

Wiyot Tribe

May 1, 2020  
Volume 20, Issue 05



# The Da'luk

## Congratulation's Ted Hernandez & Aaron Stephenson!

Annual Elections were held on April 4, 2020 for Tribal Chairman and Councilmember-at-Large, the League of Women Voters of Humboldt counted the ballots for the Annual Election and the results are as follows, Ted Hernandez who ran unopposed won his seat with 30 votes term ending in 2024. Newly elected Council Member-at-Large Aaron Stephenson won his seat with 17 votes his term also ending 2024.

Congratulation's to both on being elected into office, we wish you the best on your newly elected position's.

Wiyot Tribe Regular Annual Election April 4, 2020

Total number of mail-in (absentee) ballots cast	21
Total number of ballots cast in person April 4, 2020	4
Number of invalid ballots eliminates	0 (No signature)
Total number of eligible voters	463
Total valid ballots	25
Percentage of eligible voters participation in this election	5.4%

**Part I**

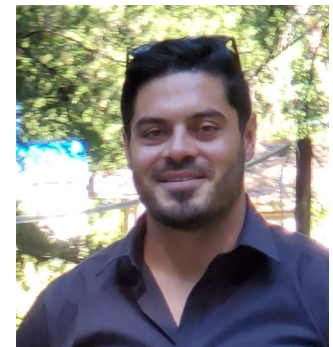
CANDIDATE'S NAME	NUMBER OF VOTES
Chairperson: (4 year term 2024)	Theodore (Ted) Hernandez 30
Elected CHAIRPERSON is Theodore (Ted) Hernandez	
Member-at-Large: (4 year term 2024)	Vincent DiMarzo 4 Aaron Stephenson 17 Vanessa Rios 14
Elected MEMBER-AT-LARGE is Aaron Stephenson	

*Aaron Stephenson* Shelley Lichten *Shelley Lichten* Byrd A. Lichte  
LWVH - Election Board member LWVH - Election Board member LWVH - Election Board Chair

Election conducted by:  
The League of Women Voters of Humboldt County Elections Service  
P.O. Box 3806 Eureka, CA 95502 (707) 444-9252



Ted Hernandez



Aaron Stephenson

# Shawir Darrudaluduk “We Belong to the Wilderness”

Submitted By; Eddie Koch

## Happy Spring and Greetings

We hope that this newsletter finds everyone healthy, safe, and sheltering at home, while remembering to make time for nature and the mental health benefits it provides during these trying times. This is such a grand time of year in Wiyot country, and taking solace in nature, while practicing social distancing is a great way to take your mind off COVID-19. Look at the bright side of being forced to slow down and take advantage of a change in pace to appreciate a deeper side of spring’s beauty and some of the flowers and emerging plants that are important to Wiyot culture.

The first of the irises are blooming (*Iris douglasiana*), which grace our coastal prairies with shades of purple. Iris leaves provide a fiber that was critical for cordage for fishing nets, among other things. Undoubtably our coastal iris beds were once much more expansive and dominant, but their unpalatability to cattle led to accounts of them being ripped up and cleared by early and present-day ranchers.

One of many of the edible bulbs in the group of Indian potatoes (*boudurough*), or geophytes, purple camas is flowering in the raised bulb banks outside the Natural Resources office (both *Camassia quamash breviflora* and *Camassia leichtlinii* ssp. *suksdorfii*). These species were once also more common and most likely cultivated by the Wiyot and other tribes along the coast. Today, these species, along with other geophytes can only be found in the most pristine of our coastal prairies and some populations are associated with Wiyot cultural sites. Other species of edible bulbs important to the Wiyot that are about to flower in our raised beds at Table Bluff are northern rice root (*Fritillaria affinis*) and the one-leaf onion (*Allium unifolium*). We plan to use these bulb banks in future restoration projects on Tribal properties and hopefully re-introduce them as a traditional food source. The bigleaf maples (*Acer macrophyllum*) are flowering along our creeks and rivers, used to make maple-bark skirts, as the medicinal wormwood, a member of the sage family (*Artemesia douglasiana*) emerges from winter.



