
Wiyot Tribe

March 1, 2024
Volume 24, Issue 03



The Da'luk



General Council Meeting

April 6th, 2024

Polls will be open to vote from 10 am to 1 pm

1000 Wiyot Dr., Loleta, CA 95551

If you are unable to attend the Wiyot General Council Meeting scheduled for April 6th, 2024, you can vote by absentee ballot. To receive an Absentee Ballot a form requesting the absentee ballot must be RECEIVED in the Tribal Office not fewer than 14 days before the election (March 23, 2022). Please do not wait until the deadline to submit the request, get your request early so there is enough time for you to receive the ballot by mail and return it by Election Day. If you voted by absentee ballot last time and submitted a permanent Absentee Ballot your absentee ballot will automatically be mailed. If you are unsure if you requested a permanent Absentee Ballot, you could contact the office at (707) 733-5055 to verify you are on the permanent Absentee Ballot list.





Wiyot Tribe General Council Meeting

April 6th, 2024

Agenda

Polls will be open to vote from 10 am to 1 pm

- 1. Call to Order**
- 2. Minutes**
 - a. Approve April 2023 General Council Minutes**
 - b. Approve October 2023 General Council Minutes**
- 3. Reports**
 - a. Chairman's Report**
 - b. Vice Chair's Report**
 - c. Secretary's Report**
 - d. Treasurer's Report**
- 4. Adjournment**

Calling all Tribal Families to provide comment on AT&T’s Requests Regarding Voice Service Obligations

The California Public Utilities Commission (CPUC) will hold in person and virtual public forums for customers of AT&T to provide input into the company’s two proposals to remove its obligation to provide voice services in its service territories.

How could this impact our community?

Potential loss of service- The Wiyot Tribal Government, and individual community members who have landlines service on Reservation and especially in rural areas may lose service. Many rural communities do not have any other service such as cellular or VOIP. VOIP does not work during power outages. During emergencies land lines function without power, also 911 functions even if you do not pay for services. These services could be lost.

Increased Cost for Service- If the CPUC accepts AT&T’s request the cost for individuals who still have services will be increased. Individuals who use California Lifeline will see increased rates. Those with Universal Lifeline who live on a Reservation will have additional rate increase. Also, Universal Lifeline (the federal lifeline program that serves Reservations) may no longer be available as AT&T may no longer be eligible.

For these reasons we are encouraging Tribal Citizens to speak out. Write letters, submit comments, and attend public forums about how this will impact you.

PUBLIC FORUMS

March 14, 2024, 2 p.m. and 6 p.m.	In-person only	Indio City Hall Council Chambers 100 Civic Center Mall, Indio, CA 92201
March 19, 2024, 2 p.m. and 6 p.m.	Virtual only	Live video broadcast with English or Spanish captions via webcast: www.adminmonitor.com/ca/cpuc Participants who choose to view via webcast will have audio and video but will not be able to make verbal comments. If you would like to make comment during the



Gock Wuck “Knowledge”

		<p>forums, refer to the phone-in information below.</p> <p>Phone: 1-800-857-1917, passcode: 6032788#</p> <p>Participants will have audio and will be able to make comments. (To make a comment, after entering the passcode, when prompted press *1, unmute your phone, and record your name.)</p> <p>Wait times depend on the number of speakers in the public comment queue. During times of high call volumes, wait times will be longer. The operator will call on you when it is your turn to speak.</p>
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1. Approval to be relieved of its Carrier of Last Resort (COLR) obligations in certain areas of California. If approved, AT&T would no longer be required to offer landline telephone service where it is currently required to offer Basic Service in those areas. Basic Service includes nine service elements such as Lifeline rates for eligible customers, free access to 9-1-1, Telephone Relay Service, and directory and operator services. (A.23-03-003)
2. Approval to give up its designation as an Eligible Telecommunications Carrier (ETC), which is a telephone company that operates in a specific geographic area that receives financial assistance from the federal government-established Universal Service Fund to provide high quality and affordable telephone service to customers at all income levels. (A.23-03-002)

How could this impact our Tribal Citizens?

There are no other service providers for our Reservation and many surrounding rural communities in Humboldt County. If AT&T is relieved of its Carrier of Last Resort obligations some tribal citizens would lose their land lines. Though AT&T has told the Public Utilities Commission that they would not immediately disconnect customers with no other form of telephone service available they would have no obligation to provide the services.

Also, for those who wish to maintain their landline in areas where this is no other service the cost would go up. For a household receiving federal Lifeline from AT&T, the bill could increase by \$5.25 per month for voice-only service, or \$9.25 per month for bundled or internet service. In addition to these amounts, a household on Tribal lands receiving federal Lifeline from AT&T could experience an additional \$25 per month bill increase.

AT&T is asking for CPUC approval to give up its ETC designation, which would allow it to no longer offer federal Lifeline, as well as other federal programs designed to subsidize telecommunications support for low-income individuals and individuals located in remote areas. AT&T’s participation in the California LifeLine program is a separate matter from this application to give up its ETC designation. AT&T asserts that it is not necessary to keep its ETC designation because it no longer receives any federal high-cost support from the federal government to provide Universal Service. By relinquishing its ETC designation, AT&T would no longer be eligible to receive federal support to provide Lifeline, which could potentially affect all current AT&T federal Lifeline customers.



