

# *The Da'luk*



## **Natural Resource Department Awarded St. Joseph Food Security Enhancement/Eco-Cultural Grant**

The Wiyot Natural Resource Department (WNRD) was excited to get notice this month that it was awarded a 10K grant to improve food security at the Table Bluff Reservation (TBR). This grant will contribute and build upon previous food security and eco-cultural restoration projects funded by the St. Joseph Care for the Poor Community Grant Program, of which the Tribe is immensely grateful. This project will also help to leverage funding the WNRD has acquired through the Natural Resource Conservation Service (NRCS) for installing a hoop house in our community garden space, which will allow for increased year-round food production at TBR.

Other components of the grant include providing education to Tribal garden staff and assistance for the maintenance of perennial cultural food plants and Indian potato beds installed as part of last year's St. Joe's project. Some funds will be used to delineate and define cultural garden plantings, such as the newer plantings around the Wiyot Day site, where we hope to install a split-rail fence. If funding allows, we also hope to install additional rain catchment tanks at TBR to assist with dry season watering.

It is exciting and inspiring to be moving TBR toward becoming a more food-secure community, especially given our sovereign right and foundation support to work toward also bringing back Wiyot cultural food plants to our lands. It is through connecting our future generations to healthy food, produced by a healthy environment that our culture is also preserved. Wishing everyone a fruitful 2019!



Community Garden, with newly seeded cover-crop and installed windbreak of wax myrtle and evergreen huckleberry. December 2018



# **Lhatsik Houmoulu'I "House of Tradition"**

Submitted By: Hazel James

## **Updates at Lhatsik Houmoulu'I**

The Cultural Department was contacted by Ferndale Elementary school they will be having a Cultural day in March the Cultural Department was asked to do a brush dance demo once we get an exact date and know more details the cultural department will team up with Tsek Houdaqh and get notices sent out, there will be transportation and food provided. We will know more at the end of January. If you have any questions feel free to call the tribal office and ask for Hazel 707-733-5055. We will also be doing a Cultural presentation at Freshwater school on January 17th, and at Zoë Barnum School on January 25<sup>th</sup>.

We would like to remind everyone that we need a list of our youth that are graduating high school and graduating from the 8<sup>th</sup> grade so we can get started on sashes for the high schoolers and necklaces for our 8<sup>th</sup> graders, the deadline to get your orders in will be in the beginning of march so that we can get sashes and necklaces made in a timely matter.

## **How Spider Got His Thread**

In the beginning of time and the world, Spider was already there but did not know how to get his food. He went to see Creator, whose name means Above-Old-Man, and he asked him what to do. "Sit here and work with me for a while," said Above-Old-Man, and he gave Spider a string to make. Spider put the string in his mouth and swallowed and swallowed and swallowed. He kept swallowing. Above-Old-Man was watching. "All right he can keep it if he wants it that much," he thought. All this had happened in the sky. "How shall I get down from here?" said Spider to himself. "There is no way to get down" So he drew some of the string out of his mouth, tied it to the cloud and let himself down. At last he came to the earth. Here he used Above-Old-Man's gift of string to make his web to catch his food. And that is how Spider got his thread.



# ~Energy Assistance~

Liheap funds are available and will open up January 1, 2019, on a first come first serve basis. If you are a tribal member and need energy assistance, please call Tribal Office for more information or to make an appointment.

**707-733-5055, ask for Tammie**

- ♦January 1st-15th-Elders 55+
- ♦January 15th-February 1st People with children in home.
- ♦February 1st-September, all other qualifying Tribal Members.

### You will need

- Most recent utility bill or propane invoice.
- Income verification for all adult household members or Social Security award letter.



Tax time is just around the corner, if you need assistance, or for more information please call Tribal office @ **707-733-5055** ask for Tammie

# News from Title VI Respite/Chore Service

Are you an elder or a caregiver and in need of some help around the house? The Title VI Program now has a Respite Services dedicated to helping relieve some of that burden. For more information or to sign up for services & to schedule an appointment please call Vanessa or Tammie at 707-733-5055. (Must live within a 25 mile Radius).



*Just a reminder UIHS will be here second Wednesday of every month, doing Blood Pressure and Glucose checks during lunch.*



If you are a caregiver and would be interested in getting First aid and CPR certified please call Tribal office for more information at 707-733-5055.