A pollinator visits a camas flower on Table Bluff



Iris and wormwood together on Table Bluff

# 2020 CENSUS



## **Wiyot Tribal Members Matter too!**

### **Your response matters.**

**Health clinics. Fire departments. Schools. Even roads and highways. The census can shape many different aspects of your community.**

**Census results help determine how billions of dollars in federal funding flow into states and communities each year.**

### **Responding to the Census**

**The 2020 Census is happening now. You can complete your questionnaire online, by phone, or by mail.  
[mycensus2020.gov](https://mycensus2020.gov)**

**Just 10 minutes of your time affects ten years of your life!**



# **Lhatsik Houmoulu'l "House of Tradition"**

Submitted By; Ted Hernandez

Our culture is a living spirit that must continue to thrive. Our generation must carry on with the traditional ways and the stories from our elders and ancestors that have gone before us.

The Cultural Department continues to work with the local government agencies on projects that come in daily. Once the shelter in place is lifted, we will be able to hold cultural classes. We are preparing for the Dress making workshop for the young girls and women. We are also preparing for traditional Dugout class with the Blue Ox Mill in Eureka please keep an eye out for more information to be coming. This Department is planning a lot of activities for the youth for this summer.



## **Departments:**

### **The language department:**

The Language department has postponed all language classes until the Covid-19 shelter in place order is lifted. Also check out the Wiyot webpage under the language section for the Rou Soulatluk page. The language page also has words that you can hear or even scan with a bar code reader on your phone. Learn a new word a week. Remember that language is important to the Wiyot Culture.

### **Tsek Houdaqh Youth Program:**

Tsek Houdaqh's Youth Program Assistant's Kathy Spott & Margaret Card has been doing a great job in making sure our youth is getting their homework packets and meals delivered to them during this difficult time. Thank You for all you do for the Youth Program especially during this Global Pandemic COVID-19.

Fortuna High School is at the Tribal Office in the parking lot from 10-10:25 am Monday –Friday for School lunches & homework drop off and pick up.

Our tutor is available by phone if your children need assistance with homework, they can contact Margaret Card at Tsek Houdaqh (707)733-5055.



## Soulatluk Hou Gougou'wurruwisuqu'l We'sagh Hulutgudaluqh (May), 2020

### Gou rru'riyuk (activities)

**ROU SOULATLOUY ~ Wiyot Conversation Book Project:** In-person workshops are CANCELED for the duration of the Tribe's shelter-in-place order. If you would like to participate in a virtual workshop via Skype, Zoom, etc., we can purchase a small number of webcams to send to interested tribal members! Contact Lynnika at [lynnika@wiyot.us](mailto:lynnika@wiyot.us) if you would like to request a webcam & set up a virtual meeting with us!

In the meantime, we are working on the conversation suggestions we have brainstormed in previous workshops. You can download draft conversations at the project website:

<http://www.wiyot.us/336/Rou-Soulatlouy-conversation-book-project> or email [lynnika@wiyot.us](mailto:lynnika@wiyot.us) for copies. Also, please email if you would like to be added to the Rou Soulatlouy mailing list to receive updates & project materials in your inbox.

### OTHER LANGUAGE ACTIVITIES & MATERIALS

During this time, we are also posting extra language content on the Tribe's Facebook page, including COVID-19 related vocabulary (counting to 20, handwashing, staying home, etc.); movie & TV titles translated into Wiyot; and stick picture drawings with descriptions in Wiyot, including audio recorded from Della Prince. The language below (with QR codes which you can scan via your phone's camera to hear audio) is from one of several language posts we've made in recent weeks; check out our Facebook page for more! <https://www.facebook.com/TribeWiyot>

 Yil dali' da = I'm (inside) home	 Kil dat = You're home
Qilu'l daqh = He/she/someone is home 	Hinarr da'l = We're home 

## News from Health and Human Services

The Wiyot Tribe's Health and Human Services Department would like to reach out to all Tribal Members to offer support and resources during the COVID-19 Pandemic.