Suicide Prevention Training

Prizes & Food

~Dinner will be
served along with
drinks and desert~

Sources of Strength

~A class for kids ages 6 and up~

Question-Persuade-Refer (QPR)

~A class for adults, limited to 35 registrants. QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help~

PLEASE CALL THE SOCIAL SERVICES DEPARTMENT TO REGISTER
707-532-0175



**March 8, 2024
4:30-7:00 PM**

Tishnon Community Center

Tsek Houdaqh “where the children are”

Submitted By: Elizabeth Hernandez

Educational Services:

After-School Child Care

Our after-school childcare program, strives to provide Native American children with a high-quality learning environment through the implementation of developmentally appropriate and culturally inclusive teaching strategies.

Eligibility: Native American families, who work or are enrolled in post-secondary/job training courses and have children between the ages of 4-12 years old.

Johnson O'Malley (JOM)

Our Johnson O'Malley program aims to promote student success through academic and cultural supports.

Eligibility: Wiyot tribal members in grades K-12th.

Youth Activity Program (YAP)

Our Youth Activity Program plans and implements fun and engaging activities for local youth during our after-school hours.

Eligibility: Native American Youth who live on or within 5-miles of the Wiyot Reservation or are children of Wiyot Tribe Employees.

To enroll in educational services, call the Wiyot Tribe's Education Department at (707) 733-5055.

Tsek Houdaqh Parent Committee

Are you interested in participating in the Tsek Houdaqh Parent Committee? The role of the Parent Committee is to help guide Tsek Houdaqh staff as they develop and implement activities that meet the Johnson O'Malley (JOM), Child Care Development Fund (CCDF), and Youth Program goals. Parents are invited to attend the monthly committee meetings, make suggestions for individual activities, and offer suggestions to help improve the overall Tsek Houdaqh Youth Program. The Parent Committee will also guide the program's eligibility requirements, program rules, and volunteer requirements.



Tsek Houdaqh “where the children are”

Submitted By: Elizabeth Hernandez

Higher Education and Vocational Training Scholarships

Important Dates:

FAFSA deadline for 2024-25 School Year: **June 30, 2024**

Wiyot Tribe Scholarship: **August 1, 2024**

BIA Higher Education Scholarship: **August 1, 2024**

BIA Job Training Program Scholarship: **August 1, 2024**

Mary, Bill & Goldie Scholarship (SRCF): **August 1, 2024**

All application forms are on the Tribe’s website at www.wiyot.us, or for more information contact the Education Department at (707) 733-5055.

Tsek Houdaqh Youth Center

After-School CACFP Meal Program

Throughout the school year, the Tsek Houdaqh Youth Center will be serving after-school snack and supper to all children, up to the age of 18 years old.

Meals are served Monday through Friday (except on holidays).

Daily Meal Times:

- ◊ **Snack 2:30 PM– 3:00 PM**
- ◊ **Supper: 5:30 PM– 6:00 PM**

All meals are served with 1% or Fat-Free Milk

For more information, call (707) 733-5055

This institution is an equal opportunity provider.

Tsek Houdagh “where the children are”

Submitted By: Elizabeth Hernandez

Tsek Houdagh's Youth Center Weekly Schedule					
	Dagoushipga'w (Monday)	Darritvewi'gurr (Tuesday)	Darrikvewi'gurr (Wednesday)	Darra'vewi'gurr (Thursday)	We'sagh da- huluvewi'gurr (Friday)
1:30 PM	CLOSED				After School Open
2:00 PM					Snack
2:30 PM	After-School Open/Snack	After-School Open/Snack	After-School Open/Snack	After-School Open/Snack	
3:00 PM	Snack	Snack	Snack	Snack	Snack
3:30 PM	JOM Tutoring/ STEM Activity	JOM Tutoring/ Art Activity	JOM Tutoring/ Culture Activity	JOM Tutoring/ Activity	Soulatluk Language
4:30 PM	Triple Play	Triple Play	Triple Play	Triple Play	Triple Play
5:30	Supper	Supper	Supper	Supper	Supper
6:00	Closed	Closed	Closed	Closed	Closed

Tsek Houdagh's Youth Center Activity Calendar				
March 2024				
Dagoushipga'w (Monday)	Darritvewi'gurr (Tuesday)	Darrikvewi'gurr (Wednesday)	Darra'vewi'gurr (Thursday)	We'sagh da- huluvewi'gurr (Friday)
				1 Soulatluk Language Les- son
4 Pot of Gold STEM Ac- tivity	5 Shamrock Stained Glass Art	6 Cultural Activity: Beading	7 "I Am So Lucky" Mindfulness Activity	8 Soulatluk Language Les- son
11 Walking Rainbow STEM Activity	12 Leprechaun Lookers Art Activity	13 Cultural Activity: Beading	14 PI Day Baking Activity	15 Soulatluk Language Les- son
18 Jelly Bean STEM Tow- ers	19 Spring Painting with Shaving Cream	20 Cultural Activity: Beading	21 DIY Silly Puddy Sen- sory Activity	22 Soulatluk Language Les- son
25 Peep Catapult	26 DIY Easter Center Pieces	27 Cultural Activity: Beading	28 Marshmallow Slime Sensory Activity	29 Soulatluk Language Les- son

To participate in youth program activities, children must have a current and complete Tsek Houdagh Membership Packet on file for the 2023-2024 program year.

