

The Da'luk



Congratulations to Incumbent Tribal Officials Linda Lange & Hazel James!



Linda Lange

Our Tribal Annual Elections were held on April 6th, 2019 running unopposed for Treasurer Linda Lange and Council Member at Large Hazel James were elected into their positions for another 4 years . Both Linda and Hazel will be sworn in on the May 13th Tribal Council meeting. Congratulations to both ladies and the best of luck!



Hazel James



Tsek Houdaqh 'where the children are'

Submitted By: Donna Wilson

Wiyot Walkers



Every Monday before lunch at 11:30!!! I will keep track of the walker and after 12 Mondays which is 3 months, I will reward you with a Wiyot walkers T-shirt!!!! If Monday doesn't work for you just call me to set something up! Thank you

For more information contact Donna at the Tribal Office 707-733-5055.



Dell'Arte International School of Physical Theatre Returns to Table Bluff from May 20th - May 30th, 2019!!!

Dell'Arte International is honored to be returning back to the Table Bluff community for yet another artistic engagement and cultural exchange residency. Members of the PTP/MFA 1 first year program will be setting up camp at Table Bluff from May 20th through May 30th, 2019. This year's ensemble consists of 13 student actor-creators from Zimbabwe, New Zealand, Italy, Canada, and the United States who have been studying and training in Blue Lake, CA for the past year. They look forward to traveling to Table Bluff, engaging with, partnering and serving the local Wiyot Tribe through movement, art, and play. Through this collaboration, the Dell'Arte students will offer workshops and artistic engagement possibilities for both elders and children in mask making, puppetry, dance, creative movement, and more (If you have an idea, or interest let

us know and we will make it happen!). The residency will culminate with the creation of a final theatrical event performed the evening of May 29th. Inspired by their time, natural environment, cultural and interpersonal exchange, the final theatrical event will be a coming together and celebration of the Table Bluff community and is open to any and all community members who would like to participate in the performance. All community members and their friends and family are invited! This exciting two week collaboration will begin with a kickoff bonfire on May 20th at 6:00 p.m. at the student's campsite. Please join us and allow us to get to know your wonderful community!

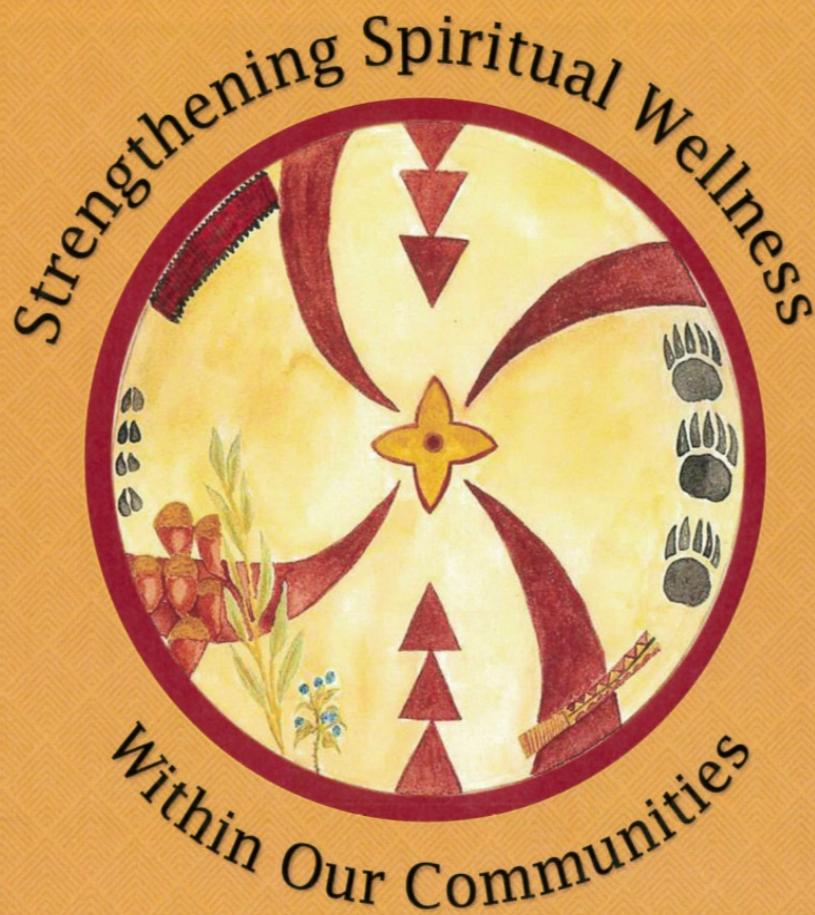


Gock Wuck “Knowledge”