While much of the Country is on stay at home orders there are many essential service workers on duty to maintain the needs of our tribal community. Remember, even though the tribal office is closed to the public, we are still available by phone, email or mail to help serve the community during these uncertain times. Please feel free to contact **Betty, Mariah or Tammie at 707-733-5055 ext. 120, 124.** if you'd like some assistance.

### ~Resources~

Liheap funds are still available! Please call Tribal Office for more for more information.

**NCIDC** for those within our service area 707-445-8451b ask for Alisha.

**Food assistance** ([benefitscal.org](http://benefitscal.org)),

**Rent assistance** ([needhelppayingbills.com](http://needhelppayingbills.com))

**Utility assistance** ([ca.gov](http://ca.gov))

**Medical assistance** ([ca.gov](http://ca.gov))

**Food Banks** (<http://www.cafoodbanks.org/>)



## **~Title VI elders News~**

**Attention Elders:** Please be advised During the COVID-19 Pandemic, there are several food chains Nationwide that offer special hours of shopping for elders and those who are immune compromised. Most markets have different hours set aside. Please call your local markets for their hours if not listed below.

Walmart 7 or 8am Tue. (check local store for hrs.) Target Tue & Wed (check local store for hrs). Dollar General 8-9am daily, Walgreens 8-9am Tue., Rite Aid 9-10am daily 60+, Costco 8-9am Tue & Thurs. Safeway Tue & Thurs. 7-9am

There are also a variety of pharmacy's that will deliver as well. Please call your local pharmacy for more information.

**We are asking all Tribal Elders to please contact the Tribal office to update our contact information at 707-733-5055 ext. 120, 124.**

**Thanks!**

- ♦ We are currently doing RX pick-up
- ♦ Necessities pick-up
- ♦ Please give us at least 2 day in advance



# **Gou'wil Da Lalouluwuk 'Taking Care of People'**

Submitted By: Betty Mead



## **No Touch Delivery**



**The Wiyot Tribe has instituted a no touch delivery service for the Child Nutrition and Title VI program.**

### **What does this mean?**

Staff will drop off meals at the youth/elders designated location, they will set the food down, knock and leave.

We ask that participants not open the door until staff have left their porch.

This is will limit person to person contact and help staff to maintain the six-foot social distance protocol.  
It protects the worker and the youth/elder.





# Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By; Betty Mead



## May



## 2020

### Title VI Elders Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change, due to availability of ingredients.				1 Cold Cut Sandwiches Chips and fruit
4 Spaghetti/ green salad	5 Tacos & Spanish rice	6 Burgers and potato salad	7 Potato soup & biscuits	8 Tuna Sandwiches & Fruit
11 Chef's Salad	12 Chicken Alfredo Pasta	13 Pork chops & applesauce	14 Salisbury Steak & rice	15 Hot dogs & mac salad
18 Loaded Breakfast Bowls	19 Baked chicken, pork n beans & cole slaw	20 Steak Fajitas & refried beans	21 Stroganoff & steamed veggies	22 BLT sandwiches & fries
25 CLOSED FOR MEMORIAL DAY	26 Loaded nachos & fruit	27 Orange chicken & fried rice	28 Chili beans & fry bread	29 Chicken Salad Sandwiches



# Gock Wuck “Knowledge”

Submitted By; Fawn Lopez

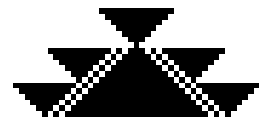
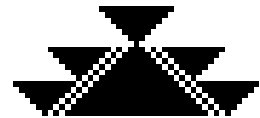
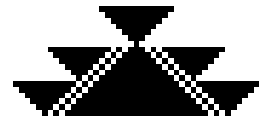
## The President’s Coronavirus Guidelines for America 15 Days to Slow the Spread

