis@bearrivercasino.com](mailto:johnmcginnis@bearrivercasino.com)  
BEAR RIVER RECREATION CENTER | 265 KEISNER RD. | LOLETA, CA



|                    |                  |
|--------------------|------------------|
| February Birthdays | Sarah Black      |
| Vernon Crummet     | Randy Nicholson  |
| Denise Steen       | Serena Nicholson |
| Linda Johnson      | Arlene Fry       |
| Summer Cook        | Brent Robblee    |
| Lucius Angell      | Tyler Duncun     |
| David Tompkins     | April Veazie     |
| Mathilde Carter    | Richard Madison  |
| Franklin Evenson   | Jonathan Miller  |
| Michael Benitez    | Dylan Brown      |
| Michael Atwell     | Jerome Bartow    |
| Sonja Anderson     | Zyrus Zacha      |
| Johnny Woodhurst   | Denise Krawl     |
| Carol Goodson      | Kreig Keisner    |
| Julianna Atwell    | Craig Keisner    |
| Dennis Black       | Addison Shelledy |

## Gock Wuck “Knowledge”

Submitted By: Fawn Lopez

SNACK

JOM Fundraiser  
TIME!

Come support Tsek Houdagh and buy some goodies. We have pop-corn and granola bars, fruit snacks just to name a few. They also have Jewelry for sale and Tsek Houdagh T-shirts Its open 8-4 Monday-Friday over at the main office.



### Did you move without changing your address?

*Did you move and forget to change your address? You can fax 707-733-5601 or email [addresschange@wiyot.us](mailto:addresschange@wiyot.us) This will help in getting your mail to you in a timely manner, if your address isn't up to date then this will slow your RSTF, newsletter and other important mail in getting to you. You can call the Tribal Office to check your address.*



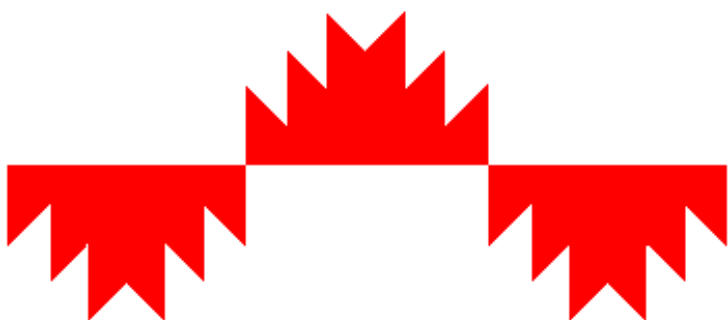
### Please check in at the front desk!

A friendly reminder to all customers that come to the Tribal Office, please check in at the front desk when visiting, there are times when we have other clients or are taking a business calls, by checking in this can eliminate uncomfortable situations from accruing, Thank You!



## Welcome the New Health & Wellness Director

My name is Trish Carlson and I am very happy to be here working for the Wiyot people at the Wiyot Tribe as the Health and Human Services Director. In the past I had come to know some of your tribes' elders, youth, & community members through my work at UIHS in the Community Health & Wellness Department, I am excited to meet more of you through working for your tribe in this new capacity. I have lived most of my life in Wiyot territory as I was born in Arcata and raised in Blue Lake, where I continue to live today. I had previously worked at UIHS for over 15 years in the Community Services Division in the Health Promotion & Education field before I departed to take a position at the Yurok Tribe in Klamath as the Community Liaison for the Social Services Department. I have studied social work and behavioral sciences both at HSU and CR. I am very active in many cultural activities and practices including, fishing, gathering and processing traditional foods and plants, basket making, language, helping at ceremonies, cultural mentoring and revitalization, dress/regalia construction, etc. I am of Yurok, Karuk, and Irish descent. I believe in a holistic well-rounded approach to working with and for our Native communities in the capacity of healing. I feel it is pertinent to address the individual in the realms of their Physical, Mental, Spiritual, & Emotional well-being as a means to achieve health & wellness and to bring balance to the community as a whole. I believe in addressing inter-generational trauma through past historical traumas, and its' effect on our communities is also an essential element to healing and addressing the current needs of our community. I have many



## Wiyot Tribal Council

Ted Hernandez .....Tribal Chairman (2016-2020)  
Brain Mead.....Vice Chairman (2014-2018)  
Leona Wilkinson .....Secretary (2017-2021)  
Linda Lange.....Treasurer (2015-2019)  
Kirsten Boyce.....Council Member ( 2017-2021)  
Hazel James.....Council Member (2015-2019)  
Madison Flynn.....Council Member (2016-2020)



## Da Rou Gawok “Everyone working Together”

Michelle Vassel.....Tribal Administrator  
Fawn Lopez.....Executive Assistant to TA / Council Clerk  
Sarah Lopez .....Enrollment Clerk / Receptionist  
Lisa Stephenson.....Receptionist

## Gou’will da lalouluwuk “Taking care of People”

Trish Carlson.....Health & Human Service Director  
Tammie Bettis.....Title 6 Program Coordinator  
Margrett Moon.....Title 6 Program Assistant  
Dr. Rita Wafler.....Licensed MFT

1000 Wiyot Drive  
Loleta, California 95551

## Tsek Houdagh “Where the Children are”

Donna Wilson...Youth Program Manager  
Kathy Spott.....Youth Program Assistant

Phone:  
707.733.5055/800.388.7633  
Fax: 707.733.5601

## Hiwechk “Money”

Ashley Peterson.....Accounting Manager  
Dylan Dickson.....Accounting Tech

## Lhatsik Houmoulul’i “House of Tradition”

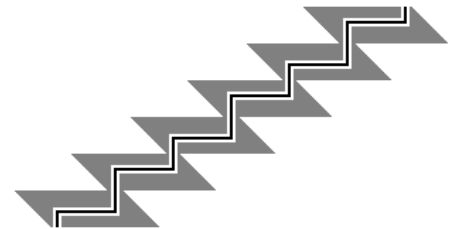
Ted Hernandez.....Cultural Director  
Hazel James.....Cultural Assistant  
James Pagua.....Gardner

## Shawir Darrudaluduk “We belong to the Wilderness”

Tim Nelson.....Natural Resources Director  
Eddie Koch.....Natural Resources Specialist  
Adam Canter.....Natural Resources Technician  
George Buckley.....Water Operator

## Ga’muluk Hagu’n “Building & Cleaning”

Stewart Atwell.....Public Works Director  
Jesse Sherman.....Public Works Assistant  
Lenard Miller.....Public Works Assistant  
Andy Ashley.....Public Works Assistant



# Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: (     ) \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

Children who will be effected (legal name and Date of Birth:

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Wiyot Tribe  
1000 Wiyot Dr  
Loleta, CA 95551