Tsek Houdagh “where the children are”

Submitted By: Elizabeth Hernandez

2024 EASTER

Egg



Saturday
March 30,
2024

12:00 PM–
2:00 PM

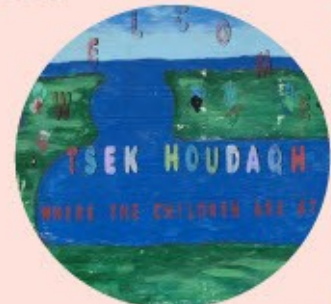
Wiyot Community
Center
1000 Wiyot Drive, Loleta, CA

- Meet the Easter Bunny • Community Lunch
- Prizes • Lawn Games • Easter Races
- Fun for All Ages!

Easter Egg Hunt Begins at 12:30 PM

Three Age Brackets

- Ages 0-5
- Ages 6-11 Years
- Ages 12+



Shawir Darrudaluduk “We Belong to the Wilderness”

Submitted By: Marisa McGrew

Watershed Awareness Volunteer Event at Ocean Ranch – March 16th

The WNRD has been hosting Watershed Stewards Program (WSP) Corpsmembers! WSP is an AmeriCorps program in partnership with the California Conservation Corps (CCC) where young adults are placed with a tribe, federal or state agency, or a non-profit organization to gain experience in the world of fisheries, teach watershed science to K-8 children, and conduct outreach activities.

WNRD is a first-year host site sharing two WSP members with Eel River Watershed Improvement Group and the Fortuna CCC Center. We're excited and lucky to have Kasie Tyler and Regine Familara serving their WSP term with us.

As part of Kasie's and Regine's term, they're expected to organize a Watershed Awareness Volunteer Event, or a WAVE, with a community partner...and that partner is their very own host site, WNRD, along with CDFW.

On **Saturday, March 16th from 10:00 AM to 2:00 PM** we invite you to help in planting the Wiyot cultural plant relatives for a demonstration garden at the Ocean Ranch Unit - a four-minute drive from Table Bluff! We will be planting slough sedge, hazel, iris, chain fern, and many other plants. Snacks, tools, and gloves will be provided, but please wear shoes that can get wet and muddy.



We hope to see you there!

Shawir Darrudaluduk “We Belong to the Wilderness”

Submitted By: Zack Erickson

Mouralherwaqh Summer Program Year 2

Few opportunities exist within the field of forestry and environmental sciences that seek to foster connection to the land while utilizing western science tools and techniques. The Wiyot Tribe Shawir Darrudaluduk, in partnership with Cal Poly Humboldt, is now recruiting for the second year of its summer program which seeks to weave together western science and Traditional Ecological Knowledge (TEK). This program offers six weeks of education, connection, training, and interaction with various agencies and tribes in our surrounding forests.

Participants in this program will gain extensive experience in forest measurements, botany, ornithology, and fisheries. As a department, we believe that all of these disciplines are interconnected and that environmental scientists should understand how they interact with each other. We observe these relationships by visiting a variety of different ecosystems ranging from coastal forests to old-growth redwoods (Figure 1).

During the internship, participants will interact with many different professionals from different fields of study and backgrounds. This provides an opportunity to network with future employers, professors, or co-workers if you continue to work in the field of forestry.

This program is open to those that are over 18 years of age and are interested in pursuing a career in the field of forestry or other environmental science. We will be working 8 hours a day, 4 days a week for majority of the summer with some overnight trips. We hope to have Wiyot Tribe Citizens well represented this summer as most of our work occurs within Wiyot Ancestral Territory.



Figure 1 Year 1 participants in Headwaters Forest Reserve among old growth redwoods.

Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Robert Pitts

Health & Human Service Groups **Table Bluff Reservation Community Center**

CALL HEALTH & HUMAN SERVICES DEPT AT 707-733-5055 FOR MORE INFORMATION AND SIGNUPS.

GROUP COUNSELING

- Motherhood is Sacred/Fatherhood is Sacred
- Men's & Women's Talking Circle
- Children's Talking Circle at the Tsek Houdaqh program



EXERCISE GROUP

- Yil da lah, gouts gou lah ("I am walking, I feel good again")
Mon & Wed, 1 –1:30 PM with Liz Edwards

Contact HHS Dept Social Work Advocate at (707) 733-5055 for more information about any of these activities and to sign-up.



Tribal Citizen Services

HHS Department offers a variety of services to Wiyot Citizens:

- ⇒ Burial Assistance up to \$500.00 (Tribal Citizens)
- ⇒ Hunting/ Fishing license reimbursement (one per Wiyot household or for an Wiyot Elder, every 12 months)
- ⇒ RSTF loan up to \$200.00 (Tribal Citizens, one every 12 months)
- ⇒ Large garbage dump reimbursement (outside Table Bluff Reservation Tribal Citizens, once every 12 months)
- ⇒ Chimney Cleaning reimbursement (one per Wiyot household every 12 months)
- ⇒ Elders/Disabled wood: Elders/disabled Citizens get one cord per year from Men's Camp

Contact HHS Dept Social Work Advocate at (707) 733-5055 or go to www.wiyot.us for the application forms.

Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Robert Pitts

The Wiyot Tribe Homeowner Assistance Fund is now open!

Assists specific households that have had hardship since the 2020 COVID-19 Pandemic to pay for their mortgage, home or other insurance related to their home, property taxes, utility bills for their home, home repairs to ensure the habitability of the home, homeowner's association fees, and assistance in mortgage reduction.

Max \$2,600.00 per household. Ends 9/30/2026 or until funds are expended.

Must meet certain requirements. Find the application on the Tribe's website.

Call the HHS Dept Social Work Advocate for more information at 707-733-5055.



Tax Filing 2024

The New Year means a new opportunity to file your tax return!