# **Gou'wil Da Lalouluwuk 'Taking Care of People'**

Submitted By: Tammie Bettis

## **JANUARY ELDERS LUNCH 2019**

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
			Tribal Office Closed New Year's Holiday	Chicken Fettuccini Alfredo Salad Garlic Bread	Chicken& Dumplings Salad	Sandwiches Chips Fruit
<b>06</b>	<b>07</b>	<b>08</b>		<b>09</b>	<b>10</b>	<b>11</b>
			Cheese Burgers Salad Chips	French Toast Eggs + Bacon	Pork + Veggie Stir-fry w/Rice	Ham + Beans Cornbread Salad
<b>13</b>	<b>14</b>	<b>15</b>		<b>16</b>	<b>17</b>	<b>18</b>
			Pot Roast Veggies Salad	Corn Beef Hash Eggs Toast	Spaghetti Salad Garlic Bread	Split Pea Soup Salad
<b>20</b>	<b>21</b>	<b>22</b>		<b>23</b>	<b>24</b>	<b>25</b>
			Tribal Office Closed Martin Luther King Holiday	Pancakes Sausage Fruit	Salisbury Steak Mash Potatoes Salad	Chili Cornbread Salad
<b>27</b>	<b>28</b>	<b>29</b>		<b>30</b>	<b>31</b>	
			Scalloped Potatoes W/Ham Salad	Biscuits & Gravy Fruit	Chicken + Veggie Stir-fry W/Rice	Bacon Potato Soup Salad

If you would like a to go lunch PLEASE call before 11:30 am, also if you have more than 2 to go orders and don't call you may have to wait until Elders are served first, it's very important to call so they know how much to cook or if you would like a ride PLEASE call no later than 11am and live within a 25 mile radius . For more information call Karli or Tammie at the Tribal Office 707-733-5055 or 800.388.7633.



# Shawir Darrudaluduk “We Belong to the Wilderness”

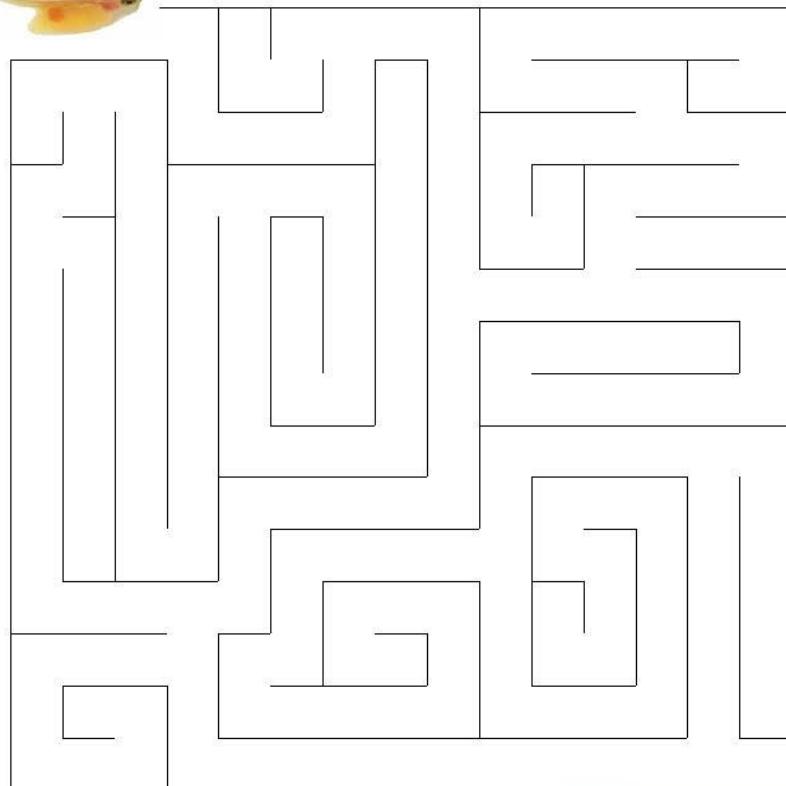
Submitted By: Eddie Koch

## Wiyot Youth Enviro Corner:

Kids, tune in here each month for, games, puzzles, fun facts, and activities designed to promote stewardship of the world around us.

**Can you help the alevin hide in the gravel?**

*Source: Salmonids in the Classroom*



Whew, that was close! Thanks!