Submitted By: Tammie Bettis

39th Annual Traditional Indian Health Gathering

May 17 - 19, 2019



Artwork by Jason Hil

Ya-Ka-Ama Indian Education & Development Center
7465 Steve Olson Lane, Forestville, CA 95436

Sponsored by: The California Rural Indian Health Board, Inc. & Traditional Indian Health Advisory Committee
For more information: (916) 929-9761 or rph@crihb.org

Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Tammie Bettis

Respite/Chore Service

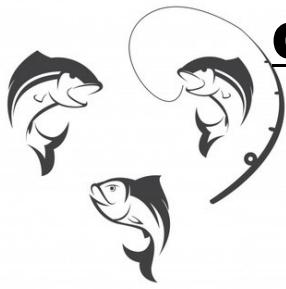
Are you an elder or a caregiver and in need of some help around the house? The Title VI Program now has a Respite Services dedicated to helping relieve some of that burden. For more information or to sign up for services & to schedule an appointment please call Vanessa or Tammie at 707-733-5055. (Must live within a 25 mile radius).

Just a reminder UIHS will be here second Wednesday of every month, doing Blood Pressure and Glucose checks during lunch.

Come join us in water aerobics with Ryan Mattery, from UIHS every Tuesday and Thursday, from 2-3 at Arcata Pool. For more information or to be put on the schedule, please call **Tammie at 707-733-5055**. We will provide transportation to elders that live within a 25 mile radius. Please call in advance!

We look forward to hearing from you :)

If you are a caregiver and would be interested in getting First aid and CPR certified please call Tribal office for more information at 707-733-5055.



HHS News

RE: Fishing License Reimbursement Program

Attention! If you are a Tribal Member and meet the income guidelines you may be eligible for a Native American fishing license free of charge, directly through the California Department of Fish and Game. For an application or for more information or please call Tribal Office and ask for Tammie 707-733-5055.

Fishing licenses are available only to Native Americans and their lineal descendants who:

1. Have resided continuously in California for the last six months;
2. Have never been convicted of a violation of the Fish and Game Code;
3. Have a total annual household income which does not exceed federal poverty guidelines.

See chart below for amounts. Add \$4,320 for each additional family member exceeding six.

Family Members in Household	Maximum Annual Household Income
1	\$12,140
2	\$16,460
3	\$20,780

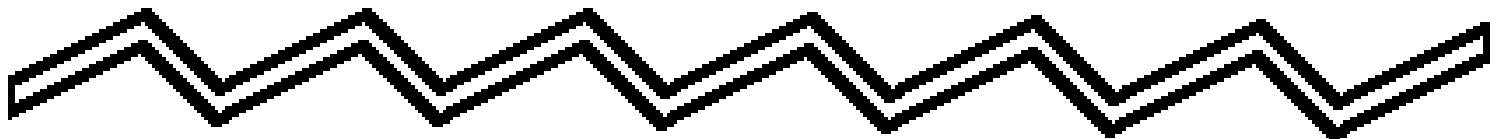
Family Members in Household	Maximum Annual Household Income
4	\$25,100
5	\$29,420
6	\$33,740



Gock Wuck

Submitted By: Fawn Lopez

Please remember that our roads are small and narrow and parking alongside the curb isn't the long term solution. Please park your vehicle (s) inside your driveway. We have had several complaints about community members almost hitting another persons car due to it being parked along the road or having to drive in the ditch because there wasn't enough room on the roadway. If you have any questions regarding parking on the road please call the Tribal Office 707-733-5055.



How Eel Lost His Bones

Kutaw (Eel) said to Carogock (Sucker), "You have bones, and I have bones, and you have a mouth of the same kind as I have. You suck and I suck. So let's gamble. They started gambling to see who might win all of their bones. In a little while Sucker won all the bones. He really beat Kutaw bad. Kutaw didn't know what to do and said, "All I want now is that you make a little present to me, even though you won the bet. I want my backbone again and I want my teeth." So nowadays that is all that Kutaw has, his backbone and his teeth.



Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Tammie Bettis

If you would like a to go lunch PLEASE call before 11:30 am, also if you have more than 2 to go orders and don't call you may have to wait until Elders are served first, it's very important to call so they know how much to cook or if you would like a ride PLEASE call no later than 11am and live within a 25 mile radius . For more information call Karli or Tammie at the Tribal Office

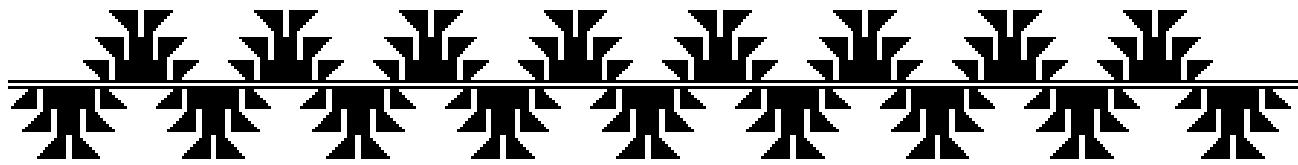
707-733-5055 or 800.388.7633.