1. Listen to and follow the directions of your state and local authorities.
2. If you feel sick, stay home. Do not go to work. Contact your medical provider.
3. If your children are sick, keep them at home. Do not send them to school. Contact your medical provider.
4. If someone in your household has tested positive for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.
5. If you are an older person, stay home and away from other people.
6. If you are a person with a serious underlying health condition that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.
7. Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to stop the spread of the coronavirus:
  - Work or engage in schooling from home whenever possible.
  - If you work in a critical infrastructure industry, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.
  - Avoid social gatherings in groups of more than 10 people.
  - Avoid eating or drinking in bars, restaurants, and food courts – use drive-thru, pickup, or delivery options.
  - Avoid discretionary travel, shopping trips, and social visits.
  - Do not visit nursing homes or retirement or long-term care facilities unless to provide critical assistance.
  - Practice good hygiene:
    - Wash your hands, especially after touching any frequently used item or surface.
    - Sneeze or cough into a tissue, or the inside of your elbow.
    - Disinfect frequently used items and surfaces as much as possible.

\* School operations can accelerate the spread of the coronavirus. Governors of states with evidence of community transmission should close schools in affected and surrounding areas. Governors should close schools in communities that are near areas of community transmission, even if those areas are in neighboring states. In addition, state and local officials should close schools where coronavirus has been identified in the population associated with the school. States and localities that close schools need to address childcare needs of critical responders, as well as the nutritional needs of children.

\*\* Older people are particularly at risk from the coronavirus. All states should follow Federal guidance and halt social visits to nursing homes and retirement and long-term care facilities.

\*\*\* In states with evidence of community transmission, bars, restaurants, food courts, gyms, and other indoor and outdoor venues where groups of people congregate should be closed.

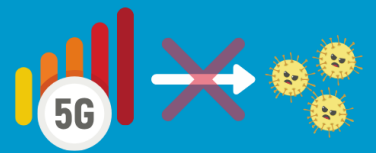


## Persistence of Coronaviruses on Surfaces



Viruses cannot travel on radio waves/mobile networks.  
 COVID-19 is spreading in many countries that do not have 5G mobile networks.  
 COVID-19 is spread through respiratory droplets when an infected person coughs, sneezes or speaks.  
 People can also be infected by touching a contaminated surface and then their eyes, mouth or nose.

**FACT:**  
 5G mobile networks  
 DO NOT spread COVID-19



#Coronavirus #COVID19

9 April 2020

## COVID 19 CORONAVIRUS DISEASE 2019 (COVID-19)



Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

\* Symptoms may appear 2-14 days after exposure. Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

[www.cdc.gov/covid19-symptoms](http://www.cdc.gov/covid19-symptoms)

## ATTN: Tribal Families

### You may be Eligible for Crisis Services

**Did you know:** California Tribal TANF Partnership has Non-Recurrent Short-Term Benefits for Crisis Services due to the COVID-19 outbreak.

**Who is eligible:** Current CTPP Participants and Community members who have a least one eligible Native American/Alaska Child residing in the home in the CTPP service areas. (Even if you do not qualify for TANF you may be eligible for these funds).

**What do I do:** Current CTPP participants will automatically receive the non-recurrent Short-Term Benefit for Crisis Services. All others will have to complete an application over the phone and submit needed documentation for eligibility with a CTPP representative located in the applicants residing county.

For More information contact the CTPP office in your County.

Find information in here: <https://www.wiyot.us/DocumentCenter/View/2707/Crisis-Services-COVID-19>, <http://ctpp.net/>



# Gock Wuck “Knowledge”

Submitted By: Lisa Stephenson



Photo taken on October 25<sup>th</sup> by Lisa Stephenson. Left: Vanessa Rios, Right: George McDavitt

## **Beautiful painting of Tuluwat Island gifted to the Wiyot Tribe**

**By George McDavitt**



**Thank you George McDavitt for you  
thoughtful gift to the Tribe.**

**We are honored to display this beautiful art  
for all to see.**

Another gift by McDavitt of the Bluff





## Gock Wuck “Knowledge”

Submitted By: Fawn Lopez



Here are the items we are currently selling. Come on over and get a snack. Snacks are sold Mon-Friday 8am-4pm