Filing a tax return helps and your family receive funds from special federal and state stimulus programs, including COVID/pandemic stimulus monies. Incentives are held for those who did not yet file, including previous years.



You can even file late, even if you don't owe anything.

If you need support filing taxes, call the HHS Dept Social Work Advocate at 707-733-5055 so that they can find the right tax filing program for you.

Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Robert Pitts

**Chromebooks available for
school-aged children &
college/vocational students**

Just 9 left!

For more information and application contact
HHS Dept Social Work Advocate at (707) 733-5055.



HEALTH EDUCATION—Influenza (The Flu), COVID-19, RSV

Talk with your medical provider or local pharmacy about getting vaccines against the triple viruses this winter —Influenza, RSV, & COVID.

- State of California still mandates that COVID vaccine and boosters are provided for free (may require a reimbursement request through your insurance for some).
- Know your health history & status. If immunocompromised:
 - Wear a mask that covers your nose and mouth to help protect yourself and others.
 - Stay 6 feet apart from others who don't live with you.
 - Avoid crowds.
 - Avoid poorly ventilated spaces.
 - Wash hands often.

For more information on COVID, please visit CDC at [cdc.gov](https://www.cdc.gov) or
contact the Social Work Advocate at 707-733-5055.

Gou'wil Da Lalouluwuk 'Taking Care of People'

Submitted By: Robert Pitts

Laqilh Haluni' (Valued Elders program)

(Native American, age 55+)



- ♦ Lunch meal delivery, Monday through Friday (except holidays)
- ♦ Light chores at your home (vacuuming, sweeping, sanitizing)

Within our service area, 30-mile radius from Table Bluff Reservation.

**For application or more information contact
the Health & Human Services Department at 707-733-5055.**

Gutswurak da rou da'louy

**("There Are a Lot of People Gathered There
and They Are Talking")**

Domestic Violence Advisory Board



We are looking for interested Wiyot Citizens to be a part of a DV Advisory Board. The goal of the committee is to bring forth ideas and solutions to the Health & Human Services Department to increase and improve safety for victim's of domestic violence in your communities

Meetings will be held at the Community Center at Table Bluff Reservation, 1000 Wiyot Drive, Loleta, CA 95551 once a month on a Thursday from 5 PM to 6 PM. A Social Work Advocate will be overseeing the meetings. The first meeting date will be determined by interest.

Interested participants will go through an application and background check to ensure the intent of the board and safety of the members.

**For more information and to apply, call the
HHS Department Social Work Advocate at 707-733-5055.**

Soulatuk Hougougou' wurruwisugu'l "bringing the Wiyot language back to life"

Submitted By: Lynnika Butler

Soulatluk

Hou Gou Gou'wurruwisugu'l

its again coming to life

Ve Rrikutgudaluqh, 2024

March ("the 3rd month")

ANA SOULATLUK LESSONS AT LOLETA SCHOOL & TSEK HOUDAQH

In February, staff linguists Lynnika and Nina continued teaching twice-weekly Soulatluk classes at Loleta Elementary School as an elective for 5th-8th grade students, as part of our ANA-funded Wi Soulatlouy ("we will speak Soulatluk") curriculum development grant. We are further developing the one-year Ship Da'louy ("we begin to speak" = introductory) curriculum which we began creating and "pre-piloting" with the Tsek Houdaah program at Table Bluff in 2022.

We have continued practicing introductions, and our regular students know them pretty much by heart. We even have a couple of students who can say **Yil Rraloughugu'w darrudalilh** (I'm from Table Bluff) and **Yil Da' Kimuk darrudalilh** (I'm from Rio Dell) without prompting!

In Unit 2, we have also been practicing words for people and phrases about seeing people. Here are the key phrases we used in Unit 2 (visit <https://www.wiyot.us/448/Ship-Dalouy-Unit-2> for an online version with audio):

Ship Da'louy	Unit 2 Key Phrases	Online version
<i>gou'wil</i>	<i>person, people</i>	qrco.de/bclWtv
<i>tsek</i>	<i>child, children</i>	qrco.de/bclXHg
<i>laqilh</i>	<i>elder(s)</i>	qrco.de/bclI9h
<i>___ ya?</i>	<i>Is it a(n) ___?</i>	
<i>hi'</i>	<i>yes</i>	qrco.de/bcgYfQ
<i>giyawl</i>	<i>no</i>	qrco.de/bcghXa
<i>gida</i>	<i>maybe</i>	qrco.de/bcgheE
<i>Hiyu wulu ___.</i>	<i>I see ___.</i>	qrco.de/beFcfT
<i>Hiyu wulut ___.</i>	<i>You see ___.</i>	qrco.de/beIrlV
<i>Shouwa?</i>	<i>What?</i>	qrco.de/behcUa
<i>Shouwa hiyu wulut?</i>	<i>What do you see?</i>	qrco.de/beIrlV
<i>Shouwa hiyu wulilh?</i>	<i>What does s/he see? / What do they see?</i>	
<i>Hiyu wulilh ___.</i>	<i>S/he sees ___. / They see ___.</i>	qrco.de/benbys

We also practiced pronunciation with a set of short words with the "e" sound, which you can listen to and/or download at <https://www.wiyot.us/278/e-words>.