## **Nominations for Tribal Council**

The following position is up for election in April of 2019, Treasurer and council member at large. Nominations for vacant Tribal Council position will be accepted at the Tribal office beginning January 1 and nominations end on January 15<sup>th</sup>, 2019. All nominations must be postmarked by or received in the Tribal office by close of business on January 15 in order to be valid. Nominations must be submitted in writing by one eligible voter and signed by the eligible tribal member nominee in accordance with Article IV of the Constitution. The nomination document must specify the following information: Submittal date of the nomination, name of the nominee, position to which the nominee wishes to be elected, name and signature of the person making the nomination, signature of the person being nominated, background (relations, number of meetings attended, committees or boards). Nomination forms are available at the Tribal office. Official notifications of qualified nominees will be listed in the February Tribal Newsletter. Between the months of February and April, but before the elections meeting all nominees will submit at least one article to the Tribal Newsletter or participate in at least one Town Hall meeting to discuss issues they and their constituents find important to the Tribe.

***NOMINATIONS!***



# Tsek Houdaqh 'where the children are'

Submitted By: Donna Wilson



## LOLETA UNION SCHOOL DISTRICT



December 12, 2018

To: Wiyot Tribal Counsel

We are proud to announce the following Wiyot Tribal Students had perfect attendance for November 2018.

There was a total of 63 students that had Perfect Attendance for the month of October at Loleta Elementary, 10 of those students are from the Wiyot Tribe at Table Bluff.

TK-K

Lopez, Dalila

Mead, Michael (listed with Bear River)

2<sup>nd</sup> Grade

Stephenson, Roman

3<sup>rd</sup> Grade

Stephenson, Maya

4<sup>th</sup> Grade

DiMarzo, Ella

Mead, William (listed with Bear River)

7<sup>th</sup> Grade

Lopez, Son

Sylvester, Robert

8<sup>th</sup> Grade

James, Henry

Winkler, Hayden

Congratulations!

Autumn Chapman, Superintendent/Principal



Toddler Time



## Tsek Houdaqh

## "Where the Children Are"

	Monday	Tuesday	Wednesday	Thursday	Friday
11:30					
	Toddler Time	Toddler Time	Toddler Time	Toddler Time	Toddler time
1:45	Lunch	Lunch	Lunch	Lunch	Lunch
2:15					
3:00	School in session	School in session	Cultural	School in session	School in session
3:50					
4:00	Snack	Snack	Snack	Snack	Snack
4:00	Homework Time	Homework Time	Homework Time	Homework Time	Homework Time
4:30					
5:00	Project day	Cultural	Triple Play	Video making	Kids in the kitchen
5:45					
6:00	Closing	Closing	Closing	Closing	Closing

\*Project day- Art or science projects, that we can get creative with weekly projects

\*Triple Play- Encourage teamwork and active healthy lifestyles

\*Video making- Learn how to develop skills with video media

\*Kids in the Kitchen- Learn to develop healthy habits and how to make delicious snacks

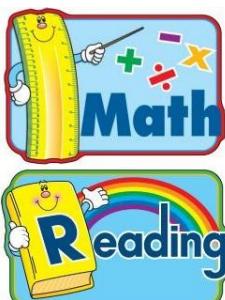
\*Cultural- Learning about culture, diversity and unity

\*Toddler Time- Learning ABC's, numbers, colors, reading, social time, arts and crafts



shutterstock.com - 577685947

For more information regarding Tsek Houdaqh activities please contact Youth Program Manager Donna 707-733-5055



# **Gock Wuck “Knowledge”**

Submitted By: Donna Wilson

## **Hinarr Hijuarrawiw kudouwuk Troy** ( we are happy you came)

Troy comes with over 25 years experience in management recently working with the Yurok Tribe and before that with Ute Mountain Ute Tribe. Troy brings with him a strong background in Economic & Budget Development, Grant writing along with the ability to administer multiple programs/ projects.

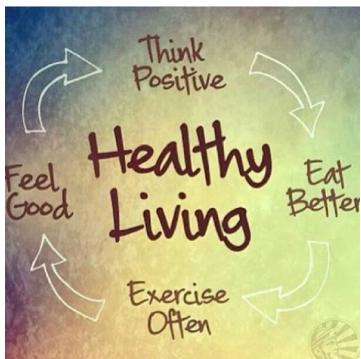


We are excited to see what Troy will bring to the Tribe, stop by and introduce yourself!