Breakfast Pastries.....\$1.00 Each  
 Popcorn..... \$1.00 Each  
 Teriyaki Sticks.....\$1.00 Each  
 Fruity Snacks.....\$1.00Each  
 Noodles..... \$1.00 Each  
 Cup Noodles..... \$1.00 Each  
 Candy Bars.....\$1.00 Each  
 Chips.....\$1.00 Each  
 Instant Oatmeal.....\$3.00 Each  
 Granola Bars Variety.....\$1.00 Each  
 Trail Mix..... \$1.00 Each  
 Varsity Nuts.....\$1.00 Each  
 Corn Nuts..... \$1.00 Each  
 Gatorade Drinks..... \$2.00 Each  
 Rock Star..... \$3.00 Each  
 Chicken Bakes ..... \$ 3.00 Each (Freezer)  
 Noodle Bowls.....\$3.00 Each  
 Cheeseburger.....\$ 2.00 Each  
 Chicken n Rice Bowls.....\$3.00 Each  
 Chicken Melts.....\$2.00 Each

Lee Ann Moore	Alzada Duncan	Brooke Jones
Vincent DiMarzo	Ronald Beauchamp	Kit-Tise Allen-Wright
Patti Meraz	Natalie Kovacovich	Howard Craig
Sonia Soto	Brendyn Sheets	Daren Crawford
Ardith Huber	Shanah James	Jordan Roberts
Eric Johnson	Erla Jadro	Dalila Lopez
Amelia Carpenter	Alexis Anderson	Lily Thomas
Natishsha Mitchell	Joyce Hernandez	William Anderson
Melissa Jones	Kelly Henry	Ian Jones
Sharon Thurman	Hallister Stephenson	Jessica Beauchamp
Diane Letner	Gia Rodriguez	Sloane Steen
Judith Owen	Michael Nunes	Abigail Clair
Brett Woodhurst	Robert Raymer	Zoe Black
Hannah Woodhurst	Mariah Rodriguez	James Anderson
Joshua Abernathy	DeEtte Stewart	Isabella Wade
Jessica Greenberg	Donivan Mead	Nyemma Garcia
Launnie Bainbridge	Ella DiMarzo	Cody Stone
Rachella Sutherland	Robert Voorhees	Tyler Stone

***Did you move and forget to change your address? You can fax 707-733-5601 or email [addresschange@wiyot.us](mailto:addresschange@wiyot.us) This will help in getting your mail to you in a timely manner, if your address isn't up to date then this will slow your RSTF, newsletter and other important Tribal mail in getting to you. Please note there is a \$25.00 charge for a stop payment for RSTF checks, our policy has always been Tribal members need to wait 90 days from the date the checks were mailed out to reissue another RSTF check. It is very important to keep an updated address on file, you can call the Tribal Office to check your address 707-733-5055 or 800-388-7633***



# **Gock Wuck “Knowledge”**

Submitted By: Fawn Lopez

## **Enrollment Committee:**

Upcoming meetings

**June 1, 2020**

**September 14, 2020**

**December 7, 2020**

**March 1, 2021**



All meetings start @ 10am at the Tribal Office  
for more information please contact Lisa Stephenson

MAY 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 TBR Fellow- ship 9am-12pm	4	5	6 Agenda Items due 4pm for Council Mtg	7	8	9
10 TBR Fellow- ship	11 BCM 4pm	12	13	14	15 Newsletter Items Due	16
17 TBR Fellow- ship 9am-12pm	18	19	20 Agenda Items due 4pm for Council Mtg	21	22	23
24 TBR Fellow- ship 9am-12pm	25 Tribal Office Closed Memorial Day Observance	26	27	28	29	30
31 TBR Fel- lowship 9am-12pm						