To add a little fun to our review days, we play an oversized board game we call **Witgalh Rou'ruwagulh** (Coyote & Top), which is based on a **lhatsik** (traditional Wiyot story) told by Della

Soulatuk Hougougou' wurruwisugu'l "bringing the Wiyot language back to life"

Submitted By: Lynnika Butler

Prince. In it, **Witgalh** (Coyote) and **Rou'ruwagulh** (Top) both show up uninvited to compete in a footrace. You can read and listen to the **lhatsik** (and find out who wins!) by scanning the QR code below (or visit <https://qrco.de/bek4ra>). ↓



In March, we will continue practicing questions and answers about seeing, but this time with **jechach** (animals), in lessons inspired by the children's book *Brown Bear, Brown Bear, What Do You See?* by Eric Carle.

At Tsek Houdaqh, we wrapped up a series of lessons on **viwi'** (food) words & phrases and have most recently been practicing language around cultural objects like **gi'y** (basket cap), **toul** (pestle), **halou'wi'** (canoe), and more. Soulatluk practice at Tsek Houdaqh happens every **Friday afternoon at 3:30**, so if your **tsek** (child) is interested, please bring them along! In addition to our games & activities during the lesson, they will get take-home materials like pronunciation flash cards, a mini-poster with key phrases, and some optional fun activities like coloring pages, word searches, etc. to help them remember the words & phrases we practiced together.

VIRTUAL SOULATLUK LESSONS IN MARCH

We were only able to hold one virtual lesson in February due to instructor illness, but fingers crossed that spring will bring better health! In March, virtual Soulatluk practice will be **Wednesday, March 6 & Wednesday, March 20 from 4-5 p.m.** Please check the calendar at <http://www.wiyot.us/Calendar.aspx> (or scan the QR code at left) for the Zoom link (please email lynnika@wiyot.us if you don't see it on the March calendar!).



DO YOU HAVE FAMILY PHOTOS OF SOULATLUK SPEAKERS?

Hou' to Tribal community members who have shared family photos of Soulatluk speakers!

It has been very helpful to show pictures of the elders (so far, Della Prince & Nettie Rossig) whose voices we listen to in Soulatluk classes at Loleta School & Tsek Houdaqh. It really helps connect the language to real Wiyot people and families, and we would like to do the same whenever we showcase Soulatluk at the Da Gou Rou Louwi' Cultural Center, online, in print, or anywhere else in the world.

If you have a family photo of a Soulatluk speaker that you would like to share, we would love to scan it and use it in our language classes, events, and materials; we will be sure to credit you!

The speakers whose words or voices we have a record of are:

- | | | |
|--------------|-----------------------|----------------|
| • Aleck Sam | • Bill / William | • Cy Thomas |
| • Amos Riley | • Brennard & his wife | • Dandy Bill |
| | • Birdie James | • Della Prince |

Soulatuk Hougougou' wurruwisugu'l "bringing the Wiyot language back to life"

Submitted By: Lynnika Butler

- Elsie Barto
- Jane Searson
- Jerry James
- John Sherman
- Miranda Berry
- Nettie Rossig: Hou' to Cindy for sharing!
- Nora Koonskin (Miller)
- Sarah McGuire
- Tom Brown
- Winnie Buckley: Hou' to George for sharing!
- Warren Brainard
- Weaver Denman

NOTE: We don't know who spoke with linguist Jeremiah Curtin in 1889; or with anthropologist Alfred Kroeber in the early 1900s. If you have old family stories about an ancestor/relative speaking with one of these men, we would love to know who they were so that we can give a more complete picture of the recent history of Soulatluk. Please contact Lynnika if you have photos of any of these elder speakers that you would like to share, or any other information about them!

SOULATLUK CONTENT AT THE DA GOU ROU LOUWI' CULTURAL CENTER

For February, the Da Gou Rou Louwi' Cultural Center put up interactive displays related to the theme of **dishguk** (love) and the **lhatsik** (story) of Spring Maiden. For March, we chose the theme of transformation to honor the arrival of spring (March 19) and the Transgender Day of Visibility (March 31). Visit the DGRGCC's Facebook page at facebook.com/DGRGCC to find **Wurrulaqh Hou Da'luqu'l** (the word of the day) and interactive posts about transformation! And visit DGRGCC to learn about **Bouchou'righuru'gh** (the Transformer), the Brother who became a **Wayits** (dog), or the Man who became a Woman!



Rra'dutwasuduk ('We respect/think highly of you' = respectfully),

Lynnika Butler (Gutsviyaqhulilh / Linguist) lynnika@wiyot.us | (707) 798-1949 x302

Nina Lorence-Ganong (Language & Curriculum Specialist)

Wiyot Natural Resources Department Staff attend ITEP Indoor Air Quality (IAQ) Workshop at Trinidad Rancheria, 2/20/24

Natural Resources Technician, Alex Juan, attended part of the indoor air quality (IAQ) training session led by Mansel Nelson at the Trinidad Rancheria this February. It was extremely informative, and here are some things Alex learned!

There are a few basic principles for maintaining good indoor air quality. The first and most important is stopping air pollution at the source:

- Consider alternatives to wood stoves for heating (pellet stoves are much cleaner).
- Air fresheners do not clean the air, they actually add pollutants.
- Follow instructions on pesticide labels carefully, and avoid using them if you can.
- Keep carpets clean, they trap pollutants and release them when disturbed.
- Do not smoke inside.

Another principle of indoor air quality is ventilation. Keep windows open if possible and use the exhaust fan during showers! Humans release CO₂ when we breathe which can be harmful if it builds up, it is recommended to keep CO₂ levels below 1050ppm indoors.