## **Wiyot Walkers**

Let's start the New Year out right and walk every Monday before lunch starting January 7<sup>th</sup> at 11:30!!! I will keep track of the walker and after 12 Mondays which is 3 months, I will reward you with a Wiyot walkers T-shirt!!!! For more information contact Donna at the Tribal Office 707-733-5055.





## JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Tribal Office Closed News Year Holiday	2 Nominations open for Tribal Council Elders Lunch / Bingo 12-1pm	3	4	5
6 TBR Fellowship 9am-12pm	7	8	9 Elders Lunch / Bingo 12-1pm	10	11	12
13 TBR Fellowship 9am-12pm	14 BCM 4pm	15 Nominations Due for Tribal Council	16 Elders Lunch / Bingo 12-1pm	17	18	19
20 TBR Fellowship 9am-12pm	21 Tribal Office Closed MLK Holiday	22	23 Elders Lunch / Bingo 12-1pm	24	25	26
27 TBR Fellowship 9am-12pm	28 BCM 4pm	29	30 Elders Lunch / Bingo 12-1pm	31		

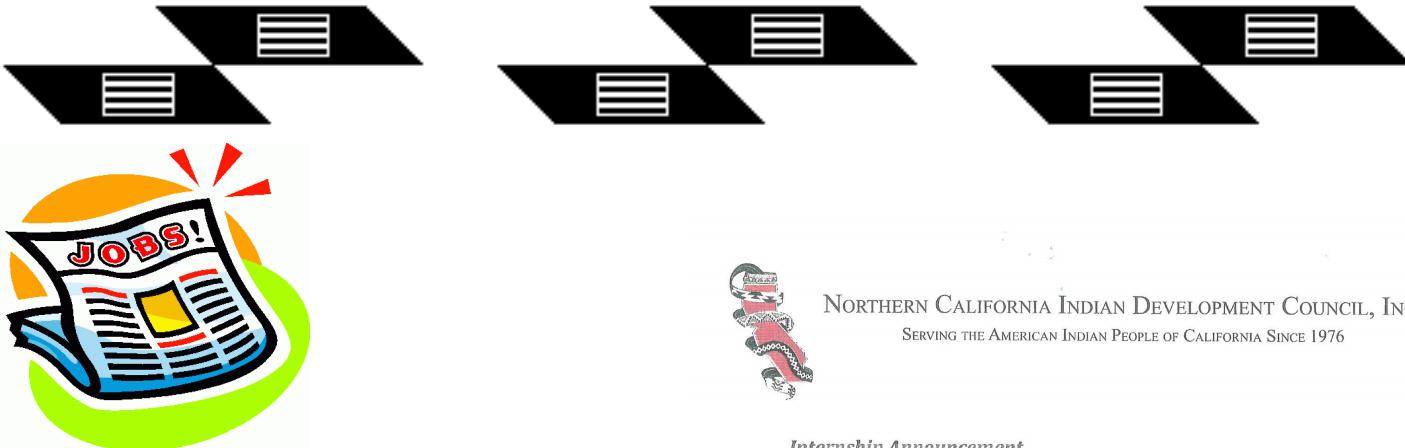
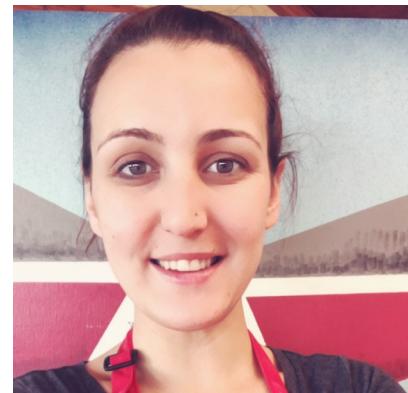


# Gock Wuck “Knowledge”

Submitted By: Fawn Lopez

## Welcome the new Title 6 program Assistant

We welcome Karli Anagnost who is a Wiyot Tribal member she started in November as the Title 6 Assistant for the Elders program. Karli is currently going to College of the Redwoods and working on getting her certificate to become an Alcohol and Drug Counselor. Karli has been doing a terrific job so far and has fit right in.