# Gock Wuck "Knowledge"

Submitted By: Fawn Lopez

## Wiyot Tribal Council

Ted Hernandez .....Tribal Chairman (2020-2024)  
Brian Mead.....Vice Chairman (2018-2022)  
Leona Wilkinson .....Secretary (2017-2021)  
Linda Lange.....Treasurer (2019-2023)  
Kirsten Boyce.....Council Member ( 2017-2021)  
Hazel James.....Council Member (2019-2023)  
Aaron Stephenson .....Council Member (2020-2024)

## Da Rou Gawok "Everyone working Together"

Michelle Vassel.....Tribal Administrator  
Fawn Lopez...Executive Assistant to TA/Council Clerk  
Lisa Stephenson.....Enrollment Clerk  
Vanessa Rios.....Receptionist  
Tammie Bettis.....Operations Manager  
Andy Ashley.....Grounds/Maintenance Foreman  
Aaron Stephenson...Maintenance Assistance

## Gou'will da lalouluwuk "Taking care of People"

Gary Markussen .....Health & Human Service Director  
Lenard Alan Miller....Health & Human Service Assistant (Intern)  
Mariah Buckley.....Health & Human Service Assistant  
Betty Owen-Mead.....Title 6 Program Coordinator  
Vincent DiMarzo.....Title 6 Program Assistant  
Mike Paguia.....Title 6 Program Assistant  
Vacant.....ICWA  
Vacant.....Social Worker  
Dr. Rita Wafler.....Licensed MFT

## Hiwechk "Money"

Misty Case.....Finance Manager  
Kirsten Boyce.....Fiscal Technician

## Lhatsik Houmoulul "House of Tradition"

Ted Hernandez.....Cultural Director  
Hazel James.....Cultural Assistant  
Dr. Lynnika Butler .....Linguist  
Pilar James.....Language Specialist

## Tsek Houdagh "Where the Children are"

Donna Wilson...Youth Program Manager  
Kathy Spott.....Youth Program Assistant  
Margaret Card.....Youth Program Assistant  
Itzelt Rios.....Youth Program Assistant  
Izayra Rios.....Youth Program Assistant

## Shawir Darrudaluduk "We belong to the Wilderness"

Eddie Koch.....Natural Resources Director  
Bri Philips.....Natural Resources Technician  
Adam Canter.....Botanist  
George Buckley.....Water Operator  
Corrine Alton.....Water Operator Assistant



1000 Wiyot Drive  
Loleta, California 95551

Phone:

707.733.5055/800.388.7633

Fax: 707.733.5601



- Developing and administering human resources plans and procedures that relate to tribal personnel
- Contributing to the development of HR department goals, objectives, and systems
- Implementing and revising a company's compensation program which includes conducting an annual salary surveys, and
- Creating and revising job descriptions
- Developing, analyzing, and updating the company's salary budget
- Developing, analyzing and updating the company's evaluation program
- Developing, revising, and recommending personnel policies and procedures
- Performing benefits administration
- Overseeing recruitment efforts for all personnel, including writing and placing job ads
- Conducting new employee orientations and employee relations counseling
- Overseeing exit interviews
- Maintaining department records and reports
- Participating in administrative staff meetings
- Maintaining company directory and other organizational charts
- Directly supervises the positions of enrollment clerk, receptionist, and office manager.
- Performing a risk assessment: Analyzing current risks and identifying potential risks that are affecting the company
- Preparing risk management and insurance budgets
- Risk reporting tailored to the relevant audience. (Educating the Tribal Council about the most significant risks to the business; ensuring business heads understand the risks that might affect their departments; ensuring individuals understand their own accountability for individual risks)
- Implementing health and safety measures, and purchasing insurance
- Conducting policy and compliance audits, which will include liaising with internal and external auditors
- Maintaining records of insurance policies and claims
- Building risk awareness amongst staff by providing support and training within the company at weekly staff meetings

To apply: please send resume to [tammieb@wiyot.us](mailto:tammieb@wiyot.us) or fax to 707-733-5601

# Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: (     ) \_\_\_\_\_

Previous Names Used: \_\_\_\_\_

Children who will be effected (legal name and Date of Birth:

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Wiyot Tribe  
1000 Wiyot Dr  
Lolita, CA 95551