In our wet North Coast climate black mold (*Stachybotrys chartarum*) and other molds and fungi can quickly establish in damp, dank, unheated, and poorly ventilated homes. Mold toxicity can cause an array of health problems and autoimmune disorders as well as making common colds and bugs much more symptomatic and hard to purge. Along with proper heating and ventilation, HEPA filters (or high-efficiency particulate air filters) can help eliminate harmful fungal spores from the indoor air environment. If you have lingering illness, congestion, joint pain, or unexplained fatigue, you may be dealing with a mold sickness! Contact the WNRD to find out more about mold sickness and Indoor Air Quality and inquire about ways to access testing for mold and how to acquire a HEPA filter for your home. Breathe Well! Rra’dutwas, WNRD, Adam Canter adam@wiyot.us

Indoor Air Quality 5 Things You Need to Know



Air pollution is one of the top 5 factors causing chronic disease according to the World Health Organization
(along with unhealthy diet, physical inactivity, tobacco use, harmful alcohol use)



Almost 90% of our time is spent indoors and almost 70% in our homes
(Indoors: 87%, at home: 69%)*



We consume nearly 8 times as much air by volume as food and 4 times as much air as water.
(air: 31 lbs., water 8 lbs., food 4 lbs.)†




Indoor air often contains 2x-5x as much pollution as is typical in outdoor air, and as much as 100x.*



High-performance homes constructed today let in significantly less fresh air than those in older, less efficient homes
(about 1% the natural infiltration).‡

*World Health Organization, Chronic Diseases and their common risk factors, 2002
†American Biomedical Research National Laboratory, The National Human Activity Pattern Survey (NHAPS), 2001
‡GreenSource, Housing U.S. 2007
‡U.S. Environmental Protection Agency (EPA), The indoor exposure assessment methodology (TEAM) study: Summary and analysis, 1997
GreenSource, Housing U.S. 2007



Mouralherwaqh Ecocultural Restoration Research Assistant Summer 2024

Position Title: Mouralherwaqh Ecocultural Restoration Research Assistant

Hourly Rate: \$18/hour

Dates: May 20th-June 28th

Shift: 8 Hours/Day, 4 Days/Week, some longer days may be required for travel to field sites

Location: Table Bluff Reservation, Mouralherwaqh, Cal Poly Humboldt, and various locations in the California North Coast region

Supervisors: *Zachary Erickson*, Wiyot Tribe Natural Resources Department Forest Resources Specialist

Daniel "Bubba" Lipe, Assistant Professor Cal Poly Humboldt Department of Environmental Science & Management


Qualla Ketchum, Assistant Professor, Cal Poly Humboldt School of Engineering

Position Type: This will be a joint position between the Wiyot Tribe and Cal Poly Humboldt

Description & Duties: In August of 2022, the Wiyot Tribe acquired a 48-acre parcel of land around a site called Mouralherwaqh in the Humboldt Hill area, just above King Salmon. Following acquisition, the Tribe has been leading an effort to develop and implement an ecocultural restoration and management plan for the site that prioritizes cultural connections and water quality protection. Wiyot Tribe staff and citizens have been working with folks from Cal Poly Humboldt, College of the Redwoods, and other environmental knowledge holders to begin to understand the ecological and cultural state of the site and to develop priorities to steward the site so it can meet Wiyot Tribe goals. Part of this work involves the continued development baseline assessments of conditions at the site.

This position invites applicants to participate as workers in a six-week ecocultural restoration summer program where Wiyot citizens/descendants, and Cal Poly Humboldt or College of the Redwoods students, learn about ecological and cultural restoration techniques and assist the Tribe with gathering information related to various aspects of the site including: water quality, mammals and birds, forest and plants, wetlands, and more. **Native preference shall be given.**

Job Requirements: Strong desire to learn Natural Resources Sciences, Tribal Land Management Practices and Law, and Environmental Sciences; Basic math and written communication skills; Proven ability to communicate effectively and respectfully with Table Bluff Reservation residents, Tribal members, staff, and outside agency personnel; Punctual and reliable; Willingness to attend trainings and travel for field work as needed; Familiarity with Microsoft Office applications (Word, Excel, PowerPoint, etc.) and basic computer operation; Preference for applicants who are either enrolled in college (community or other) or are interested in enrolling in college in the near future. Applicants must be at least 18 years old. Applicants need not have direct experience in natural resource science or management, only a willingness to learn. This program provides a unique opportunity for participants to develop skills in these areas.



Physical Demands: While performing the duties of this job the employee is required to walk, stand, and perform various aspects of this job while lifting or carrying up to 25 to 50 pounds of field equipment. Stamina and sufficient physical ability to accomplish fieldwork that includes strenuous exertion in inclement weather may be required.

Application Details: If you are interested in this position, please send an email to the below contact that describes your interest in the position and your background and experience. Please also list the contact information for one personal or professional reference (could be a teacher, former employers, or other individual who can comment on your qualities and abilities). If you have a resume, please include it in the email.

We will start reviewing applicants on April 1, 2024, and the position will remain open until filled.

Application Contact:

For more information please contact the Tribal Office at 707-733-5055.



ITEPP Presents
Indian Tribal & Educational Personnel Program

14th Annual
Cal Poly
Humboldt.

**California Indian
Big Time
& Social Gathering**

Saturday, April 6th, 2024
11:00am to 6:00pm
Forbes Complex - West Gym

Building Community by honoring
and celebrating California Native
Traditions through songs, games,
resources and arts & crafts.