### HCOE Job Posting Form

Submission Date	12-04-2018
District Name	Loleta
Position Title	Instructional Classroom Aide (2 positions)
Position Type	Classified
Term	Probationary
Days/Hours for Part-Time Positions	8:45 am-12:45 or 9:15-1:15 pm 4 hrs per day (2 positions)
Qualifications	High school graduate or GED, AA degree or ability to pass the Paraprofessional exam (available at HCOE and available to preview there), work well with children/others, friendly, dependable, flexible.
Salary Range	\$11.44-\$12.53 DOE
Closing Date	12-21-2018
Application Requirements	HCOE Application Form Cover Letter
Special Instructions	Submit applications to the district, not HCOE

Now create your own JotForm - It's free!

**NORTHERN CALIFORNIA INDIAN DEVELOPMENT COUNCIL, INC.**  
SERVING THE AMERICAN INDIAN PEOPLE OF CALIFORNIA SINCE 1976



### *Internship Announcement*

#### Project – Nonprofit Social Impact Report

**Purpose:** Under the supervision of NCIDC staff, the intern will collect raw data on the impacts of NCIDC's programs on communities. This data will include program and financial data generated by NCIDC operations as well as an intern designed client outcome survey. They will then analyze and summarize this data in a five to seven-page social impact report for the NCIDC Governing Council.

**Terms:** The internship will be approximately 6-9 months, depending on how long it takes to complete the project. Working remotely is acceptable after an initial introduction to the organization at the Eureka office. A stipend will be provided.

**Qualifications:** Must be a currently enrolled Native American student at Humboldt State University pursuing either a Master's or Undergraduate degree in Sociology, Social Work, Statistics, or other relevant field. If pursuing an Undergraduate degree, the intern must be at least a Junior.

**Knowledge of:**  
Effects of Social Assistance and Community Development Programs  
Creation and implementation of surveys  
Data Collection and Analysis

Please submit a **Cover Letter and Resume** to Misty Case at [misty@ncidc.org](mailto:misty@ncidc.org). If you have any questions feel free to call NCIDC's Eureka office at (707)445-8451 or email Misty at [misty@ncidc.org](mailto:misty@ncidc.org).

This position will remain open until a qualified candidate is found.

## **Ha'wa'lou Gouts vouyughurruk (Hello good afternoon)**



First and for most I would also like to extend my deepest condolences to the families of our Tribal members that we lost in 2018. Also, I would like to welcome all of our new tribal members that were enrolled in 2018.

I am happy to say that the Wiyot Tribe is looking forward to a new beginning in 2019. Though 2018 was a good year we were able to accomplish a lot of important issues for the Tribe. We were able to bring the Island back from the city of Eureka, there are now four new families on the reservation in their new homes. 2019 we will start our focus on the new Cultural, this building will house our baskets and other collections and will be more spacious not only will this be the new home for our cultural department but also for Tsek Houdaqh. All of our departments are on task with their grants, projects, and reports. I also want to say thank you to our previous Tribal Administrator Michelle Vassel for everything she did for our people during her time here with us. I also want to welcome our new Tribal Administrator Troy Ralstin to this position. I know that Troy will help us with the next chapter of the Wiyot people. So, come out to visit and just say Hi and let's make 2019 an awesome year.

Hou'  
Ted Hernandez  
Tribal Chairman



# **Gock Wuck “Knowledge”**

Submitted By: Fawn Lopez



AJ Anderson	Darrol Evenson
Shane James	Tammie Bettis
Katie Greenburg	Patty Wheeler
McKenzie Crawford	Jennifer Atkins
Gwendolyn Espinoza	Elaine Tompkins
Shayla Crawford	James Norman
Mikenzie Roper	Timothy Deyarmie
Asher Wilkinson	Jimmy Woodhurst
Anthony Pedro	Darrell Evenson Jr.
Thomas Payton	Alexandra Wyland
Elodia Boyce	Jan Braaten
Jeremy Roberts	Timothy Burrus
Gail Green	Karen Rodriguez
Vincent Woodhurst	Charlene Cody
Deanne Meyers	Flemette Reyes
Henry James	Jackie Zacha
Harmon Tompkins	Breena Steen
Grady Atkins	Makai Fuentes
Marie Seidner	Wyatt Wall
Kimberly Rossig	Kota James
Kirsten Boyce	
Sharon Cooper	
Thomas Wilkinson	
Jeneene Roberts	