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Steak Mashed Potatoes Asparagus Cake	2 Chicken Salad	3 Tuna Salad Sandwich	4
5 Salisbury Steak Mashed Potatoes Carrots	6 Breakfast Burrito Fresh Fruit	7 Chicken Rice Brussel Sprouts Pudding	8 Chef Salad w/Steak	9 Mushroom & Onion Soup Sandwich	10	11
12 Beef fajita's Brown Rice	13 Chicken Alfredo w/ Broccoli Garlic Bread	14 Shrimp Scampi Angel Hair Pasta Green Beans Jell-O	15 Chef Salad w/ Turkey	16 French Onion Soup Roast Beef Sandwich	17	18
19 Pork Baked Potato Asparagus	20 Lasagna Salad Garlic Bread	21 Fish Tacos Coleslaw Fruit Salad	22 Chef Salad w/ Ham	23 Corn chowder	24	25
26 TRIBAL OFFICE CLOSED	27 Pork Potatoes Corn	28 Pot-Roast Carrots Strawberry Shortcake	29 Chef Salad	30 Lentil Soup Ham Sandwich	31	

Tsek Houdaqh 'where the children are'

Submitted By; Donna Wilson



May 2019

Tesk Houdaqh "Where the kids are"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1. VIDEO MAKING	2. Cultural & language time	3. Kids in the kitchen	4.
5. Make mother's day cards	6. Make Mother's day gift	7. Finish Mother's day gift	8. VIDEO MAKING	9. Dell' Arte field trip	10. Kids in the kitchen	11.
12. Art/board games	13. Make your own kite	14. VIDEO MAKING	15. Cultural & language time	16. *Parent committee (@5pm-6pm)	17. Kids in the kitchen	18.
19. Red White & Blue science project	20. Red White & Blue project!!!	21. VIDEO MAKING	22. Cultural & language time	23. Kids in the kitchen	24. Kids in the kitchen	25.
26. CLOSED FOR MEMORIAL DAY	27. Make a paper windmill	28. VIDEO MAKING	29. Field trip to the beach	30. Cultural & language time	31. Kids in the kitchen	

*FIRST 60 MINUTES IS HOMEWORK HOUR ☺

Outdoor activities when weather is good ☺



Congratulations Tsek Houdaqh Children for perfect attendance Loleta Elementary School for March 2019!

TK-K

Dalila Lopez

2nd Grade

Geneva Evenson

Roman Stephenson

3rd Grade

Maya Stephenson

6th Grade

Alvaro Stephenson

7th Grade

Franklin Evenson

8th Grade

Hayden Winkler



Gock

Submitted By: Fawn Lopez

LeeAnn Moore
Vincent DiMarzo
Patti Meraz
Sonia Soto
Ardith Huber
Eric Johnson
Amelia Carpenter
Natissha Mitchell
Melissa jones
Sharon Thurman
Diane Letner
Judith Owen
Brett Woodhurst
Hannah Woodhurst
Joshua Abernathy
Jessica Greenburg
Launnie Bainbridge

Rachelle Sutherland
Alzada Duncan
Ronald Beauchamp
Natalie Kovacovich
Brendyn Sheets
Shanah James
Erla Jadro
Alexis Anderson
Joyce Hernandez
Kelly Henry
Hallister Stephenson
Michael Nunes
Robert Raymer
Mariah Rodriquez
DeEtte Stewart
Donivan Mead

Ella DiMarzo
Robert Voorhees
Brooke Jones
Kit-Tise Allen-Wright
Howard Craig
Daren Crawford
Jordan Roberts
Dalila Lopez
Lily Thomas
Ian Jones
William Anderson
Jessica Beauchamp
Sloane Steen
Abigail Clair
Zoe Black
James Anderson



Here are the items we are currently selling. Come on over and get a snack. Snacks are sold Mon-Friday 8am-4pm