For more information or accommodations
please contact ITEPP: (707)826-3672
or email ssr19@humboldt.edu

Artwork by: Joelle Montes
Yaqui
2021 ITEPP Graduate

H. Social Work

Cal Poly Humboldt Library
Cal Poly Humboldt Indian Natural Resources
INRSEP
Science & Engineering Program
AMERICAN INDIAN COLLEGE FUND

Dishgamu Community Land Trust

Submitted By: Carrie Tully



Happy March! As we are inching closer to the springtime, as is the Dishgamu Team inching closer to the renovation and development of our various housing projects. The winter has been tough on the community as well as the buildings we are renovating, but this team is moving forward as quickly as possible to ensure we keep to our timeline and complete the tasks in front of us. We thank you for paying attention, and for your patience as we navigate everything that's come our way during this time.

Dishgamu Housing Programs

Guduwalhat Elder's Housing

Dishgamu staff now oversees the property management for the tenants at 2721 Eel River Drive, Loleta. We are glad to be building relationships with the tenants at this site, and the feeling feels mutual! We are experiencing the beauty of creating community with this project, and we couldn't be happier about it.

With every project Dishgamu takes on, we aim to reinfuse *love* back into these sites. This project is no different ~ and love is just what it needs. Our team plans on conducting renovations at this location to give our elders comfortable, happy spaces to call home. We will continue to keep you updated as to when renovations will take place, and – most importantly – when these units will become available to the elders in our community!

Jaroujiji' Youth Housing

In February, Dishgamu staff held two community feedback circles: one with local organizations who work with youth experiencing homelessness, and another with youth themselves. These sessions invigorated our souls with new ideas and connections. The youth impressed us on so many levels -----

Eureka Parking Lots to Affordable Housing

In late 2023, Dishgamu was awarded a \$4M Regional Early Action Program (REAP) grant. Some of these funds will support the development of our Parking Lots to Affordable Housing sites in downtown Eureka. Additionally, Dishgamu Humboldt CLT applied for our second grant to fund this project, and we have three more applications in the works! Our team has been hard

at work coordinating this project and we anticipate having some good news coming our way in the near future.

Dishgamu LandBack Projects

Dandy Bills Avenue

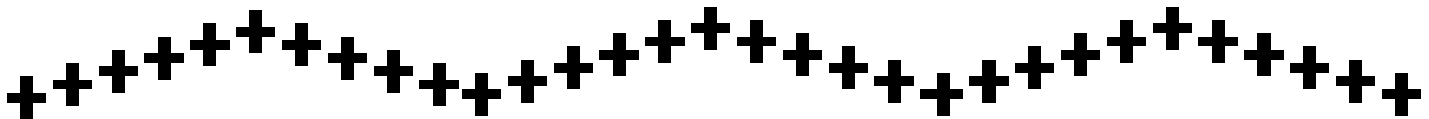
Over the summer, we completed the purchase of nine lots on Dandy Bills Avenue in Loleta. The Tribe has been in relationship with this important environmental, cultural, and historical site since time immemorial, and we are looking forward to restoring its health once again. We plan to convert the cabin on site to an interpretive center, with information about the Tribe and the history of the relationship that has lasted for generations.

Dishgamu Community Engagement

Seeking Mural Artist!

Jaroujiji' ~ a place to sit and rest. This is precisely the goal of Dishgamu CLT's Youth Housing Project. We are seeking mural artists to demonstrate the importance of Jaroujiji' and its interconnection between land return, people, the environment, health, and housing. The mural will be painted at one of the Jaroujiji' Youth Housing Project sites.

This is a paid opportunity to showcase what the Jaroujiji' Youth Housing Project means to you. Mural Artists must have prior mural/large-scale art project experience. If you are interested or know someone who may be, please contact Carrie, ctully@wiyo.us for more details.



TEEN ADVISORY GROUP

United Indian Health Services' Teen Advisory Group, better known as TAG, is comprised of youth between the ages of 12 and 17. Members must reside in Del Norte and Humboldt Counties, attend school and qualify for services at UIHS.

At TAG, American Indian youth will:

- Be educated on various health topics including, but not limited to: Suicide Prevention, Healthy Relationships, Domestic Violence Prevention, Tobacco, and Opioid Prevention.
- Learn about their culture and its connection to our health and wellbeing.
- Participate in monthly meetings, community outreach, fieldtrips, community events, special trainings, media projects and educational conferences.



Dishgamu Community Land Trust

Submitted By: Carrie Tully

**SHARE
YOUR
VOICE!**

**YOUTH
HOUSING IN
HUMBOLDT**



**Wednesday
February 7, 2024
5-8pm**

virtual or in-person TBD

RSVP HERE:

tinyurl.com/WiyotYouthEngage



or scan the QR code to
participate!

The Wiyot Tribe's Dishgamu Humboldt Community Land Trust is developing the **Jaroujji' Youth Housing** Project in Eureka, California that will be home to 39 youth, **ages 16-24**.

We want to know what is important to you!

Join us on Wednesday, February 7, 2024 from 5 to 8pm to share your experiences and feedback.

We're putting out the call for young people:

- Ages 16-24 years old
- Who have experience with housing insecurity
- Who have diverse identities – including Tribal youth, youth who have had experience in the foster system, and youth who identify as gou'mel or LGBTQIA2S+

All participants will receive a \$50 gift card. For an in-person event, dinner will be provided.