Here are the items we are currently selling. Come on over and get a snack. Snacks are sold Mon-Friday 8am-4pm

Breakfast Pastries.....	\$1.00 Each
Popcorn.....	\$1.00 Each
Teriyaki Sticks.....	\$1.00 Each
Fruity Snacks.....	\$.075 Each
Beef Noodles.....	\$1.00 Each
Cup Noodles (Chicken).....	\$1.00 Each
David Sunflower Seeds.....	\$1.00 Each
Seaweed.....	\$1.00 Each
Candy Bars.....	\$1.00 Each
Hawaiian Chips.....	\$1.00 Each
Pirates Booty Popcorn.....	\$1.00 Each
Trident Gum.....	\$1.00 Each
Instant Oatmeal.....	\$1.00 Each
Laffy Taffy.....	2 for \$1.00
Granola Bars Variety.....	\$1.00 Each
Biscotti Sticks.....	\$1.00 Each
Trail Mix.....	\$1.00 Each
Varity Nuts.....	\$1.00 Each
Corn Nuts.....	\$1.00 Each
Nutella.....	\$2.00 Each
Jerky Slabs (Bag).....	\$2.00 Each
Farro & Red Quinoa Bowls.....	\$2.00 Each
Mac & Cheese Bowls.....	\$2.00 Each
Gatorade Drinks.....	\$2.00 Each
Rock Star.....	\$3.00 Each
Chicken Bakes .....	\$ 3.00 Each (Freezer)

## **Did you move without changing your address?**

*Did you move and forget to change your address? You can fax 707-733-5601 or email [addresschange@wiyot.us](mailto:addresschange@wiyot.us) This will help in getting your mail to you in a timely manner, if your address isn't up to date then this will slow your RSTF, newsletter and other important Tribal mail in getting to you. You can call the Tribal Office to check your address.*



### Wiyot Tribal Council

Ted Hernandez .....Tribal Chairman (2016-2020)  
Brian Mead.....Vice Chairman (2017-2021)  
Leona Wilkinson .....Secretary (2017-2021)  
Linda Lange.....Treasurer (2015-2019)  
Kirsten Boyce.....Council Member ( 2017-2021)  
Hazel James.....Council Member (2015-2019)  
Madison Flynn.....Council Member (2016-2020)



### Da Rou Gawok "Everyone working Together"

Troy Ralstin.....Tribal Administrator  
Fawn Lopez.....Executive Assistant to TA / Council Clerk  
Sarah Lopez .....Enrollment Clerk / Receptionist  
Lisa Stephenson.....Receptionist

### Gou'will da lalouluwuk "Taking care of People"

Vacant.....Health & Human Service Director  
Karli Anagnost.....Health & Human Service Assistant  
Tammie Bettis.....Title 6 Program Coordinator  
Vacant.....Title 6 Program Assistant  
Isabella Wotherspoon.....Social Worker  
Dr. Rita Wafler.....Licensed MFT

### Hiwechk "Money"

Ashley Peterson.....Accounting Manager  
Dillon Dickson.....Accounting Tech

### Lhatsik Houmoulu'l "House of Tradition"

Ted Hernandez.....Cultural Director  
Hazel James.....Cultural Assistant  
Dr. Lynnika Butler .....Linguist  
James Paguia.....Gardener

### Tsek Houdagh "Where the Children are"

Donna Wilson...Youth Program Manager  
Kathy Spott.....Youth Program Assistant

### Shawir Darrudaluduk "We belong to the Wilderness"

Tim Nelson.....Natural Resources Director  
Eddie Koch.....Natural Resources Specialist  
Adam Canter.....Natural Resources Technician  
George Buckley.....Water Operator  
Stewart Atwell.....Water Operator Assistant

### Ga'muluk Hagu'n "Building & Cleaning"

Jesse Sherman.....Public Works Director  
Vacant.....Public Works Assistant  
Andy Ashley.....Public Works Assistant

1000 Wiyot Drive  
Loleta, California 95551

Phone:  
707.733.5055/800.388.7633  
Fax: 707.733.5601

# Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: (      ) \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

Children who will be effected (legal name and Date of Birth):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Wiyot Tribe  
1000 Wiyot Dr  
Loleta, CA 95551