Breakfast Pastries.....	\$1.00 Each
Popcorn.....	\$1.00 Each
Teriyaki Sticks.....	\$1.00 Each
Fruity Snacks.....	\$.075 Each
Beef Noodles.....	\$1.00 Each
Cup Noodles (Chicken).....	\$1.00 Each
David Sunflower Seeds.....	\$1.00 Each
Seaweed.....	\$1.00 Each
Candy Bars.....	\$1.00 Each
Hawaiian Chips.....	\$1.00 Each
Pirates Booty Popcorn.....	\$1.00 Each
Trident Gum.....	\$1.00 Each
Instant Oatmeal.....	\$1.00 Each
Laffy Taffy.....	2 for \$1.00
Granola Bars Variety.....	\$1.00 Each
Biscotti Sticks.....	\$1.00 Each
Trail Mix.....	\$1.00 Each
Vanity Nuts.....	\$1.00 Each
Corn Nuts.....	\$1.00 Each
Nutella.....	\$2.00 Each
Jerky Slabs (Bag).....	\$2.00 Each
Farro & Red Quinoa Bowls.....	\$2.00 Each
Mac & Cheese Bowls.....	\$2.00 Each
Gatorade Drinks.....	\$2.00 Each
Rock Star.....	\$3.00 Each
Chicken Bakes	\$ 3.00 Each (Freezer)

Did you move without changing your address?

Did you move and forget to change your address? You can fax 707-733-5601 or email addresschange@wiyot.us This will help in getting your mail to you in a timely manner, if your address isn't up to date then this will slow your RSTF, newsletter and other important Tribal mail in getting to you. You can call



Gock Wuck “Knowledge”

Submitted By; Fawn Lopez



MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Elders Lunch / Bingo 12-1pm	2	3 Community Event Loleta School 6pm	4 Arts Alive Eureka
5 TBR Fellowship	6	7	8 Elders Lunch /	9	10 Stanford Pow wow	11 Stanford Pow wow
12 TBR Fellowship 9am-12pm Happy Mothers Day Stanford Pow wow	13 BCM 4pm	14	15 Elders Lunch / Bingo 12-1pm	16	17 Parent Committee Meeting 5pm Tribal Office	18
19 TBR Fellowship 9am-12pm	20	21	22 Elders Lunch / Bingo 12-1pm	23	24 Humboldt Kinetic Grand Champion- ship	25 Humboldt Kinetic Grand Champion- ship
26 TBR Fellowship 9am-12pm	27 Tribal Office closed Memorial Day Holiday	28	29 Elders Lunch / Bingo 12-1pm	30	31	
Humboldt Kinetic Grand Champion- ship	Humboldt Kinetic Grand Champion- ship					



Wiyot Tribal Council

Ted HernandezTribal Chairman (2016-2020)
Brian Mead.....Vice Chairman (2017-2021)
Leona WilkinsonSecretary (2017-2021)
Linda Lange.....Treasurer (2019-2023)
Kirsten Boyce.....Council Member (2017-2021)
Hazel James.....Council Member (2019-2023)
Madison Flynn.....Council Member (2016-2020)



Da Rou Gawok "Everyone working Together"

Michelle Vassel.....Tribal Administrator
Fawn Lopez.....Executive Assistant to TA / Council Clerk
Sarah LopezEnrollment Clerk / Receptionist
Lisa Stephenson.....Receptionist
Kirsten Boyce.....Operations Manager

Gou'will da lalouluwuk "Taking care of People"

Marva Jones.....Health & Human Service Director
Vacant.....Health & Human Service Assistant
Tammie Bettis.....Title 6 Program Coordinator
Karli Anagnost.....Title 6 Program Assistant
Isabella Wotherspoon.....Social Worker
Dr. Rita Wafler.....Licensed MFT

Hiwechk "Money"

Ashley Peterson.....Accounting Manager
Dillon Dickson.....Accounting Tech

Lhatsik Houmoulu'l "House of Tradition"

Ted Hernandez.....Cultural Director
Hazel James.....Cultural Assistant
Dr. Lynnika ButlerLinguist
James Paguia.....Gardener

Tsek Houdaqh "Where the Children are"

Donna Wilson...Youth Program Manager
Kathy Spott.....Youth Program Assistant
Ina Wilson....Youth Program Assistant
Itzelt Rios.....Youth Program Assistant

Shawir Darrudaluduk "We belong to the Wilderness"

Tim Nelson.....Natural Resources Director
Eddie Koch.....Natural Resources Specialist
Adam Canter.....Natural Resources Technician
George Buckley.....Water Operator
Stewart Atwell.....Water Operator Assistant

Ga'muluk Hagu'n "Building & Cleaning"

Michael Dennis.....Public Works Director
William Frank IV....Public Works Assistant
Andy Ashley.....Public Works Assistant

1000 Wiyot Drive
Loleta, California 95551

Phone:
707.733.5055/800.388.7633
Fax: 707.733.5601

Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Telephone: () _____

Previous Names Used: _____

Children who will be effected (legal name and Date of Birth):

Signature: _____

Wiyot Tribe
1000 Wiyot Dr
Lolata, CA 95551