\$50
gift card

DISHGAMU  **HUMBOLDT**

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Enrollment Meeting @ 10 am	6	7	8	9
10 Daylight Savings	11 BCM 4pm	12	13	14	15	16
17 St. Patrick's Day	18	19 First day of Spring	20	21	22	23 Absentee Ballot Request Due
24 Palm Sunday	25	26	27	28	29	30 Tsek Hou-daqh Easter Party
31 Easter						

Gock Wuck "Knowledge"

Submitted By: Fawn Lopez

Abernathy, Lindsey
Albright, Dianne Janese
Allen-Wright Majeztik
Alton, Corinne T.
Anagnost, Karli
Atwell, Benjamin
Atwell, Stewart
Black, Cody
Black, Timothy
Buckley, Mariah
Burrus, Dyllan G.
Burrus, Trig R.
Carlson, Kathryn
Carter, Jazlyn
Carter, Wylder
Castaneda, Marie A.
Chastain, Lois
Christensen, Suzanne
Clark, Andrew
Clark, Ramona
Earhart, Denise
Frank, William IV
Friend, CaCindra
Garcia, Hazel
Gilchrist, Paige
Hale, Gabrielle
Hilton, Delores
Howell, Andrew H.
Huffman, Kendall
James, Leo
James-Sedeno, Amanda
Johnson, Mark
Jones, Novella
Jones, Tamera
Keisner, Christopher
Khonach, Matthew



Lane, Colton Leroy Allen
Lane, Rylynn
Leaton, Kelcee
Lopez, Fawn
Maher, Victoria
McKenzie, Roxanne
Mead, Brian Jr.
Mead, Dylan
Miller, Jeralyn
Miller, Lenard Alan
Nicholson, Lilly
Paguia, James Michael
Pancoast, Barbara
Pedro, Javen
Powell, Layla
Prater, Tiaira
Pullis, Wayne
Purdum, Anthony
Purdum, River
Putnam, Elija
Raymer, Eugene
Rodriguez, Jo Jo
Rodriguez, Monique
Roepcke, Kurt
Santos, Naomi
Scriven, Brittney
Staggs, James
Stephenson, Aaron
Stephenson, Marissa
Sundquist, Tammara
Wall, Cylas
Wilkinson, Hilanea
Wilkinson, Leona
Wolf, Evan
Woodhurst, Jacob
Wright, Muhkai
Wright, Rainnin

Did you move and forget to change your address?

Address changes can be faxed (707) 733-5601 or

Emailed:

addresschange@wiyot.us

If your address isn't up to date you may not receive your quarterly Rou Wenoutwilh payments, newsletter and other important Tribal mail. Also, when changing your address make sure to include children who are part of your household.

***HAVE YOU
MOVED?***



Please note there is a \$25.00 charge for a stop payment to replace checks lost in the mail. This is a recovery fee for the bank charge to stop payment on the check. To avoid this fee keep your address up to date wait 90 days from the date the checks were mailed out to reissue another RSTF check.

Gock Wuck “Knowledge”

Submitted By: Fawn Lopez

Da Rou Gawok “Everyone working Together” Administration

Michelle Vassel.....Tribal Administrator
Vacant.....Administrative Analyst
Gary Markussen Jr.....Council Support
Fawn Lopez...Executive Assistant
Heather Blevins.....Administrative Assistant
Hazel Garcia.....Receptionist
Farzad ForouharFinance Manager
Jack Kennard.....Accounting Manager
Katherine Culleney.....Accounts Payable Specialist

Gou’will da lalouluwuk “Taking care of People” Health And Human Services Department

Robert Pitts Jr.....Health & Human Service Director
Liz Edwards.....Laqilh Haluni (Elders Program)
Brian BoldenTransportation Driver
Dr. Rita Wafler.....Licensed MFT

Dishgamu Community Land Trust

Vacant.....Director
Kristen Crooks.....Project Manager
Vacant.....Advancement Manager

Lhatsik Houmoulu’l “Cultural Department

Vacant.....Da Gou louwi” Director
Dr. Lynnika ButlerLinguist
Nina Lorence.....Soulatluk curriculum/Data specialist

Ga’muluk Hagu’n Public Works Department

Ted Hernandez.....Public Works Director/THPO
Sebastian Rios Moreno.....Grounds Keeper
George Buckley.....Water Operator
Brian Mead.....Water Operator in Training/Maintenance

Tsek Houdagh Education Department

Elizabeth HernandezDirector
Melinda Ramirez.....Youth Program Assistant

Shawir Darrudaluduk “Natural Resources Department”

Adam Canter.....Natural Resources Director
Stacy Giraldo.....Fisheries Technician
Marissa McGrew.....Natural Resources Technician
Zack Erickson.....Forest Resources Specialist
Mariah Buckley....Intern Gardener
Vacant.....Nursery Manager

Wiyot Tribal Council

Ted HernandezTribal Chairman (2020-2024)
Brian Mead.....Vice Chairman (2023-2026)
Marnie Atkins.....Secretary (2021-2025)
Michelle Hernandez.....Treasurer (2024-2027)
Vanessa Rios.....Council Member (2021-2025)
Hazel Garcia.....Council Member (2024-2027)
VacantCouncil Member (2020-2024)



1000 Wiyot Drive
Loleta, California 95551

Phone:
707.733.5055/800.388.7633



Change of Address Request Form

This is to confirm that my new mailing address is as follows:

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Telephone: () _____

Previous Names Used: _____

Children who will be effected (legal name and Date of Birth:

Signature: _____

Wiyot Tribe
1000 Wiyot Dr
Lolita, CA 95551

